

# Welcome!

Resilient Beginnings Network (RBN)

Share & Learn Webinar

April 8, 2021 | 12-1pm

RESILIENT  
BEGINNINGS  
NETWORK

MADE POSSIBLE BY

Genentech  
A Member of the Roche Group

While we're waiting, find your team name and add the number to the front of your name (i.e. 10. Jessica Moore, PHC)

1 Alameda Health System

2 Alliance Medical Center

3 Bay Area Community Health

4 Children's Health Center  
Zuckerberg San Francisco  
General Hospital

5 Community Medical Centers

6 LifeLong Medical Care

7 Marin City Health &  
Wellness Center

8 Marin Community Clinics

9 North East Medical Services

10 Petaluma Health Center

11 South of Market Health  
Center

12 San Mateo County Health  
San Mateo Medical Center

13 Santa Rosa Community  
Health

14 School Health Clinics of  
Santa Clara County

15 UCSF Benioff Children's  
Hospital Oakland

n/a If you're a guest, no need to  
rename yourself.

*If you called in, please be sure to link your video with your phone.*

# Housekeeping Reminders



## Audio

Link your audio to video if you called in via phone



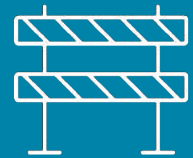
## Chat Box

Please chat in your questions



## Name

Add your team number in front of your name



## Tech Issue

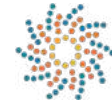
Private chat Nikki Navarrete for assistance

# Session Goals

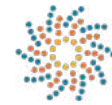
- 1 You will hear about top key learnings from the baseline capacity assessment and celebrate the various assets and opportunities in this network.
- 2 You will help build the learning community by sharing your story with others in the network and by learning about the work of your peers.
- 3 You will learn next steps with regards to defining your project for RBN year 1.



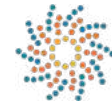
# Agenda



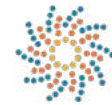
**Welcome**



**Capacity Assessment  
Updates**



**Small Group Discussion**



**Closing & Next Steps**

# Capacity Assessment Updates

# Evaluation goals

- Assess changes in organizations' capacity related to operating in a trauma-informed and healing-centered way.
- Contribute to better understanding the impacts of teams' RBN work on experiences of patients, families, and staff.

- Promote learning by documenting promising practices and lessons learned
- Provide real time information to CCI about program progress and participant experience.
- Inform the broader ACEs movement by synthesizing results and learnings related to the RBN program

# RBN evaluation activities



## Organization capacity assessment

- Baseline (Jan 2021)
- Mid-point
- End of RBN



## Progress reports

- Submitted quarterly



## Evaluation & measurement coaching

- In year 1 to inform project roadmap
- As requested



## Team interviews & participant survey

- Annually at 3 points in time



## RBN program activities & materials

- Post-event surveys or polls

# RBN evaluation activities



## Organization capacity assessment

- Baseline (Jan 2021)
- Mid-point
- End of RBN



## Progress reports

- Submitted quarterly



## Evaluation & measurement coaching

- In year 1 to inform project roadmap
- As requested



## Team interviews & participant survey

- Annually at 3 points in time



## RBN program activities & materials

- Post-event surveys or polls



# Assessment overview

**Purpose:** assess current organizational practice and capacity related to trauma and resilience-informed pediatric care

## Program domains



**Environment:** Establish or deepen a trauma-informed and healing-centered environment including support for staff



**Prevention & promotion:** Promoted resilience and protective factors that can help prevent and mitigate the damage from ACEs and toxic stress



**Clinical practices:** Test, implement, and spread clinical practices to respond to and heal early childhood adversity



**Community relationships:** Build and strengthen community relationships so that referrals and coordination efforts meet needs

