Welcome!
Resilient Beginnings Network (RBN)
Share & Learn Webinar
April 8, 2021 | 12-1pm

While we’re waiting, find your team name and add the number to the front of your name (i.e. 10. Jessica Moore, PHC)

<table>
<thead>
<tr>
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<th>Alameda Health System</th>
<th>Alliance Medical Center</th>
<th>Bay Area Community Health</th>
<th>Children’s Health Center Zuckerberge San Francisco General Hospital</th>
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<td>5</td>
<td>Community Medical Centers</td>
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<td>North East Medical Services</td>
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<td>School Health Clinics of Santa Clara County</td>
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<td>15</td>
<td>UCSF Benioff Children’s Hospital Oakland</td>
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If you called in, please be sure to link your video with your phone.

If you’re a guest, no need to rename yourself.
Housekeeping Reminders

Audio
Link your audio to video if you called in via phone

Chat Box
Please chat in your questions

Name
Add your team number in front of your name

Tech Issue
Private chat Nikki Navarrete for assistance
Session Goals

1. You will hear about top key learnings from the baseline capacity assessment and celebrate the various assets and opportunities in this network.

2. You will help build the learning community by sharing your story with others in the network and by learning about the work of your peers.

3. You will learn next steps with regards to defining your project for RBN year 1.
Agenda

• Welcome
• Capacity Assessment Updates
• Small Group Discussion
• Closing & Next Steps
Capacity Assessment Updates
Evaluation goals

• Assess changes in organizations’ capacity related to operating in a trauma-informed and healing-centered way.

• Contribute to better understanding the impacts of teams’ RBN work on experiences of patients, families, and staff.

• Promote learning by documenting promising practices and lessons learned.

• Provide real time information to CCI about program progress and participant experience.

• Inform the broader ACEs movement by synthesizing results and learnings related to the RBN program.
RBN evaluation activities

- **Organization capacity assessment**
  - Baseline (Jan 2021)
  - Mid-point
  - End of RBN

- **Progress reports**
  - Submitted quarterly

- **Evaluation & measurement coaching**
  - In year 1 to inform project roadmap
  - As requested

- **Team interviews & participant survey**
  - Annually at 3 points in time

- **RBN program activities & materials**
  - Post-event surveys or polls

Center for Community Health and Evaluation | www.cche.org
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Assessment overview

Purpose: assess current organizational practice and capacity related to trauma and resilience-informed pediatric care

<table>
<thead>
<tr>
<th>Program domains</th>
<th>Cross-cutting themes</th>
<th>Scale</th>
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<tbody>
<tr>
<td>Environment: Establish or deepen a trauma-informed and healing-centered environment including support for staff</td>
<td>Racial justice</td>
<td>Response options were grounded on a scale of 1 through 5 indicating practices or structures were:</td>
</tr>
<tr>
<td>Prevention &amp; promotion: Promoted resilience and protective factors that can help prevent and mitigate the damage from ACEs and toxic stress</td>
<td>Patient &amp; family engagement</td>
<td>1 = Low/Not in place</td>
</tr>
<tr>
<td>Clinical practices: Test, implement, and spread clinical practices to respond to and heal early childhood adversity</td>
<td>Strengths-based approaches</td>
<td>3 = Medium/Variable</td>
</tr>
<tr>
<td>Community relationships: Build and strengthen community relationships so that referrals and coordination efforts meet needs</td>
<td></td>
<td>5 = High/In Place</td>
</tr>
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CENTER FOR CARE INNOVATIONS | 9
Team engagement in the assessment

- **78 people across all 15 RBN teams** collaboratively completed the assessment in late Jan/early Feb
- **2-8 participants per team**
- Most teams had **diverse, multi-disciplinary participation** including representatives from both primary care/pediatrics and behavioral health
- Participants **represented a variety of roles** including clinical and non-clinical staff and organizational leadership
RBN teams are starting in different places in their journeys to be healing organizations
On average, teams’ ratings related to practices in the four RBN domains clustered around 2 and 3 (medium/variable levels or less)

Program domains average score distribution (# of teams)

Organizational environment: 5 (5s), 10 (10s)
Prevention & promotion: 7 (7s), 8 (8s)
Clinical practices: 8 (8s), 7 (7s)
Authentic community engagement: 1 (1s), 10 (10s)

Average scores in the: 1s, 2s, 3s, 4s, 5s
On average, practices related to the three cross-cutting themes were rated about medium or variable (3.0).

