



CCI
CENTER FOR CARE
INNOVATIONS

Year 1 Showcase

We will begin promptly at 12:02pm

RESILIENT
BEGINNINGS
NETWORK

NOVEMBER 4, 2021 | Resilient Beginnings Network

Genentech
A Member of the Roche Group

Connecting Your Phone to Zoom Audio



Step 1

Find “Mute”

At the bottom of your Zoom screen, click the upside-down carrot (^) next to “Mute.”



Step 2

“Switch to Phone Audio”

Choose the option “Switch to Phone Audio” in the list.



Step 3

“Phone Call”

In the pop-up, make sure the “Phone Call” tab is selected. Follow the instructions.



Step 4

Enter Your IDs

Enter your Meeting ID and Participant ID.
Do not skip this step!



I Housekeeping



Mute

Minimize Interruptions

Please make sure to mute yourself when you aren't speaking.



Chat

Go Ahead, Speak Up!

Use the Zoom chat to ask questions and participate in activities.



Naming

Add Your Organization

Represent your team and add your organization's name to your name.



Tech Issues

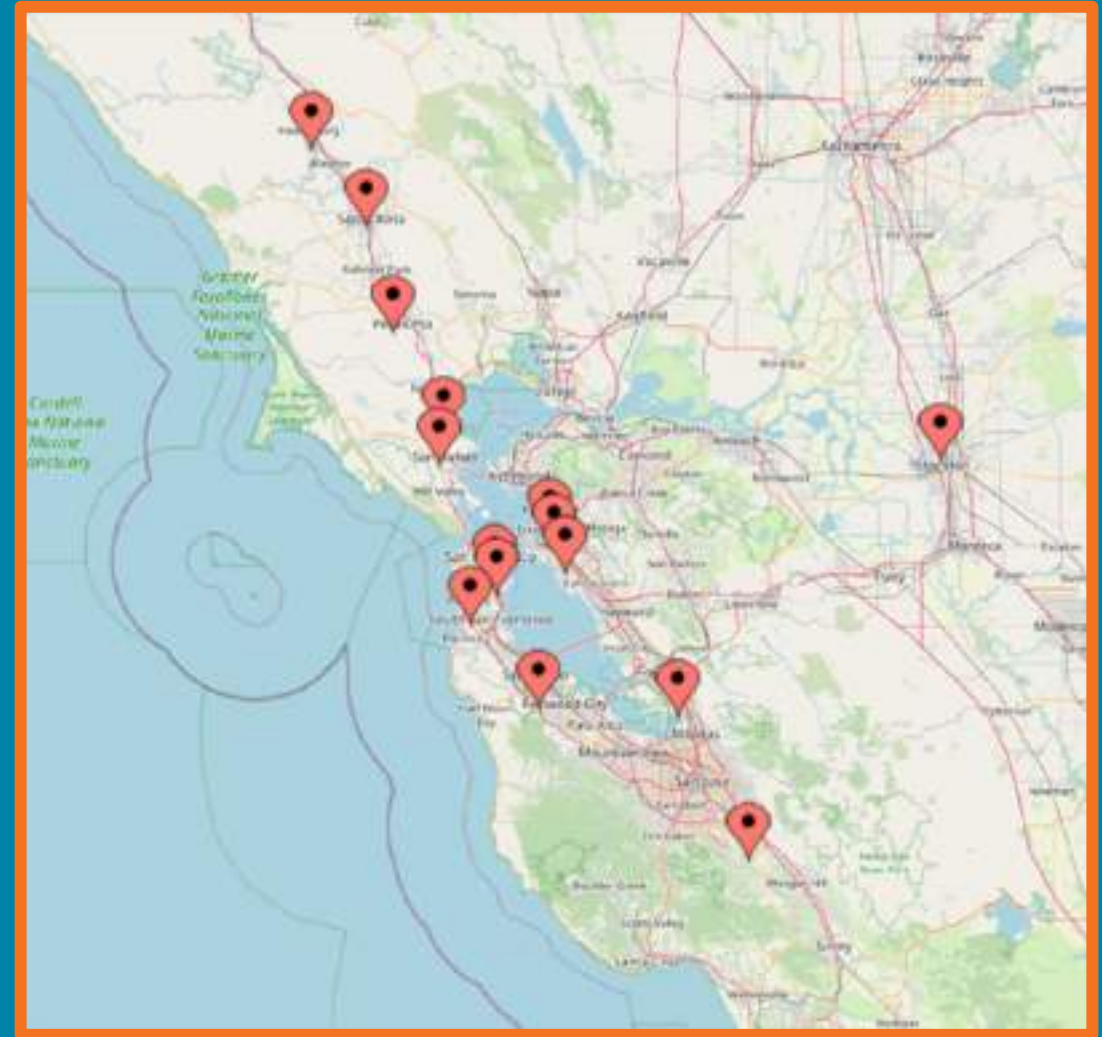
Here to Help

Chat Wes Gabrillo (CCI) privately if are having issues and need tech assistance.



What is Resilient Beginnings Network?

A 3-year learning program for 15 San Francisco Bay Area safety net organizations that provide primary care to young children from birth to 5 years old.



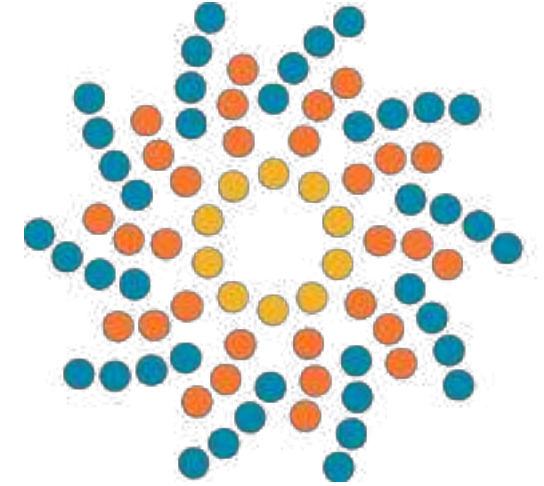


RBN Organizations

1. Alameda Health System
2. Alliance Medical Center
3. Bay Area Community Health
4. Benioff Children's Hospital Oakland
5. Children's Health Center Zuckerberg San Francisco General Hospital
6. Community Medical Centers
7. LifeLong Medical Care
8. Marin City Health and Wellness Center
9. Marin Community Clinics
10. North East Medical Services
11. Petaluma Health Center
12. San Mateo County Health
13. Santa Rosa Community Health Centers
14. School Health Clinics of Santa Clara County
