**TRAUMA-INFORMED 101 TRAINING RESOURCES**

**How Children Succeed: *Grit, Curiosity, and the Hidden Power of Character* by Paul Tough**

http://www.paultough.com/the-books/how-children-succeed/

**Defending Childhood Policy State by the Department of Justice**

https://www.justice.gov/defendingchildhood

**SAMHSA’s Concept of Trauma and Guidance for a Trauma-Informed Approach (2014)**

http://store.samhsa.gov/shin/content/SMA14-4884/SMA14-4884.pdf

**U.S. Department of Health and Human Services: Guide to Trauma-Informed Human Services**

https://www.acf.hhs.gov/trauma-toolkit

**The National Child Traumatic Stress Network**

<http://www.nctsn.org/>

**Los Angeles County Perinatal Mental Health Task Force**

<http://www.maternalmentalhealthla.org/for-providers/toolkit>

**Center on the Developing Child: Harvard University**

<http://developingchild.harvard.edu/>

**Child Trauma Academy (Dr. Bruce Perry)**

<http://childtrauma.org/>

**ACES Too High/ACES Connection**

<http://acestoohigh.com/>

**AAP Child Resiliency**

http://www.aap.org/en-us/about-the-aap/aap-press-room/aap-press-room-media-center/Pages/Building-Resiliency.aspx

**Center for Youth Wellness**

[www.centerforyouthwellness.org](http://www.centerforyouthwellness.org)

**"A Hidden Crisis: Findings on Adverse Childhood Experiences in California" CYW Data Report in partnership with Public Health Institute (November 6, 2014)**

http://www.centerforyouthwellness.org/blog/BFRSS

**Everyday Magic: 16 Ways Adults Can Support Children Exposed to Violence and Trauma (Brown, Ed.M. & Mahnke, Ed.M; 2015).**

https://www.futureswithoutviolence.org/everyday-magic-16-ways-adults-can-support-children-exposed-to-violence-and-trauma/

**Changing Minds and Creating Trauma-Informed Communities. Futures Without Violence (2016).**

http://everychildfoundation.org/wp-content/uploads/012616-CN-Trauma-Informed-Communities.pdf

**Video: “What is Trauma?”**

https://www.youtube.com/watch?v=u1yYC08zz1o

**Video: “Stillface Experiment”**

http://www.youtube.com/watch?v=apzXGEbZht0

**Video: Inbrief: The Science of Resilience**

https://youtu.be/1r8hj72bfGo

**Video: Empathy vs. Sympathy**

https://youtu.be/1Evwgu369Jw

**Video: The Secret to Happiness is Service**

https://youtu.be/JxZR4HhlDu4

**Video: Chad’s Story**

http://changingmindsnow.org/stories

**Video: The Science of trauma**

http:/changingmindsnow.org/science

**TRAUMA-INFORMED 101 TRAINING RESOURCES**

* **American Academy of Pediatrics/Health care**
  + **American Academy of Pediatrics (AAP) Trauma Toolbox for Primary Care**

http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/healthy-foster-care-america/Pages/Trauma-Guide.aspx

* + **American Academy of Pediatrics Technical Report: The Lifelong Effects of Early Childhood Adversity and Toxic Stress (Jack P. Shonkoff, MD et al., 2012.)**

http://pediatrics.aappublications.org/content/early/2011/12/21/peds.2011-2663

* + **AAP Center on Healthy Resilient Children**

**https://static1.squarespace.com/static/53868f88e4b08dd43261fab9/t/5463ba77e4b020c70346c46d/1415821943187/CenterOverviewFall2014.pdf**

* **Education & Schools** 
  + [**Child Trauma Toolkit for Educators**](http://www.nctsnet.org/nctsn_assets/pdfs/Child_Trauma_Toolkit_Final.pdf)

http://www.nctsnet.org/nctsn\_assets/pdfs/Child\_Trauma\_Toolkit\_Final.pdf

* + **Creating Trauma-Sensitive Schools to Improve Learning: A Response to Intervention Model**

**http://sspw.dpi.wi.gov/sspw\_mhtrauma**

* **Child welfare/protection services**
  + [**Child Welfare Trauma Training Toolkit: Comprehensive Guide**](http://www.nctsn.org/nctsn_assets/pdfs/CWT3_CompGuide.pdf)**- National Child Traumatic Stress Network (NCTSN). (2008).**[**2nd Edition (2013).**](http://www.nctsnet.org/products/child-welfare-trauma-training-toolkit-2008)

http://www.nctsn.org/nctsn\_assets/pdfs/CWT3\_CompGuide.pdf

* + **Helping Foster Families and Adoptive Families Cope with Trauma**

http://www.aap.org/traumaguide  
[**Learning Center for Child & Adolescent Trauma**](http://learn.nctsn.org/)**- National Child Traumatic Stress Network (NCTSN).**

http://learn.nctsn.org/

* **Behavioral Health**
  + **SAMHSA’s Concept of Trauma and Guidance for a Trauma-Informed Approach (2014)**

http://store.samhsa.gov/shin/content/SMA14-4884/SMA14-4884.pdf

* **Criminal Justice/Law Enforcement**
  + [**The National Prevention Toolkit on Officer Involved Domestic Violence**](http://nationaltoolkit.csw.fsu.edu/)

http://nationaltoolkit.csw.fsu.edu/

**Additional Resource**

# [CDC: Serious Psychological Distress Among Adults: United States, 2009–2013](http://www.cdc.gov/nchs/products/databriefs/db203.htm)

# http://www.cdc.gov/nchs/products/databriefs/db203.htm