Welcome!

Resilient Beginnings Network (RBN)
Virtual Learning Session #3
May 13, 2021

While we’re waiting, find your team name and add the number to the front of your name (e.g. 15. Dayna Long, Benioff Children’s Hospital Oakland)

1. Alameda Health System
2. Alliance Medical Center
3. Bay Area Community Health
4. Children’s Health Center
5. Community Medical Centers
6. LifeLong Medical Care
7. Marin City Health & Wellness Center
8. Marin Community Clinics
9. North East Medical Services
10. Petaluma Health Center
11. South of Market Health Center
12. San Mateo County Health
13. Santa Rosa Community Health
14. School Health Clinics of Santa Clara County
15. UCSF Benioff Children’s Hospital Oakland

If you called in, please be sure to link your video with your phone.

If you’re a guest, no need to rename yourself.
Housekeeping Reminders

Audio
Link your audio to video if you called in via phone

Chat Box
Please chat in your questions

Name
Add your team number in front of your name

Tech Issue
Private chat Nikki Navarrete for assistance
RBN Program Updates & Announcements
RBN teams are starting in different places in their journeys to be healing organizations.
RBN teams have a lot to offer each other in terms of inspiration, ideas, and lessons.
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We've been able to look at our clinic's situation relatively objectively, not feeling threatened by or guilty over the fact that we can't yet call ourselves "trauma-informed." Our discussions have been about how to proceed, not excuses why we haven't done this before.
RBN teams have a lot to offer each other in terms of inspiration, ideas, and lessons.

[We] have been able to interview all of our team members, 3 community partners and two patients during our capacity assessment. The rich data and feedback we received will really help us build and improve upon our program using an inclusive lens.
RBN teams have a lot to offer each other in terms of inspiration, ideas, and lessons.

[We are proud of the] honest discourse about racial equity within our nuclear team, and our progress in connecting with and assessing staff and patient beliefs about trauma and resilience.
RBN Year 1

Understand the current state, strengthen capacity, and engage with stakeholders to determine focus

PHASE 1
Relationship Building
Nov. - Dec 2020

PHASE 2
Understanding Current State
Jan. – March 2021

PHASE 3
Define Project
April – May 2021

PHASE 4
Design and Test Changes
June – Sept 2021

PHASE 5
Pitch & Commit
Oct – Nov 2021

We are here
Define Project Deliverables

Submit 1\textsuperscript{st} Quarterly Report

Develop a Project Roadmap – Due May 28\textsuperscript{th}

• What are you trying to accomplish?
• What changes will help you reach your aim?
• How will you know if you are making progress?
RBN Project Roadmap Inputs and Supports

Inputs for what to include

• Your RBN application
• Learnings from your baseline capacity assessment
• Learnings from understanding your current state (e.g. interviews, journey maps, observation)

Where can I get help?

• Roadmap examples & links to resources in template
• Watch recordings of the roadmap office hours
• RBN evaluation team support with your measurement strategy
• Your RBN coach is your thought partner
• Post a question in the RBN club
The key lessons and best resources from Resilient Beginnings to date – coming soon!

Trainings and support will be based on roadmaps and the overall needs of the cohort.
**Resilience Documentary Opportunity for RBN**

- Organize a showing of *Resilience: The Biology of Stress and the Science of Hope* and RBN will cover the cost of the viewing license.

- Email Allie Silvestri ([allie@rocofilms.com](mailto:allie@rocofilms.com)) at ro*co films to plan a virtual viewing.
Save the Date: June 29th, 2021

• A Place to Breathe looks at trauma and resilience through the eyes of immigrant and refugee healthcare practitioners and patients

• On demand virtual screening available June 14-28th

• Panel Discussion – June 29th 12-1:30pm
Important Dates & Timelines

- **Project Roadmap Due**: May 28
- **A Place to Breathe Discussion**: June 29
- **Virtual Learning Session #4**: July 15
## Virtual Learning Sessions Roadmap

*RBN Cross Cutting Themes Focus*

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<thead>
<tr>
<th>Date</th>
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<td><strong>RBN Year 1 Showcase</strong> <em>Team Leadership Sponsor Invited</em></td>
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*Team Leadership Sponsor Invited*
Ronda Alexander
Director of Operations, NOW

Renee Boynton-Jarrett
Founding Director, Vital Village Networks
Wrap Up
The RBN Club

DEMONSTRATION
How to:
• Create a post
• Reply to a post
• Follow a page

Link:
https://community.careinnovation.s.org/index.php?/clubs/12-resilient-beginnings-network-rbn/

Network Collaboration
This section is here for you to:
• Ask questions of speakers, experts, coaches, CCI team
• Ping your peers for ideas and advice
• Share resources you’ve found helpful to your work
• Stay up-to-date by clicking the blue Follow button in the bottom right corner
# Virtual Learning Sessions Roadmap

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Poll

Experience
On a scale of 1-5, please select the number below that best represents your overall experience with today's session:

5 - Excellent
4 - Very Good
3 - Good
2 - Fair
1 - Poor

Use of Time
Please select the number below that best represents your response to the statement: Today's session was a valuable use of my time.

5 - Excellent
4 - Very Good
3 - Good
2 - Fair
1 - Poor
Thank you!

For questions contact:

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