15. South of Market Health Centers



RBN Year 1 Showcase Agenda



- 1 Keynote: Spreading Healthy Outcomes from Positive Experiences (HOPE)
- 2 Storytelling Pitch Presentations by RBN Teams
- 3 Looking Ahead in RBN & Reflections on Year 1



Dayna Long

MD

Pediatrician | UCSF Benioff Children's Hospital Oakland
Director, Community Health and Engagement
Clinical Director & Coach, Resilient Beginnings Network



Robert Sege

MD, PhD

Professor of Pediatrics | Tufts University School of Medicine
Director, Center for Community-engaged Medicine
Senior Fellow, Center for the Study of Social Policy



Save the Date!



Workshop

Wednesday, February 16, 2022

10am– 3pm Pacific Time





Storytelling Pitch Presentations

Showcase Expectations

5 Rooms

- 3 teams in each room
- Organizational Leaders and Stakeholders for respective teams
- RBN Coach
- Staff from CCI, CCHE, and/or Genentech

Each team will present for up to 7 minutes and receive feedback for 7 minutes first from an RBN coach, followed by organizational leaders and stakeholders, and if time permits, from other RBN participants.

*If you experience any sort of technical difficulty leave the breakout and Wes will assist you in the main room.

■ As a listener...

- Use the chat to provide feedback!
- Share what you enjoyed from the presentation like so: “**I liked/loved...**”
- Provide concrete suggestions for improving the pitch like so: “**I wish...**”
- Let the presenters know if any of their points could be tightened or clarified like so: “**I wonder...**”



| Showcase Logistics

How will this work?

1

Let the 7-minute presentation happen without interruption.

2

Leaders and Stakeholders, Coaches, & Peers will write your feedback in the form of I like... I wish... I wonder... in the chat box as the team is presenting.

