



FAMILY HEALTH CENTERS  
OF SAN DIEGO

According to our records, you have missed at least two of your most recent scheduled behavioral health appointments. Keeping your scheduled appointments is essential to effective treatment.

This is to inform you that should you miss your next scheduled behavioral health appointment; you may need to re-start the assessment and intake process over again if you decide to receive services in the future. If you are interested in restarting care, are having difficulty making your appointments at this time, have questions, or are unclear about your upcoming appointments, you may contact our referral specialist at (619) 906-4686.

As your behavioral health is important to your quality of life, we encourage you obtain care as needed. Please call to assist us with cancelling or rescheduling appointments, as needed. This will allow us to continue to serve other patients who may be able to take advantage of the appointment that you no longer need.

If you feel like harming yourself, please call the San Diego Access & Crisis Line any time, 1-888-724-7240, or go to your nearest hospital Emergency Department.

Sincerely,

Jeffrey Gering

Vice President Support Services and Planning