Developing, Implementing, & Integrating MAT into Primary Care Clinics

County of Santa Cruz Health Services Agency
Homeless Person Health Project
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BUILDING POLICIES & PROCEDURES:

- Clinics Administration support
- MAT Advisory Committee - began to meet every week, every two weeks. We are now meeting once a month. Reviews procedures, sets QM goals for implementation
- Consents, ROI’s, Treatment Agreements
BUILDING POLICIES & PROCEDURES

- Boston Medical Clinic - Procedures
- SAMHSA TIP 43 & 63
- ATSH Website
- Trainings
- Clinic & Behavioral Health leadership support
- Dominique McDowell – Marin City Clinics
- Katie Bell – Chapa de/ Indian Health
- Cheryl Ho – Santa Clara Valley Medical Center HCH
- Get a Coach Don’t recreate the Wheel
# MAT Tx Tiers

### Induction
- **Tier 1**
  - Induction
  - (Days and weeks count towards Tier 2)
  - Weekly Prescription
  - Weekly

### Stabilization
- **Tier 2**
  - Early Treatment (12 weeks)
  - Weekly

### Maintenance
- **Tier 3**
  - Stabilization (12 weeks)
  - Every other week

- **Tier 4**
  - Maintenance (6 months to 1 year)
  - Once a month

- **Tier 5**
  - On going Maintenance
  - 1 year or more
  - Depending on Patient and MAT Tx team (prescriber, SUDCM, Nurse, Staff), Some patients will continue on once a month, some every 2 months, some once a quarter. So max one Rx with 2 refills. MAT patient have to be seen at least once a quarter. Some patients prefer to come in more or less.

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*** Exceptions: Prescriber call during COVID19 for patients that are over 65, chronic health conditions, etc.***
MAT WORKFLOW

Referral from anywhere/ Call 454-4808 MA will put on SUDCM schedule

SUDCM MAT intake

Labs and UDS

SMA Group/ 1:1

Initial appointment with MAT provider (MD, Psych, PA, NP)

Follow up on induction with Nurse/ Provider

Follow up Provider Visit/ SMA

Continue Treatment determined by Tier
Shared Medical Appointments for Medication Assisted Treatment

1. Identify patient that meets criteria for suboxone refill group visit (Tier 2, 3, and 4)
2. MA makes appointment for Suboxone Refill Group (multiple appts made for each patient)
3. Patient checks in 30 minutes before group session
   MA does intake; collects results from urine 1 cup documents
4. Provider charts with group charting
   Educator charts educational session
   Follow up appointment given to patient
5. Each patient is pulled individually by MA for brief check-in with provider
   Receives prescription for Suboxone
6. Educational Session with Counselor and Peer Educator
   90 minutes
STAFFING

• Providers
• Public Health Nurse
• Mental Health Client Specialist (case manager)
• Ideal IBH
• Community partners
MOBILE CLINIC

- Street Medicine Committee
- Street Medicine Policy
- Street Medicine Field Manual
- Low Barrier MAT
- Need staffing
MODELS USED

- Harm Reduction
- Motivational Interviewing
- Integrated Behavioral Health

MAT Benefits

- Reduce Stigma
- Improve Case Management
- Develop EMR
- Staff training improve patient care
- Street credit