3

RBN coach will share their feedback first followed by the team's guests.

**Peers & Other Team sponsors will share feedback if time permits.*

4

Presenters: Listen to reflections and questions about your presentation without debate. Gather feedback on the presentation and ideas for improvement.



Pitch Presentation Room Assignments



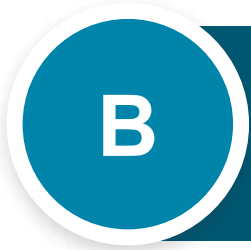
Facilitator / Coach

1. Organization 1 from 1:00-1:15pm
2. Organization 2 from 1:15-1:30pm
3. Organization 3 from 1:30-1:45pm



Sofi / Jackie

1. Petaluma Health Center
2. Marin Community Clinics
3. Santa Rosa Community Health



Juan Carlos / Ken

1. San Mateo Medical Center
2. Zuckerberg Children's Health Center
3. Alameda Health System



Alexis / Leena

1. Bay Area Community Health
2. North East Medical Services
3. School Health Clinics of Santa Clara



Megan / Irene

1. Marin City Wellness Center
2. Alliance Medical Center
3. Community Medical Centers



Nikki / Dayna

1. Lifelong Medical Center
2. South of Market Health Center
3. Benioff Children's Hospital



We're currently in *RBN Showcase Breakouts*

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If you experience any technical issue and/or need help
getting into your breakout, please reach out to

Wes Gabrillo



Welcome Back

IdeaBoardz

Resilient Beginnings Network

Trauma and Resilience Informed Systems 101

The TRIS 101 is designed specifically for staff in medical clinics and hospitals to understand how trauma and stress, including socio-cultural trauma, impacts developing bodies and brains, communities, and organizations, and strategies for individual and organizational resilience. The goal of this training is to equip a cross-section of the healthcare workforce to develop shared language and understanding of what it means to be a trauma-and-resilience-informed organization and apply common practices to support our well-being.

For the Resilient Beginnings Network, the training has been organized into 4 modules. Modules 1 & 2 serve as foundations for understanding, whereas modules 3 & 4 support individual and organizational application.

1

Understanding
Stress and
Trauma

2

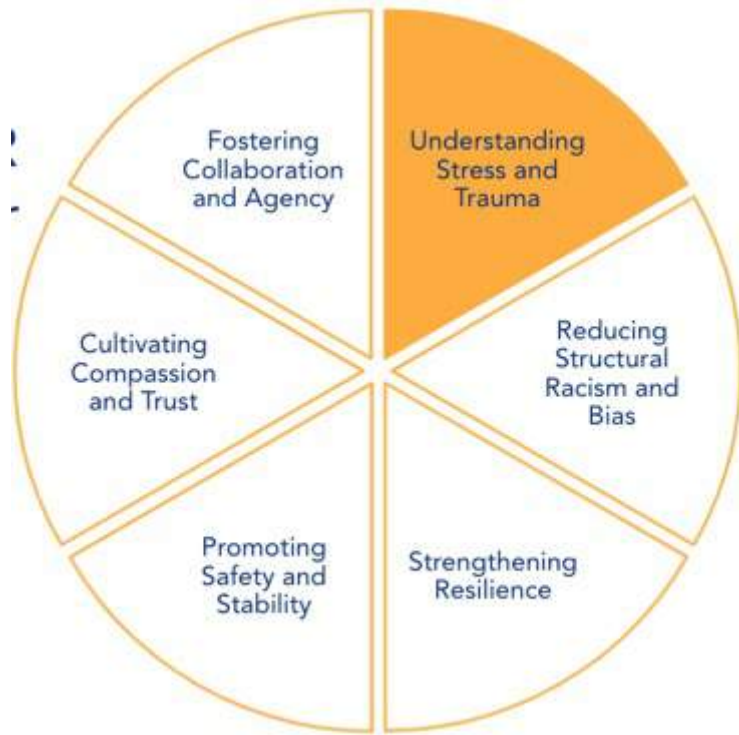
Reducing
Structural
Racism and
Bias

3

Strengthening
Resilience and
Promoting
Safety &
Stability

4

Cultivating
Compassion &
Trust and
Fostering
Collaboration &
Agency



Self-paced learning:

