

RN SCRIPT

I am calling to see if you are interested in being a part of a new program we are offering to **prevent heart attack and stroke** in patients with high blood pressure, high cholesterol and high glucose levels.

You really don't need to do anything. With this program you come in to see your provider and the provider makes sure you are on the correct medications and that we are doing everything to help you manage your care. We do offer access to a pharmacist when medications may need to be changed . Access to registered nurses and dieticians to meet your educational needs.

As a part of this program we would be tracking your lab values and this will require you to come to the clinic every 6-12weeks if your care team decides you need close monitoring or every 3-6months if you are well controlled.

Discuss with patients goals of the program:

Achieve control of three risk factors

- a. Blood Pressure Control
- b. Lipid Control
- c. Glycemic Control for Diabetes

Advise lifestyle changes

- a. Tobacco cessation
- b. Physical Activity
- c. Healthy eating
- d. Weight management

*** if additional information is needed for any of the lifestyle changes give information as appropriate or refer to healthy traditions*

Would you like me to schedule your first appointment to come in?

OR

I see you are coming in _____. I will add a note that we discussed this program and I would like to see you on this day also. I will schedule a visit.

At your appointment you will receive some information for the program as well a card to track the three different levels we are tracking: BP, cholesterol and Glucose. **Please record your BP results daily.**

Do you have a blood pressure cuff?

I am available to answer questions. Please give me a call at _____.

Do you have any questions?

Thank you

If patient agrees to participate:

1. Update spread sheet status from “eligible” to “enrolled”
2. Change “PHASE eligible” to “PHASE enrolled” on problem list

If the patient declines participation

3. Update spread sheet status from “eligible” to “declined”
4. Change “PHASE eligible” to “PHASE declined” on problem list