# Santa Ynez Tribal Health Clinic



### **Our ATSH Team**

- Our Core MAT Team:
  - Rose Miller, LVN, LAADC, Medical Clinical Coordinator, MAT Program Lead
  - Dr. Katya Adachi Serrano, Associate Medical Director, MAT Clinician Lead
  - Dr. Krista Armenta-Belen, Behavioral Health Director
  - Samantha Brooks, RN, Charge Nurse, MAT Nurse Case Manager
  - Ben Olmedo, PA-C
  - Marvin Catha, Prevention Counselor
- Our Site's MAT Team by Function and FTE:
  - MAT Prescribers: Dr. Adachi Serrano, 0.8; Ben Olmedo, PA-C. 0.8; Dr. Joel Morton, Psychiatrist, 0.4
  - Nursing: Samantha Brooks, RN 0.8, Rose Miller, LVN, LAADC 1.0
  - Social Work: N/A
  - Behavioral Health: Dr. Armenta-Belen, 0.8; Marvina Catha, 1.0



## Current State [site level]



- Our community: We are located on the Santa Ynez Chumash reservation, a rural location in Northern Santa Barbara County. We serve Native (Chumash and other) and non-Native predominantly CenCal patients.
- Current state:
  - Short description of our MAT program: we are just developing and launching our MAT program. We have approval from our health board to induce 5-6 Native patients over the first 6 months with reassessment to follow to evaluate for success and expansion. We have capacity for 2 inhouse inductions per week. Follow up refill groups to occur weekly. The curriculum for weekly group visits including stress management, health education, mental health, and cultural topics.
  - **Capacity:** 3 of waivered providers; a 4<sup>th</sup> is intended
  - **Patient population:** 1 patient receiving MAT in the previous 6 months (long term maintenance)
- Goals for ATSH participation: Successfully launch and implement new MAT program in primary care setting with a unified, integrated team approach, with ongoing community support.









## Advice/Guidance/Tools For Other Teams

- Do you have policies, protocols, tools to share with others? Yes
- Are there specific content areas or specific sub populations where your team has developed deep expertise and you may serve as faculty or do more formal sharing? No thank you

#### Our Team Has Been Wondering . . .

- Our questions to other teams: What are others' struggles? How do you deal with diversion, relapse, poly-substance use, referrals to higher levels of care, access or lack thereof to higher levels of care?
   Scheduling with busy providers (medical and BH)?
- Our questions for faculty: long term perspectives, lessons learned, I wish someone had told me...
- We need support to accomplish: patient recruitment
- What about big pharma?



#### Current State Assessment

- We used the following methods to learn more about our current state:
- We spoke to:
  - Staff: providers, Behavior health staff, administration
  - Patients: potential recruits
  - Anyone else? Community members/family members of patients, Health Board
- From providers and staff we learned: differing views in how to address barriers, started off overwhelmed but having clear protocol in place helps; communication is key!
- From patients we learned: starting treatment is intimidating; trust is crucial
- Other insights we gathered from current state activities: Stigma is alive and well, lack of awareness of suboxone
- We received the following feedback on the appropriateness and acceptability of using MAT in our clinic: a lot
  of resistance from people who think suboxone=methadone=junkies in their community

#### Capability Assessment: What We Learned

- In completing the assessment, we were surprised by: the expectation to train nonclinical staff in SUD/OUD; the distinction made in identifying social determinants of health from other elements of care
- Our team's areas of strength: diverse team, policies already in place, motivated providers and staff
- Areas for development: patient recruitment and retention, create brochure, develop tracking forms, EHR reports, MAT inexperienced clinicians and staff