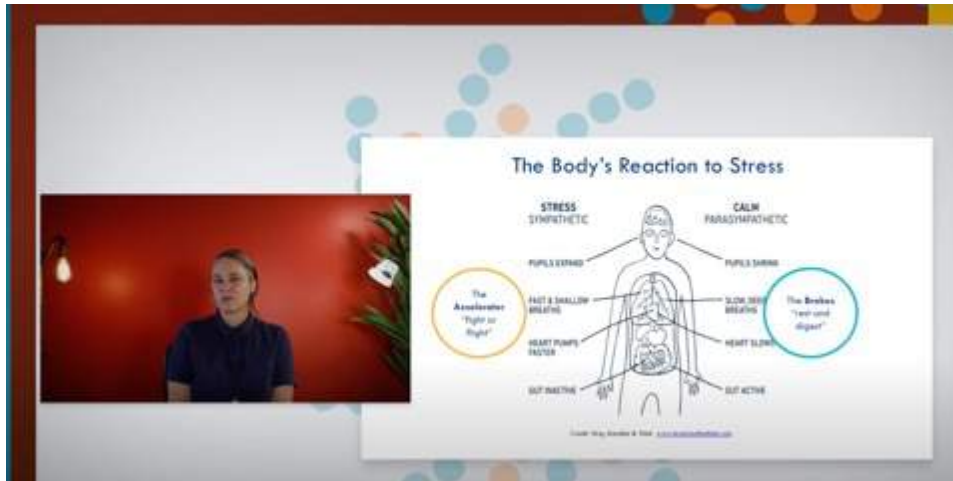
- Take the modules in sequence and at your own pace.
- Learning time is between 45min-60min per module. Total time is 3 hours.
- Can be taken individually or viewed in teams

Accessible:

- Modules will be hosted on a webpage **and/or** can be integrated with your clinic's preferred platforms (e.g Vimeo channel, Learning Management Systems – Relias Learning).

Supported:

- Recordings/content accompanied by visual learning aids, posters, and handouts
- Participants who complete TRIS 101 can opt to attend TRIS Coaching Clinics (skills labs) and apply principle to practice
- Teams can attend **Open Houses** for a TRIS Tour, more information, tips on how to disseminate and a toolkit (communication templates, planning tools)



Open Houses-COMING SOON! Join us.

November 19 12-1pm & December 2, 1-2pm

Special Guests:

**Thank you for joining us,
and please complete the
feedback survey.**

RBN participants:

**Please stay on the line to
look ahead in RBN &
reflect on Year 1**



BREAK

10 Minutes

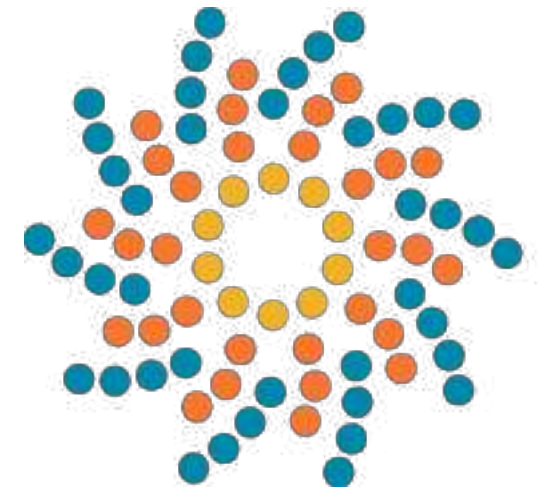
RBN Participants: Please return at 2:13 for Looking Ahead in RBN & Reflections on Year 1



Looking Ahead in RBN & Reflections on Year 1

Looking Ahead in RBN & Reflections on Year 1

- 1 Reflections on storytelling pitch presentations
- 2 What to expect for RBN in 2022
- 3 Upcoming events & activities
- 4 Team Time



Reflections on Presentations

Program Goal

Advance pediatric care delivery models that are trauma- and resilience-informed so that 100,000 young children in the San Francisco Bay Area and their caregivers have the support they need to be well and thrive.