Cross-cutting themes average score distribution (# of teams)

<table>
<thead>
<tr>
<th>Theme</th>
<th>1s</th>
<th>2s</th>
<th>3s</th>
<th>4s</th>
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<tr>
<td>Equity and racial justice</td>
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<td>Patient and family engagement</td>
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Average scores in the:
Wrap up

• Your organization’s reports
• Cohort-wide report by the end of April
• Follow-up assessments in 2022 and 2023

Contact Us

Feel free to reach out to us directly with any questions or concerns.

Lisa Schafer at lisa.m.schafer@kp.org
Monika Sanchez at monika.a.sanchez@kp.org
Storyboard Breakout Discussions
Find your team name and add the number to the front of your name (i.e. 10. Jessicca Moore, PHC) for the break out room.

1. Alameda Health System
2. Alliance Medical Center
3. Bay Area Community Health
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Activity Goals & Tips

The intention of the storyboard sessions is **share** about your team’s lessons learned and **hear** about what other teams have been working on.

Your team will be placed into a breakout room with **two or three other teams**, a facilitator, and possibly another program partner.

Your teams’ slides have been uploaded to a google doc and your facilitator will share their screen and your slides. Your team will have about **7 minutes to share**.

You’ll have the opportunity to **ask questions** after each presentation.

**Turn your webcam on** so you can associate names to faces and connect with others in the cohort.
Cohort Breakouts

Breakout Group #A
Facilitated by: Dayna
Partner: Monika
- Bay Area Community Health
- Community Medical Centers
- Santa Rosa Community Health
- School Health Clinics of Santa Clara County

Breakout Group #B
Facilitated by: Irene
Partner: Lisa
- Alliance Medical Centers
- Marin City Health and Wellness Center
- Marin Community Clinics
- South of Market Health Center

Breakout Group #C
Facilitated by: Ken
Partner: Nikki
- Alameda Health System
- Children’s Health Center Zuckerberg SF General
- San Mateo Medical Center
- UCSF Benioff Children’s Hospital

Breakout Group #D
Facilitated by: Leena
Partner: Alexis
- LifeLong Medical Care
- North East Medical Services
- Petaluma Health Center
Breakout Room Prompts

- What did your team learn from doing the current state activities?

- How is your team thinking about centering equity and racial justice in your RBN work?

- What would your team like to accomplish in the first year of RBN?
Debrief: Storyboard Breakout Discussions

1. Take the next minute to gather your thoughts & reflect on your key takeaways

2. In the chat box, share 2-3 takeaways

3. Take the next minute to read your peers comments in the chat
Phase 3: Define Project
What is the ideal state? How will we know if we are making progress?
April – May 2021

The goal of this stage is to chart your team’s course by setting goals and defining a measurement strategy.

The activities in this phase use what you learned from understanding your current state to help your team envision the ideal state. Your team will develop its roadmap for making progress toward where you want to be.

Assignments

Submit 1st Quarterly Report
This quarterly report is meant to check the pulse of how the program is going so far for your team, what you are most proud of, what challenges you are facing, and your experience of key program elements. Submit by filling out this form by EOD Thursday, April 15th.

Develop a Project Roadmap
The RBN roadmap is a single, brief, and descriptive communication document that can be shared across your organization as the north star for your team’s work in RBN. A template and examples will be shared by email to the team leads and in the April Newsletter. Post your team’s roadmap to the RBN club by Friday, May 28th.
Important Dates & Timelines

Roadmap Office Hours
April 23

Roadmap Office Hours
April 30

Virtual Learning Session 3
May 13
Poll

Experience
On a scale of 1-5, please select the number below that best represents your overall experience with today's session:

5 - Excellent
4 - Very Good
3 - Good
2 - Fair
1 - Poor

Use of Time
Please select the number below that best represents your response to the statement: Today's session was a valuable use of my time.

5 - Excellent
4 - Very Good
3 - Good
2 - Fair
1 - Poor
Thank you!

For questions contact:

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(she/her/hers)
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alexis@careinnovations.org

Nikki Navarrete
(she/her/hers)
Senior Program Coordinator
nikki@careinnovations.org