Assisted Recovery Collaborative
ARC:
MAT Team
We have 2 primary MAT sites

* Warner Traynham Clinic
  * 326 W. 23rd St. Los Angeles CA, 90007

* Main Compton Clinic – Our 1st MAT SITE
  * 2115 N Wilmington Ave. Compton CA, 90222
SJWCFC ARC MAT Team

* Our Core MAT Team:
  * Mario Moreno, CADC-II, Lead Prevention Specialist for MAT
  * Dr. Xiaomei Lin MD, Data-X Waiver Provider Champion @ Compton Clinic
  * Dr. Seifai Wu MD, Data-X Waiver Provider @ Traynham Clinic
  * Angela Bartolome, LCSW, Clinical Lead for MAT / IBH Clinical Supervisor

* Additional MAT Team members:
  * MAT Prescribers:
    * Sonya Tran – Traynham
    * Dr. Bandarpalle – Traynham
    * Alexis Gomes Psych FNP – Compton
    * Justin Allen – Compton/Traynham
  * Prevention Specialists
    * Nicole Daniels RAD-T
    * Carolina Estrada RAD-T
    * Mario Moreno CADC II
  * Behavioral Health:
    * All clinical staff are expected to collaborate and support referrals to the ARC Team and MAT
Our community: We provide primary health care to everyone
- Traynham near USC/DTLA
- Houses our Transgender Health Program, PRIME, Homeless Services, RISE
- Overall St. John’s is a provider for the most undocumented community in Los Angeles

Capacity:
- 1 full-time provider – Champion: Dr. Wu
  - Currently treating 8 patients regularly
- Home-base induction

Team growth:
- New providers – Dr. Sushant Bandarpalle MD, Sonya Tran FNP
- New Prevention Specialist – Nicole Daniels RAD-T

Goals for ATSH participation:
- Integrate new team in the next 90 days
- Increase MAT patient numbers to 20 in the next 6mo.
**Our community:**
- Provides various specialty programs including Transgender Health Program, PRIME, Homeless Services, RISE
- Overall St. John’s is a provider for the most undocumented community in Los Angeles
- One of the busiest sites of St. John’s
- Many formerly incarcerated, and in the re-entry community

**Capacity**
- Champion: Dr. Xiaomei Lin MD
  - Currently treating 15 patients regularly
  - Part-time waivered providers – Alexis Gomes, Psych FNP, Justin Allen FNP

**Home-base induction**

**Goals for ATSH participation:**
- Increase access of MAT to community – 60 patients end of 2019
In completing the assessment, we were surprised by:

- The significant change in access to MAT to patients with support from leadership

Our team’s areas of strength:

- The dedication of our MAT medical providers is critical in the change of culture for the clinic site.
  - Increased eagerness for others to also be MAT and Data-X providers
  - De-stigmatizing the language around patients of addiction, and access to supports

Areas for development:

- Ongoing refining of the work flow with changes and growth of our team
- Increase our numbers
  - Patients screened
  - Patients receiving MAT
- Access to medication at the sites
- Increase psychoeducation for all members of patient care staff, especially Primary Care Provider’s comfort and readiness to provide MAT even if not Data-X Waivered requirement medication.
We spoke to:
* Our Staff of Case managers, Clinic Managers, Champions

From providers and staff we learned:
* How to better collaborate with in our ARC team for smooth flows
* People work differently, sites and collaborations are customized with the teams
* Having diverse people on a patient’s care team creates more sustainable recovery

From patients we learned:
* some patients may be MAT forever, some won’t
* Not all patients want IBH or Prevention Specialists as part of their MAT treatment, some NEED IT.

Other insights we gathered from current state activities:
* Creating baselines for staff knowledge takes time and patience.

We received the following feedback on the appropriateness and acceptability of using MAT in our clinic:
Our Team Has Been Wondering . . .

- Tips on having a thorough protocol and procedures for our multi-site program.
- How have other sites addressed outreach?
- Who is doing ED Bridge in Los Angeles?
Advice For Other Teams

* Support from leadership is critical
* Collaboration across departments makes HUGE difference in impact to patients.
* Patients want to feel well, explore what their buy-in is for engagement and retention.
* Not all patients want IBH, SUD Counseling, with their MAT medical therapy…
  * but those that don’t may need support in other places to stabilize their psychosocial stressors and reduce barriers to their wellness.
* Once the Champion MAT provider can demonstrate it’s effectiveness, more medical providers are open and eager to participate as X-Waiver providers.
* Supports from other sites has been VERY HELPFUL
  * (Shout out to: Venice Family)