

Assisted Recovery Collaborative

ARC:

MAT Team



Our MAT Sites

We have 2 primary MAT sites

- * Warner Traynham Clinic
 - * 326 W. 23rd St. Los Angeles CA, 90007
- * Main Compton Clinic – Our 1st MAT SITE
 - * 2115 N Wilmington Ave. Compton CA, 90222

SJWCFC ARC MAT Team

* **Our Core MAT Team:**

- * Mario Moreno, CADC-II, Lead Prevention Specialist for MAT
- * Dr. Xiaomei Lin MD, Data-X Waiver Provider Champion @ Compton Clinic
- * Dr. Seifai Wu MD, Data-X Waiver Provider @ Traynham Clinic
- * Angela Bartolome, LCSW, Clinical Lead for MAT / IBH Clinical Supervisor

* **Additional MAT Team members:**

- * **MAT Prescribers:**
 - * Sonya Tran – Traynham
 - * Dr. Bandarpalle – Traynham
 - * Alexis Gomes Psych FNP – Compton
 - * Justin Allen – Compton/Traynham
- * **Prevention Specialists**
 - * Nicole Daniels RAD-T
 - * Carolina Estrada RAD-T
 - * Mario Moreno CADC II
- * **Behavioral Health:**
 - * All clinical staff are expected to collaborate and support referrals to the ARC Team and MAT

MAT @ Traynham Clinic

- * **Our community:** We provide primary health care to everyone
 - * Traynham near USC/DTLA
 - * Houses our Transgender Health Program, PRIME, Homeless Services, RISE
 - * Overall St. John's is a provider for the most undocumented community in Los Angeles
- * **Capacity:**
 - * 1 full-time provider – Champion: Dr. Wu
 - * Currently treating 8 patients regularly
 - * **Home-base induction**
- * **Team growth:**
 - * New providers – Dr. Sushant Bandarpalle MD, Sonya Tran FNP
 - * New Prevention Specialist – Nicole Daniels RAD-T
- * **Goals for ATSH participation:**
 - * Integrate new team in the next 90 days
 - * Increase MAT patient numbers to 20 in the next 6mo.

MAT @ Compton Clinic

- * **Our community:**

- * Provides various specialty programs including Transgender Health Program, PRIME, Homeless Services, RISE
- * Overall St. John's is a provider for the most undocumented community in Los Angeles
- * One of the busiest sites of St. John's
- * Many formerly incarcerated, and in the re-entry community

- * **Capacity**

- * Champion: Dr. Xiaomei Lin MD
 - * Currently treating 15 patients regularly
 - * Part-time waived providers – Alexis Gomes, Psych FNP, Justin Allen FNP

- * **Home-base induction**

- * **Goals for ATSH participation:**

- * Increase access of MAT to community – 60 patients end of 2019

Capability Assessment: What We Learned

- * In completing the assessment, we were surprised by:
 - * The significant change in access to MAT to patients with support from leadership
- * Our team's areas of strength:
 - * The dedication of our MAT medical providers is critical in the change of culture for the clinic site.
 - * Increased eagerness for others to also be MAT and Data-X providers
 - * De-stigmatizing the language around patients of addiction, and access to supports
- * **Areas for development:**
 - * Ongoing refining of the work flow with changes and growth of our team
 - * Increase our numbers
 - * Patients screened
 - * Patients receiving MAT
 - * Access to medication at the sites
 - * Increase psychoeducation for all members of patient care staff, especially Primary Care Provider's comfort and readiness to provide MAT even if not Data-X Waivered requirement medication.

Current State Assessment

- * We spoke to:
 - * Our Staff of Case managers, Clinic Managers, Champions
- * From providers and staff we learned:
 - * How to better collaborate with in our ARC team for smooth flows
 - * People work differently, sites and collaborations are customized with the teams
 - * Having diverse people on a patient's care team creates more sustainable recovery
- * From patients we learned:
 - * some patients may be MAT forever, some won't
 - * Not all patients want IBH or Prevention Specialists as part of their MAT treatment, some NEED IT.
- * Other insights we gathered from current state activities:
 - * Creating baselines for staff knowledge takes time and patience.
- * We received the following feedback on the appropriateness and acceptability of using MAT in our clinic:

Our Team Has Been Wondering . . .

- * Tips on having a thorough protocol and procedures for our multi-site program.
- * How have other sites addressed outreach?
- * Who is doing ED Bridge in Los Angeles?

Advice For Other Teams

- * Support from leadership is critical
- * Collaboration across departments makes HUGE difference in impact to patients.
- * Patients want to feel well, explore what their buy-in is for engagement and retention.
- * Not all patients want IBH, SUD Counseling, with their MAT medical therapy...
 - * but those that don't may need support in other places to stabilize their psychosocial stressors and reduce barriers to their wellness.
- * Once the Champion MAT provider can demonstrate it's effectiveness, more medical providers are open and eager to participate as X-Waiver providers.
- * Supports from other sites has been VERY HELPFUL
 - * (Shout out to: Venice Family)