## Cross-cutting themes

Racial justice

Patient & family engagement

Strengths-based approaches

## Scale

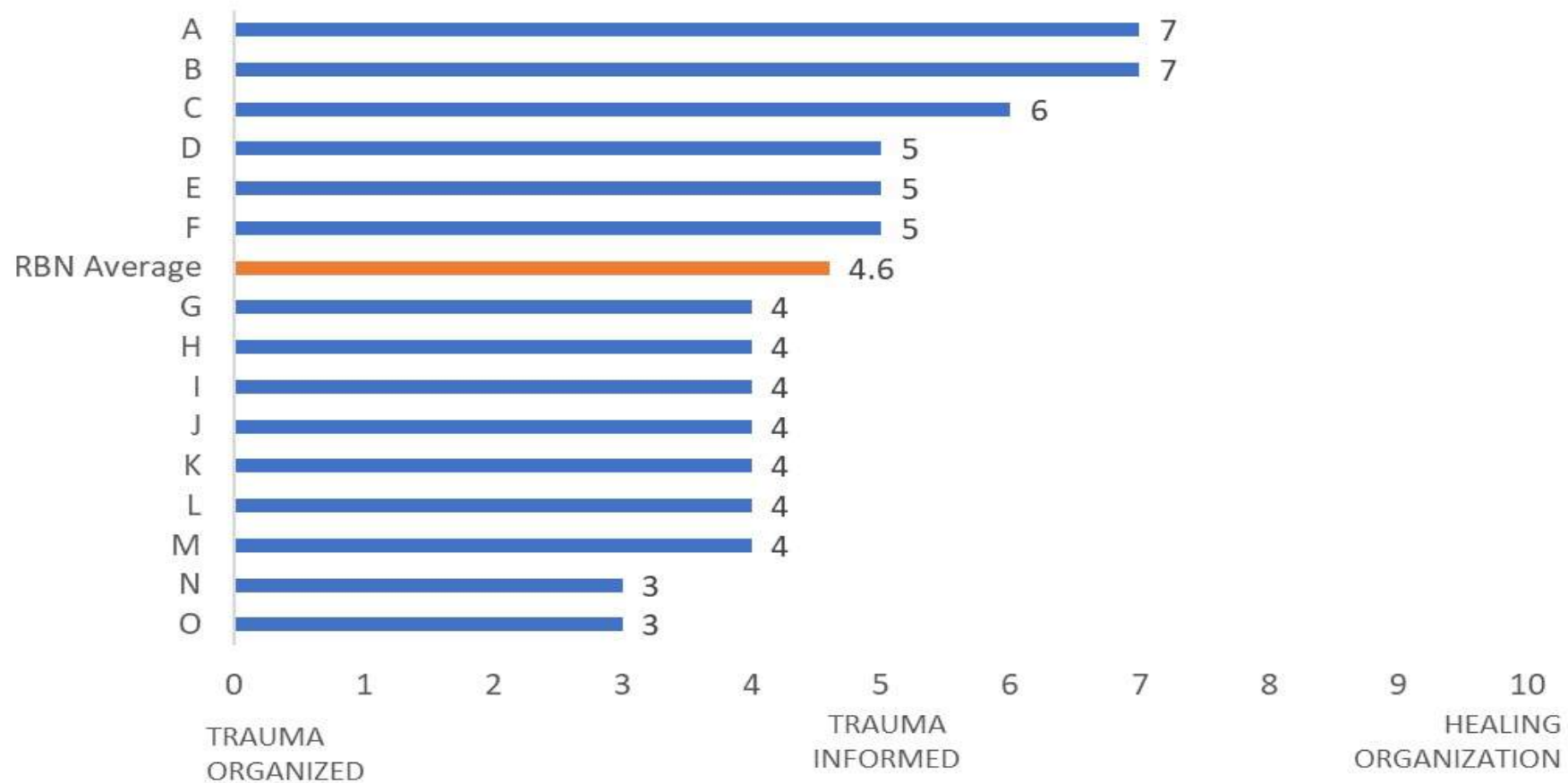
Response options were grounded on a scale of 1 through 5 indicating practices or structures were:

- ① = Low/Not in place
- ③ = Medium/Variable
- ⑤ = High/In Place

# Team engagement in the assessment

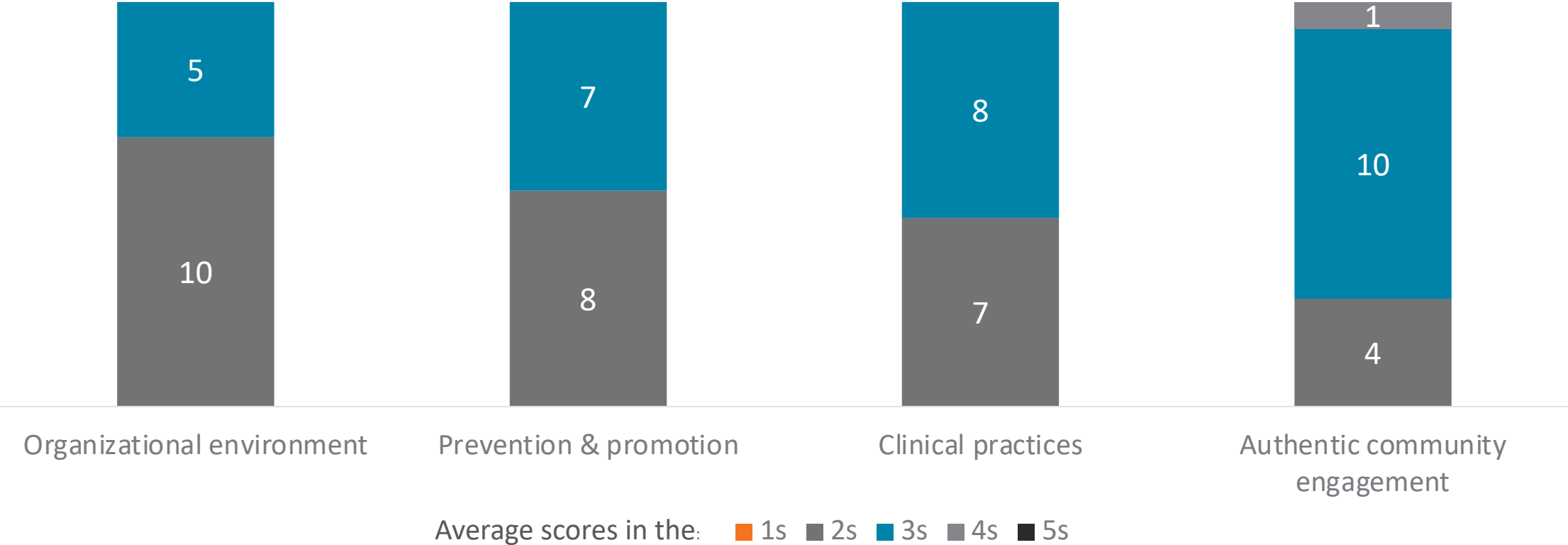
- **78 people across all 15 RBN teams** collaboratively completed the assessment in late Jan/early Feb
- **2-8 participants per team**
- Most teams had **diverse, multi-disciplinary participation** including representatives from both primary care/pediatrics and behavioral health
- Participants **represented a variety of roles** including clinical and non-clinical staff and organizational leadership

