

Resilient Beginnings Network: Virtual Learning Session

Power & Patient and Family Engagement

Thursday, July 15, 2021: 12:00 pm – 2:00 pm

Pre-work

Review and reflect on [the Mural Board from January 2021](#):

- What is the relationship between power and resilience? [Consider children, parents and caregivers, families, and communities]. How might power dynamics be a block or barrier to practicing resilience?
- Considering trauma-informed practices, what potential barriers to community leadership and community power have you observed?
- Reflecting on partnerships with families, where do you see an opportunity to intentionally share power, have power with, or transfer power?
- How might power dynamics impact our ability to achieve the goals or the vision you've outlined?

Session Overview

Through small and large group discussions, this session will review common power dynamics in patient and family engagement and health care system practices that reinforce these dynamics. Participants will be introduced to cultural humility as a tool for individuals, groups, and practices to advance approaches to equity. Participants will review strategies to establish equitable partnerships with families. Shared decision-making and governance strategies to distribute leadership and power will be reviewed as well as approaches to integrating a trauma- and resilience-informed framework to strengthen these practices.

RBN Learning Session Faculty

- Renée Boynton-Jarrett, MD, Vital Village Networks
- Ronda Alexander, Vital Village Networks

RBN Staff

- Nikki Navarrete, *CCI Senior Program Coordinator*
- Jacqueline Nuila, *CCI Program Manager*
- Megan O'Brien, *CCI Program Director*
- Alexis Wielunski, *CCI Program Manager*

Logistical instructions: [Register](#) and use custom link to join the meeting. At the start of the session:

- **Audio/visual connection:** make sure you are logged in on both audio and visual. If you are calling in by phone, enter your participant ID (your ID is displayed at the top of your zoom screen). Do this by pressing #number# on your phone (ex: #24#)
 - **Re-name yourself:** please rename yourself so we know what organization you're from (ex: Nikki (CCI)). Hover over your name in the participant list and click "Rename."
 - **Turn on your video!:** if you have video capability, we'd love to see you.
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RBN Virtual Learning Session Agenda: Thursday, July 15, 2021

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| 12:00 pm – 12:15 pm | Welcome & Connect Review program announcements & reminders. |
| 12:15 pm – 12:20 pm | Overview and Agenda Outline session agenda and frame expectations for the session. |
| 12:20 pm – 12:45 pm | Power Dynamics in Partnership Engagement Explore how power dynamics show up in partnership engagement. |
| 12:45 pm – 1:10 pm | Understanding and Addressing Power Dynamics Introduce cultural humility and how it connects to the Dignity Framework. |
| 1:10 pm – 1:20 pm | Break |
| 1:20 pm – 1:45 pm | Team Activity: Applying Cultural Humility RBN teams create a plan for integrating cultural humility into their work. |
| 1:45 pm - 2:00 pm | Closing Conversation Recap and share potential next steps to move from theory into daily practice. |
