

Resilient Beginnings Network: Virtual Learning Session 8

Thursday, May 19, 2022: 12:00 pm – 2:00 pm

Session Overview

During this virtual learning session, RBN teams will have the opportunity to hear more about the Capacity Assessment, learn with other program participants who have similar RBN goals in Communities of Practice, and get a chance to debrief learnings with their team.

Communities of Practice

During the event, participants will choose one of three Community of Practice sessions that best aligns their work in RBN. Each Community of Practice will focus on key issues for RBN participants. If more than one community of practice fits with the organization's work, RBN teams are encouraged to split up to attend different sessions.

- **Trauma and Resilience Informed Systems Training Implementation:** Participants will engage in a deeper dive of the “why” and “how” behind the strategies shared in the modules. This session will help participants practice and embed trauma-informed strategies in their day to day work, looking specifically at the PEARLS and ARRC strategies, utilizing case vignettes and scenarios to guide application.
Recommended for: any RBN member; recommended (not required) to view TRIS modules prior to attending.
Facilitated by: Brianna Young and Jen Leland from Trauma Transformed, and Paula Gonzalez, Lead TRIS Trainer.
- **Building Reflective Space in Reactive Places:** Participants will continue their journey in deepening reflective practice with each other. Reflective practice is necessary to transform culture in an environment that is overly focused in transaction. Participants will learn about, reflect on, and practice the spheres of influence, which can help them transform their organizational culture.
Recommended for: any RBN participant
Facilitated by: Dr. Ken Epstein and Dr. Irene Sung
- **A TRIADIC Approach to ACEs Screening and Response: Adversity, Distress, & Strengths:** Participants will engage in further conversation around the [TRIADS Framework](#). We will do a deep dive together on one of the pediatric TRIADS scenarios, brainstorming and reflecting on using a relational, healing approach to address the ACE screening & response case example.
Recommended for: any RBN team members in organizations that are contemplating or currently screening for ACEs and responding, or any organization that is implementing trauma-informed care and wants to understand how to support children, families, and communities.
Facilitated by: Dr. Dayna Long and Dr. Leena Singh

RBN Virtual Learning Session 8 Agenda: Thursday, March 19, 2022

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| | Welcome and Overview |
| 12:00 pm – 12:20 pm | Review agenda. Learn more about the Capacity Assessment from CCHE (due June 15 th). Review Communities of Practice and transition into rooms. |
| | Communities of Practice |
| 12:20 pm – 1:20 pm | <ul style="list-style-type: none">• Trauma and Resilience Informed Systems Training Implementation (facilitated by Brianna Young, Jen Leland, and Paula Gonzalez)• Building Reflective Space in Reactive Places (facilitated by Ken Epstein and Irene Sung)• ACEs Screening & Response Community of Practice (facilitated by Dayna Long and Leena Singh) |
| 1:20 pm – 1:30 pm | BREAK |
| | Team Time in Breakout Rooms |
| 1:30 pm – 1:45 pm | Teams will debrief what they've learned in their Communities of Practice and discuss what they want to take back to their organization. |
| 1:45pm – 1:55 pm | COP Faculty Reflections Faculty reflections. |
| 1:55 pm – 2:00 pm | Wrap Up Complete session survey. |
