

You are Ready to Start Suboxone When You Have At Least 5 of the Following Symptoms:

| | |
|------------------------|------------------------|
| Yawning | Unable to Sit Still |
| Sweating | Nauseous |
| Running Nose | Feel Like Vomiting |
| Goose Bumps | Muscles Twitch |
| Shakes | Cramps in Your Stomach |
| Hot Flashes | Feel Like Using |
| Bones and Muscles Ache | |

Starting Suboxone

Things NOT TO DO With Suboxone

Don't use Suboxone when you are high- it will make you dope sick

Don't use Suboxone with alcohol- this combination is not safe

Don't use Suboxone with benzos (klonopin, valium, ativan) unless prescribed by a doctor who knows you are taking Suboxone

Don't use Suboxone if you are taking pain killers until you talk to your doctor

Don't swallow Suboxone- it won't work unless it melts under your tongue

Don't lose your Suboxone- it can't be refilled early

How To Take Suboxone:

Before taking Suboxone, drink some water.

Put Suboxone under your tongue.

Don't eat or drink anything until the pill has completely dissolved.

Problems? Call the clinic at 408-295-0980

Good LUCK!

Gateway number for drug rehab: 1-800-488-9919