



## Transforming Cardiovascular Care in Our Communities (TC3): Learning Session 1

*Pacific Palms Resort, Cherry Hill Room, One Industry Hills Parkway, City of Industry, CA*  
**Tuesday, November 5, 2019: 9:30 am – 4:00 pm** (registration at 9:30 am)

### Objectives & Faculty/Staff

#### Learning Objectives:

- Discuss application of best practices for blood pressure measurement and care management with Kaiser Permanente physician leaders and care team members
- Build leadership and influence skills to make improvement plans a reality by learning from experienced safety net leaders
- Develop a problem statement, SMART aim, and driver diagram for the TC3 initiative

#### TC3 Learning Session 1 Faculty

- Timothy Ho, MD, Kaiser Permanente
- Angeline Ong-Su, MD, Kaiser Permanente
- Jeffrey Brettler, MD, Kaiser Permanente
- *Kaiser Permanente Downey Medical Center Care Team Staff*
- Denise Armstorff, TC3 Master Coach
- Juliane Tomlin, Center for Care Innovations
- Eric Henley, MD, former Chief Medical Officer, Lifelong Medical Care
- Michael Mulligan, MD, former Medical Director, Chapa-De Indian Health

#### TC3 Technical Assistance Staff

- Michael Rothman, Center for Care Innovations
- Nikki Navarrete, Center for Care Innovations
- Alexis Wielunski, Center for Care Innovations

#### Prework

- Each team should bring their charters for their TC3 project(s), including:
  - SMART aim statement
  - Driver diagram (or other theory for change)
  - Measure set
  - List of team members and roles

#### Who should attend?

- Core and extended TC3 grantee teams
- TC3 site teams, including frontline staff, local QI teams, and champions
- TC3 Core Support and Learning Team - TA Team, Coach, Evaluation team, Kaiser Permanente

## AGENDA

**9:30 am –  
10:00 am**

**Registration**

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**10:00 am –  
10:20 am**

**Welcome**

*Michael Rothman*

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**10:20 am –  
11:40 am**

**Blood Pressure Measurement and Care Management at Kaiser Permanente**

*Kaiser Permanente Physician Leaders and Medical Center Care Team Staff*

Discuss best practices for blood pressure measurement and care management with physician leaders and care team members from Kaiser Permanente, who will share day-of-visit workflows and their approach to care management outside the walls of the clinic.

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**11:40 pm –  
12:40 pm**

**Lunch & “Chat and Chow” Table Discussions with Learning Session Faculty**

1. Inside the Clinic Walls and Day-of-Visit Hypertension Care
  2. Outside the Clinic Walls Care Management
  3. How to build an effective team and run effective meetings for world class quality improvement
  4. How to secure leadership investment in QI in a safety net organization
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**12:40 pm –  
2:30 pm**

**Practical Improvement Skills for On-the-Ground Teams: Establishing a Foundation for Improvement**

*Denise Armstorff*

*Juliane Tomlin*

What are we trying to accomplish? Refine your aim statement and develop your theory for change.

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**2:30 pm –  
2:45 pm**

**Break**

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**2:45 pm –  
3:50 pm**

**Leading Change: Building an Influence Plan to Improve Hypertension Care**

*Michael Mulligan, MD*

*Eric Henley, MD*

Each member of the team has a leadership role to make an improvement project successful. Learn and practice skills for influencing change in your organization.

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**3:50 pm –  
4:00 pm**

**Wrap-Up + Evaluation**

*Alexis Wielunski*

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