You are Ready to Start Suboxone When You Have At Least 5 of the Following Symptoms:
- Yawning
- Unable to Sit Still
- Sweating
- Nauseous
- Running Nose
- Feel Like Vomiting
- Goose Bumps
- Muscles Twitch
- Shakes
- Cramps in Your Stomach
- Hot Flashes
- Feel Like Using
- Bones and Muscles Ache

Starting Suboxone

Things NOT TO DO With Suboxone
- Don’t use Suboxone when you are high- it will make you dope sick
- Don’t use Suboxone with alcohol- this combination is not safe
- Don’t use Suboxone with benzos (klonopin, valium, ativan) unless prescribed by a doctor who knows you are taking Suboxone
- Don’t use Suboxone if you are taking pain killers until you talk to your doctor
- Don’t swallow Suboxone- it won’t work unless it melts under your tongue
- Don’t lose your Suboxone- it can’t be refilled early

How To Take Suboxone:
- Before taking Suboxone, drink some water.
- Put Suboxone under your tongue.
- Don’t eat or drink anything until the pill has completely dissolved.

Problems? Call the clinic at 408-295-0980
Good LUCK!

Gateway number for drug rehab: 1-800-488-9919