Welcome!

Resilient Beginnings Network
Informational Webinar
August 24, 2020

This webinar is being recorded and will be posted to careinnovations.org/rbn-2020

Please use the chat box to ask questions.

Everyone is currently muted.
To unmute yourself: Press *6
To mute yourself: Press *7
Agenda

- Background
- Program Overview
- Program Expectations
- Application Process
- Q & A
CCI Program Leads

Tammy Fisher  
Senior Director

Alexis Wielunski  
Program Manager

Megan O’Brien  
Senior Program Manager

Nikki Navarrete  
Program Coordinator
Center for Care Innovations
Strengthening the Health and Well-Being of Underserved Communities

Spark
New ways of working & creative problem solving

Seed
The research, testing & implementation of fresh approaches

Spread
Successful innovations, so our network rapidly adopts best practices
Poll #1

Where are you joining us from today?

- In a private space in my clinic/organization
- In a shared space in my clinic/organization
- At home
- Outside
- In a car
- Other
Background
A Word from Genentech

Resilient Beginnings is a part of Genentech's philanthropic commitment to addressing childhood adversity across low-income communities in the Bay Area, called The Resilience Effect.

Our vision is one where all Bay Area children facing early adversity have the best possible start in life and the opportunity to build healthy and vibrant futures.

Learn more about the Resilience Effect: www.gene.com/resilience

Elizabeth Hawkins
Senior Manager, Corporate Giving
RESILIENT BEGINNINGS COLLABORATIVE

MADE POSSIBLE BY Genentech
A Member of the Roche Group

Bay Area Organizations
working over 24 months
to prevent, screen, and treat childhood adversity for the population of 58K pediatric patients age 0-5 they serve.
Resilient Beginnings Collaborative

Without [RBC] we would not have had the focus and support to do it. It gave us a framework, justified the time we did have, and we wouldn’t have come together to organize this effort without the RBC grant. It definitely was very valuable.

This work is contagious in the best sense of the word. Once you start to really start to get what it means to deal with trauma you see it everywhere for better or worse. But once you see it from that light your ability to become passionate, be flexible, and reframe what the actual problem is improves.

“RBC work gave us good foundation of how to deal with this crisis and supporting staff and patients...
In 2018, the Center for Care Innovations and Genentech Charitable Giving launched a collaborative to address childhood adversity in pediatric safety net care settings.
One Clinic’s Experience

Ravenswood Family Health Network is a federally qualified health center headquartered in East Palo Alto.

As a participating organization in RBC, Ravenswood:

1. Conducted trainings on trauma, resilience & organization culture
2. Started a Centering Parenting group
3. Screened for and addressed parental depression/anxiety

Sandra Escobar, PhD
Integrated Behavioral Health Services
Clinical Director
Why Resilient Beginnings Network?

Dayna Long, MD, FAAP
Director, Center for Child and Community Health
RBN Design Contributors

Planning Group:

9
Advisors

Interviews & Feedback Session with Safety Net Organizations:

24
Individuals

10
Organizations

8
Counties
Program Overview
What is Resilient Beginnings Network?

A 3-year learning program for approximately 15 San Francisco Bay Area safety net organizations that provide primary care to young children from birth to 5 years old.
Environment: Establish or deepen a trauma-informed and healing-centered environment, including support for staff

Prevention & Promotion: Promote resilience and protective factors that can help prevent and mitigate the damage from ACEs and toxic stress

Clinical Practices: Test, implement, and spread clinical practices to identify, respond to, and heal

Community Relationships: Build and strengthen community relationships so that referrals and coordination efforts meet needs

Program Goal

Advance pediatric care delivery models that are trauma- and resilience-informed so that 100,000 young children in the SF Bay Area and their caregivers have the support they need to be well and thrive.
What Makes RBN Unique?

