

Resilient Beginnings Network: Virtual Learning Session

WHERE ARE WE NOW WITH TRAUMA AND RESILIENCE INFORMED CARE?

Thursday, January 14, 2021: 1:00 pm – 3:00 pm

Pre-work

- Complete the [assignments from the relationship building phase](#) by EOD January 13, 2021.
- RBN teams are encouraged to split up to attend the 3 different breakout sessions. Review the agenda below and coordinate with your team about who will attend which breakout.

Session Overview

This virtual learning session for RBN teams will introduce several methods for understanding the current state. Participants will have a chance to join break out rooms to learn about how to do interviews and journey mapping to ensure various perspectives are considered. Another breakout, specifically for clinic leaders will introduce observation as a powerful tool for understanding organizational culture and its role systems change. Teams will be introduced to Dr. Renée Boynton-Jarrett and Ronda Alexander from Vital Village Network, national leaders in place-based, community engagement that promotes healthy social and emotional development in early childhood.

RBN Learning Session Speakers & Faculty

- Renée Boynton-Jarrett, MD, and Ronda Alexander, Vital Village Network
- Creagh Miller and Lisa Schafer, Center for Community Health and Evaluation
- Bijal Shah, Center for Care Innovations
- Kathleen Figoni, Center for Care Innovations
- Irene Sung, MD, RBN Coach and Consultant

RBN Staff

- Tammy Fisher, *CCI Senior Director*
- Nikki Navarrete, *CCI Senior Program Coordinator*
- Jacqueline Nuila, *CCI Program Manager*
- Megan O'Brien, *CCI Senior Program Manager*
- Alexis Wielunski, *CCI Program Manager*

Logistical instructions: [Register](#) and use custom link to join the meeting. At the start of the session:

- **Audio/visual connection:** make sure you are logged in on both audio and visual. If you are calling in by phone, enter your participant ID (your ID is displayed at the top of your zoom screen). Do this by pressing #number# on your phone (ex: #24#)
- **Re-name yourself:** please rename yourself so we know what organization you're from (ex: Nikki (CCI)). Hover over your name in the participant list and click "Rename."
- **Turn on your video!:** if you have video capability, we'd love to see you.

Post- Session Assignments: Understanding the Current State Phase

- Complete and submit the RBN Capacity Assessment by February 12th, 2021.
 - Collect staff and/or patient input to more deeply understand the current state. You may use observation, journey mapping, and/or interviews.
 - Prepare and submit your team's current state storyboard by March 31st and share your learnings with other teams at the April 8th Share and Learn webinar.
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RBN Virtual Learning Session Agenda: Thursday, January 14, 2021

Welcome & Connections

1:00 pm – 1:20 pm Hear key program updates, review the year 1 road map for RBN, and meet others in the network.

Introducing the RBN Cross-Cutting Themes

1:20 pm – 1:45 pm Review the RBN cross-cutting themes in a presentation by Dr. Renée Boynton-Jarrett and Ronda Alexander from Vital Village Network. Future virtual learning sessions in 2021 will provide deeper dives into these themes:

- Equity & racial justice
 - Strengths-based approach
 - Patient & family engagement
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RBN Capacity Assessment Overview

1:45 pm – 1:55 pm Learn about the baseline RBN capacity assessment, including the goals and benefits of the assessment and how to administer at your organization.

Breakout Session Overview and Instructions

1:55 pm – 2:05 pm Hear from the 3 breakout presenters about their session and choose which session you will attend.

2:05 pm – 2:15 pm **Break & Transition to Breakouts**

Breakout sessions will begin Promptly at 2:15pm

Increase confidence in applying specific tools and methods to understand how things are currently working. What is working well? What could be better?

- **Framing your challenge and using interviews to understand the current state**
Presenter: Kathleen Figoni, Center for Care Innovations
Recommended for any RBN participant. *will be recorded
 - **Understanding the human experience of your processes with Journey Mapping**
Presenter: Bijal Shah, Center for Care Innovations
Recommended for any RBN participant. *will be recorded
 - **Using observation to understand organizational culture and its impact on change – a breakout for leaders**
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Presenter: Irene Sung, RBN Coach and Consultant

Recommended for clinical and administrative leaders such as CEOs, COOs, CMOs, medical directors, and behavioral health directors.

*will *not* be recorded

Wrap Up & Next Steps

2:50 pm – 3:00 pm Review upcoming events and current state assignments for RBN. Find out where to get program resources and information online.