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Environment

Establish or deepen a trauma-informed and healing-centered environment, including support for staff



Prevention & Promotion

Promote resilience and protective factors that can help prevent and mitigate the damage from ACEs and toxic stress



Clinical Practices

Test, implement, and spread clinical practices to respond to and heal early childhood adversity



Community Relationships

Build and strengthen community relationships so that referrals and coordination efforts meet needs

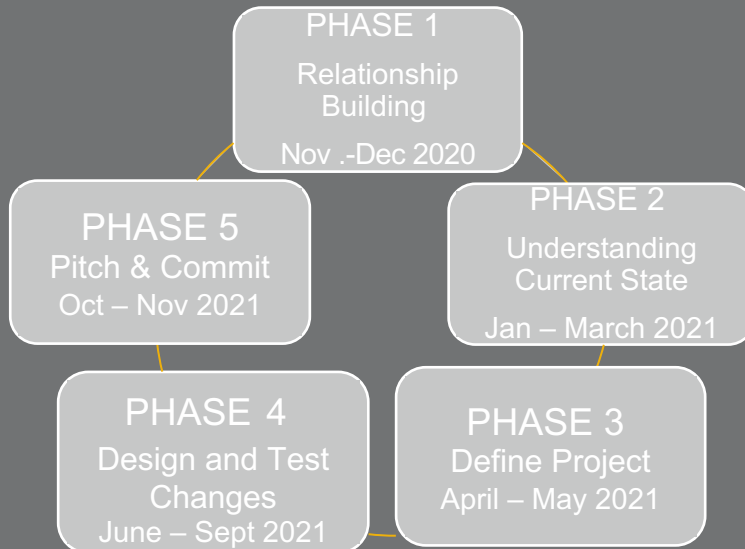
Equity & Racial
Justice

Strengths-Based
Approach

Patient & Family
Engagement

Year 1

Understand the current state, strengthen capacity, and engage with stakeholders to determine focus



Years 2 & 3



Go deeper in one or more key areas with a goal of implementation, spread, and sustainability:

- Clinic/organizational environment
- Prevention & promotion
- Clinical practices
- Community relationships



Core Activities & Events for RBN Teams



Coaching



Virtual Learning
Sessions



Workshops



Team Leads
Calls



Assignments



Evaluation
Deliverables

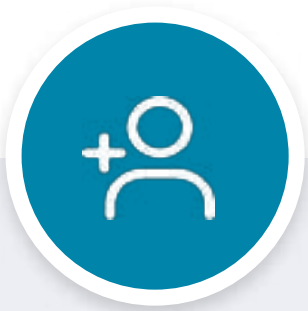


Communications
Products



Other
Resources

| Save the Dates



TRIS Training Open Houses

**NOVEMBER 19 AT 12PM &
DECEMBER 2 AT 1PM**



Peer Consultancy Session

DECEMBER 16
10:00am – 12:00pm



Virtual Learning Session

JANUARY 20, 2022
12:00pm – 2:00pm





Workshop

Wednesday, February 16, 2022

10am– 3pm Pacific Time





Please complete the feedback survey!



Alexis Wielunski

she/her/hers

Senior Program Manager

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Nikki Navarrete

she/her/hers

Senior Program Coordinator

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Team Time: Reflections

1. How are you feeling at this point in the program?
2. What is a learning from this last year that you are grateful for?
3. What's next for your team?



How to Enter Your Assigned Zoom Room



Step 1

After breakout rooms open, a popup will show up above the "Breakout Room Icon."

Click "Breakout Rooms"



Step 2

A menu will pop up with a list of all breakout rooms.

Select "Join" to enter the Breakout Group that your organization is assigned to.



Step 3

Click "Yes" to confirm, and you will be moved to that breakout.



Team Time

1 Alameda Health System

2 Alliance Medical Center

3 Bay Area Community Health

4 Children's Health Center
Zuckerberg San Francisco
General Hospital

5 Community Medical Centers

6 LifeLong Medical Care

7 Marin City Health &
Wellness Center

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12 San Mateo County Health
San Mateo Medical Center

13 Santa Rosa Community
Health

14 School Health Clinics of
Santa Clara County

15 UCSF Benioff Children's
Hospital Oakland

16 RBN Coaches, CCI, CCHE,
Genentech