# RBN teams are starting in different places in their journeys to be healing organizations



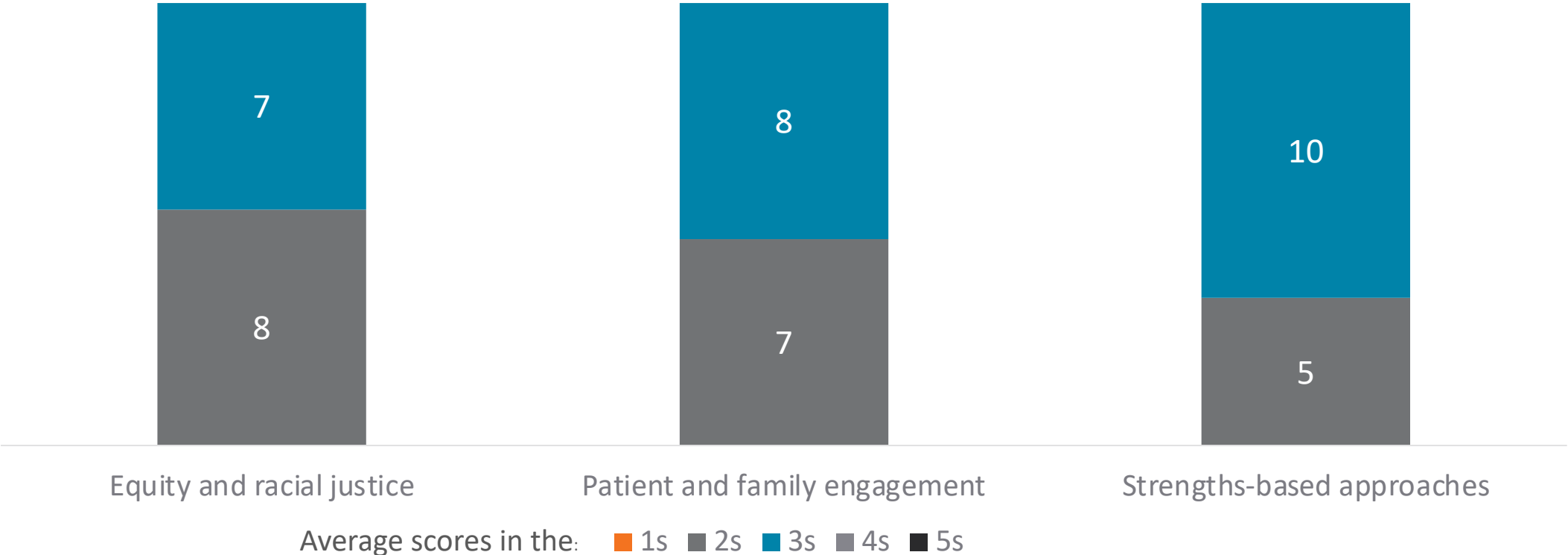
# On average, teams' ratings related to practices in the four RBN domains clustered around 2 and 3 (medium/variable levels or less)

Program domains average score distribution (# of teams)



On average, practices related to the three cross-cutting themes were rated about medium or variable (3.0).

Cross-cutting themes average score distribution (#of teams)





## Wrap up

- Your organization's reports
- Cohort-wide report by the end of April
- Follow-up assessments in 2022 and 2023

## Contact Us

Feel free to reach out to us directly with any questions or concerns.

Lisa Schafer at [lisa.m.schafer@kp.org](mailto:lisa.m.schafer@kp.org)

Monika Sanchez at [monika.a.sanchez@kp.org](mailto:monika.a.sanchez@kp.org)

# Storyboard Breakout Discussions

Find your team name and add the number to the front of your name (i.e. 10. Jessica Moore, PHC) for the break out room.

1 Alameda Health System

2 Alliance Medical Center

3 Bay Area Community Health

4 Children's Health Center  
Zuckerberg San Francisco  
General Hospital

5 Community Medical Centers

6 LifeLong Medical Care

7 Marin City Health &  
Wellness Center

8 Marin Community Clinics

9 North East Medical Services

10 Petaluma Health Center

11 South of Market Health  
Center

12 San Mateo County Health  
San Mateo Medical Center

13 Santa Rosa Community  
Health

14 School Health Clinics of  
Santa Clara County

15 UCSF Benioff Children's  
Hospital Oakland

n/a If you're a guest, no need to  
rename yourself.

*If you called in, please be sure to link your video with your phone.*

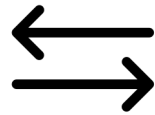


# Activity Goals & Tips

The intention of the storyboard sessions is **share** about your team's lessons learned and **hear** about what other teams have been working on.



Your team will be placed into a breakout room with **two or three other teams**, a facilitator, and possibly another program partner.