- Interdisciplinary Teams & Organizational Transformation
- Time
- Flexible Approach
- Learning Community
What We’ll Cover

- Creating a welcoming and affirming virtual or in-person environment
- Training staff and clinicians in trauma-informed care and anti-racism
- Starting or spreading ACEs or early adversity screening and response.
- Education and peer-to-peer support for caregivers.
- Clinician and staff experience, including well-being, resilience, and burnout
- Linkage and coordination with community services and resources
- Influencing systems that impact families beyond the clinical setting
Poll #2

How is primary care delivered for young children at this time at your organization?

- Almost all virtual
- More than half virtual
- About 50/50
- More than half in person
- Almost all in person
- N/A or Unknown
Program Structure

**Year 1**

- Understand the current state and strengthen capacity
- Engage with stakeholders to determine focus

> “Pitch”

**Years 2 & 3**

- Go deeper in one or more key areas with a goal of implementation and spread:
  - Clinic/organizational environment
  - Prevention & promotion
  - Clinical practices
  - Community relationships
Program Support & Delivery

Bay Area Learning Community

- Learning Sessions & Webinars
- Coaching
- $120K Grants Over 3 Years
- Affinity Groups
- Site Visits
- Online Community
- Toolkits & Resources
- Expert Consults
Poll #3

How are organizational meetings and trainings happening at this time at your organization?

- All or almost all virtual
- More than half virtual
- About 50/50
- More than half in person
- All or almost all in person
- N/A or Unknown
Program Expectations
Participation Expectations

- Leadership Buy In & Engagement
  - Join a coaching call
  - Attend learning session
  - Meet with team
  - At least 1 other touch point

- Continuity and Dedicated Team
  - Project lead
  - Primary care provider
  - Clinical leader
  - Frontline staff
  - Senior leader

- Participation in Program and Evaluation
  - Full engagement in program activities
  - Regularly share about your work
  - Completion of deliverables and session pre-work

- Feedback & Contribute to Broader Learning
  - Provide feedback about the program for improvement
Measurement Strategy
How & When

- Progress Reporting with Clinic-Defined Metrics
  - Quarterly Submission

- Capacity Assessments
  - At baseline and Annually

- Program Participant Interviews and Surveys
  - Annually

- Coaching Logs & Interviews
  - *Evaluators & Coaches Only

- Learning Activities
  - Post-Event Surveys
Eligibility & Application Process
Who’s eligible to apply?

San Francisco Bay Area-based organizations that provide comprehensive primary care services to underserved pediatric populations – children from birth to 5 years old and their caregivers who are uninsured or enrolled in Medicaid

Examples include:

- Federally qualified health centers (FQHC) and FQHC look-alikes
- Community clinics, rural health clinics, and free clinics
- Ambulatory care clinics owned and operated by public hospitals
- Indian Health Service clinics
- Pediatric or family practices caring for majority underserved patients (uninsured and Medicaid)
Applicant organizations must submit the following materials

1. Application Form
2. Application Narrative
3. Budget Template
4. Tax Status Documentation
5. Letter of Leadership Support

All materials must be received by 5:00PM PST on Friday, September 18, 2020
What makes a strong application?

Have at least one **primary care pediatric provider** that provides primary care for children birth to 5 years old.

Commitment to change in their organization, specifically **deepening and spreading trauma- and resilience-informed** care in pediatric settings.

Interest in applying an **equity and racial justice lens** for their work in the program.

Willingness to both **teach and learn from peers** by deeply engaging in the program’s learning community.
Important Dates & Timelines

- **Application Deadline**
  - Friday, September 18, 2020
  - 5PM

- **Cohort Announced**
  - By Monday, October 19, 2020

- **Virtual Kick Off Session**
  - Tuesday, November 10, 2020
  - 1-4pm
Program Page

All this information & more can be found here:

www.careinnovations.org/programs/resilient-beginnings-network/
Thank you!

For questions contact:

Alexis Wielunski  
Program Manager  
Center for Care Innovations  
alexis@careinnovations.org

Nikki Navarrete  
Program Coordinator  
Center for Care Innovations  
nikki@careinnovations.org