Trauma-informed Health Care

**Environment**
Calm, safe, and empowering for patients, staff, and providers.

**Inquiry**
Screen for immediate safety (e.g., IPV).
For past trauma: assume a history of trauma; screen for the impacts of past trauma; use open ended questions; and/or use a structured tool.

**Education**
Describe the connection between trauma and health and opportunities for healing to all patients.

**Foundation**
Trauma-informed values; clinic champion(s); interdisciplinary team-based care; community partnerships; buy-in from organizational leadership; and training, supervision, and support for staff and providers.

**Response**
Express empathy; refer to trauma-informed onsite or community services that promote safety, connection, and healing.


**Figure 1.** A framework for trauma-informed health care.