Your teams' slides have been uploaded to a google doc and your facilitator will share their screen and your slides. Your team will have about **7 minutes to share**.



You'll have the opportunity to **ask questions** after each presentation.



**Turn your webcam on** so you can associate names to faces and connect with others in the cohort.



# Cohort Breakouts

## Breakout Group #A

Facilitated by: Dayna  
Partner: Monika

- Bay Area Community Health
- Community Medical Centers
- Santa Rosa Community Health
- School Health Clinics of Santa Clara County

## Breakout Group #B

Facilitated by: Irene  
Partner: Lisa

- Alliance Medical Centers
- Marin City Health and Wellness Center
- Marin Community Clinics
- South of Market Health Center

## Breakout Group #C

Facilitated by: Ken  
Partner: Nikki

- Alameda Health System
- Children's Health Center
- Zuckerberg SF General
- San Mateo Medical Center
- UCSF Benioff Children's Hospital

## Breakout Group #D

Facilitated by: Leena  
Partner: Alexis

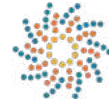
- LifeLong Medical Care
- North East Medical Services
- Petaluma Health Center



# Breakout Room Prompts



What did your team learn from doing the current state activities?



How is your team thinking about centering equity and racial justice in your RBN work?



What would your team like to accomplish in the first year of RBN?

# Debrief: Storyboard Breakout Discussions

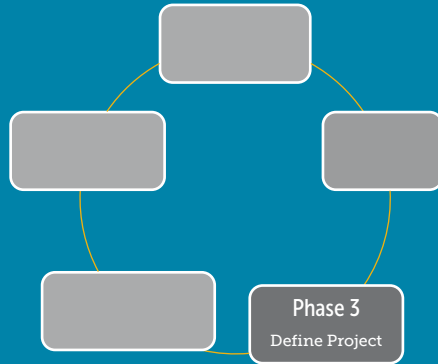
- 1 Take the next minute to gather your thoughts & reflect on your key takeaways
- 2 In the chat box, share 2-3 takeaways
- 3 Take the next minute to read your peers comments in the chat



# Phase 3: Define Project

*What is the ideal state? How will we know if we are making progress?*

April – May 2021



The goal of this stage is to **chart your team's course** by setting goals and defining a measurement strategy.

The activities in this phase use what you learned from understanding your current state to help your team envision the ideal state. Your team will develop its roadmap for making progress toward where you want to be.

## Assignments

### Submit 1st Quarterly Report

This quarterly report is meant to check the pulse of how the program is going so far for your team, what you are most proud of, what challenges you are facing, and your experience of key program elements. Submit by filling out [this form](#) by EOD Thursday, April 15<sup>th</sup>.

### Develop a Project Roadmap

The RBN roadmap is a single, brief, and descriptive communication document that can be shared across your organization as the north star for your team's work in RBN. A template and examples will be shared by email to the team leads and in the April Newsletter. Post your team's roadmap to the RBN club by Friday, May 28<sup>th</sup>.

# Important Dates & Timelines

Roadmap  
Office  
Hours

April 23

Roadmap  
Office  
Hours

April 30

Virtual  
Learning  
Session 3

May 13



# Poll

## Experience

On a scale of 1-5, please select the number below that best represents your overall experience with today's session:

- 5 - Excellent
- 4 - Very Good
- 3 - Good
- 2 - Fair
- 1 - Poor

## Use of Time

Please select the number below that best represents your response to the statement:  
Today's session was a valuable use of my time.

- 5 - Excellent
- 4 - Very Good
- 3 - Good
- 2 - Fair
- 1 - Poor



# Thank you!

For questions contact:



**Alexis Wielunski**

(she/her/hers)

**Program Manager**

[alexis@careinnovations.org](mailto:alexis@careinnovations.org)



**Nikki Navarrete**

(she/her/hers)

**Senior Program Coordinator**

[nikki@careinnovations.org](mailto:nikki@careinnovations.org)