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A Member of the Roche Group

**RESILIENT
BEGINNINGS
COLLABORATIVE**
TIC Virtual Call
July 25, 2018

Our Program Team



Veenu Aulakh,
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Reminders

1. Everyone is unmuted.

- Press *6 to mute yourself and *7 to unmute.

2. Remember to chat in questions!

3. The virtual session is being recorded and will be posted on RBC Portal and sent out via email.



Please fill
out the
post call
survey!



Today's Agenda

- Hear from Jen Leland from Trauma Transformed about next steps for **communicating about and operationalizing** the training;
- Learn some practical tips and guidance from **Joyce Dorado from ZSFGH** about the benefits of having whole clinics and hospitals receive foundational TIC trainings and how this training can support organizational change;
- Hear **updates from your colleagues** about the approach they are taking within their organizations;
- And answer any **remaining questions** you might have.

RESILIENT BEGINNINGS COLLABORATIVE

A 24-month learning program dedicated to addressing childhood adversity in pediatric safety net care settings.

Phase 1: Deepen Trauma-Informed Organizational Practices

Goal of organization-wide, all staff training:
to create a trauma-informed system of care to ensure a foundational understanding of:

- Clinical impact of trauma and adversity on children and their families.
- Building a trauma-informed organizational culture to support enduring clinical integration of trauma-informed practices.
- Understanding the core elements for integration of trauma-informed practices into clinical settings (i.e. patient engagement, training of non-clinical staff, leadership buy-in).



ABOUT TRAUMA TRANSFORMED

*“For human services, practitioners
are the interventions.”*

-Fixsen, Dean



MISSION: Bay Area communities working together to change the way we understand, respond to, and heal trauma.

VISION: We seek to foster healthy, resilient, and safe communities through trustworthy, compassionate and coordinated public systems.

TRAUMA INFORMED VALUES:

- Understanding trauma and stress
- Compassion and dependability
- Safety and stability
- Collaboration and empowerment
- Cultural humility and responsiveness
- Resilience and recovery

RESILIENT BEGINNINGS 101

The Resilient Beginnings Foundational Training is designed for **whole organizational learning** and **delivery** as part of Phase One activities

FOCUS OF TRAINING

- To develop a shared understanding and language about early adversity, stress, and trauma and healing
- To learn guiding principles and practical tools to support building cultures of resilience in our organizations and communities.

RESILIENT BEGINNINGS 101

Common Language:

Definitions and Concepts

1. Understanding ACES, Stress, Trauma and Resilience
2. Attachment, Early Adversity and Protective Factors – Individual
3. Principles, Practices and PICC -- Organizational

Common Practices:

Tools and Take-Aways

1. Diaphragmatic Breathing (self-regulation)
2. CAPPD (Voice & choice)
3. PEARLS (Co-regulation)
4. PICC Examples

TOOLS AND TRAINING SUPPORT MATERIALS

- Save the Date Flyer Template
- Email template for leadership to customize and send out pre—and post trainings
- Planning calls
- Trauma Transformed will bring handouts, Quick Tool Cards, and resources for take-away table

RESILIENT BEGINNINGS 101

SAVE THE DATE--AUGUST 28, 2018



GOALS FOR RESILIENT BEGINNINGS TRAINING:

- To develop a shared understanding and language about early adversity, stress, and trauma.
- To learn guiding principles and practical tools to support building cultures of resilience in our organizations and communities.

Location: Ravenswood Family Health Center

Time: August 28, 2018, 8am-10am

IDEAL TRAINING COMPONENTS

Interdisciplinary
teams

Between 40-80 ppl

Prime,
Pre-register &
Post-evaluate

Facility/room with
tables

*Classroom style or round
tops of 6-10*

Mix of leadership
and staff

PHASE ONE: ORGANIZATIONAL LEARNING

Each organization will host the training onsite for all staff, and secure training space, protect time for staff to be trained, and work with the trainers to set dates and times for the training. CCI will cover the costs of the training.

The expectation is that all staff will be trained **within the first six months** of the program but trainings can be **split across different days** to accommodate all staff.

The training is expected to **last two hours**, with an additional session geared toward organizational leadership.

CCI is committed to working with organizations in the program to **ensure this training model is feasible given organizational constraints** (i.e. size of the organization, different sites, union contract concerns, etc).



Joyce Dorado, Ph.D

Director and Co-Founder, UCSF HEARTS
(Healthy Environments and Response to
Trauma in Schools)

Lead Curriculum Developer, SFDPH Trauma
Informed Systems Initiative

Clinical Professor, Division of Infant, Child,
and Adolescent Psychiatry

University of California, San Francisco -
Zuckerberg San Francisco General Hospital

Team Sharing



Where are you **in your process** of scheduling, communicating about, and operationalizing the TIC training?



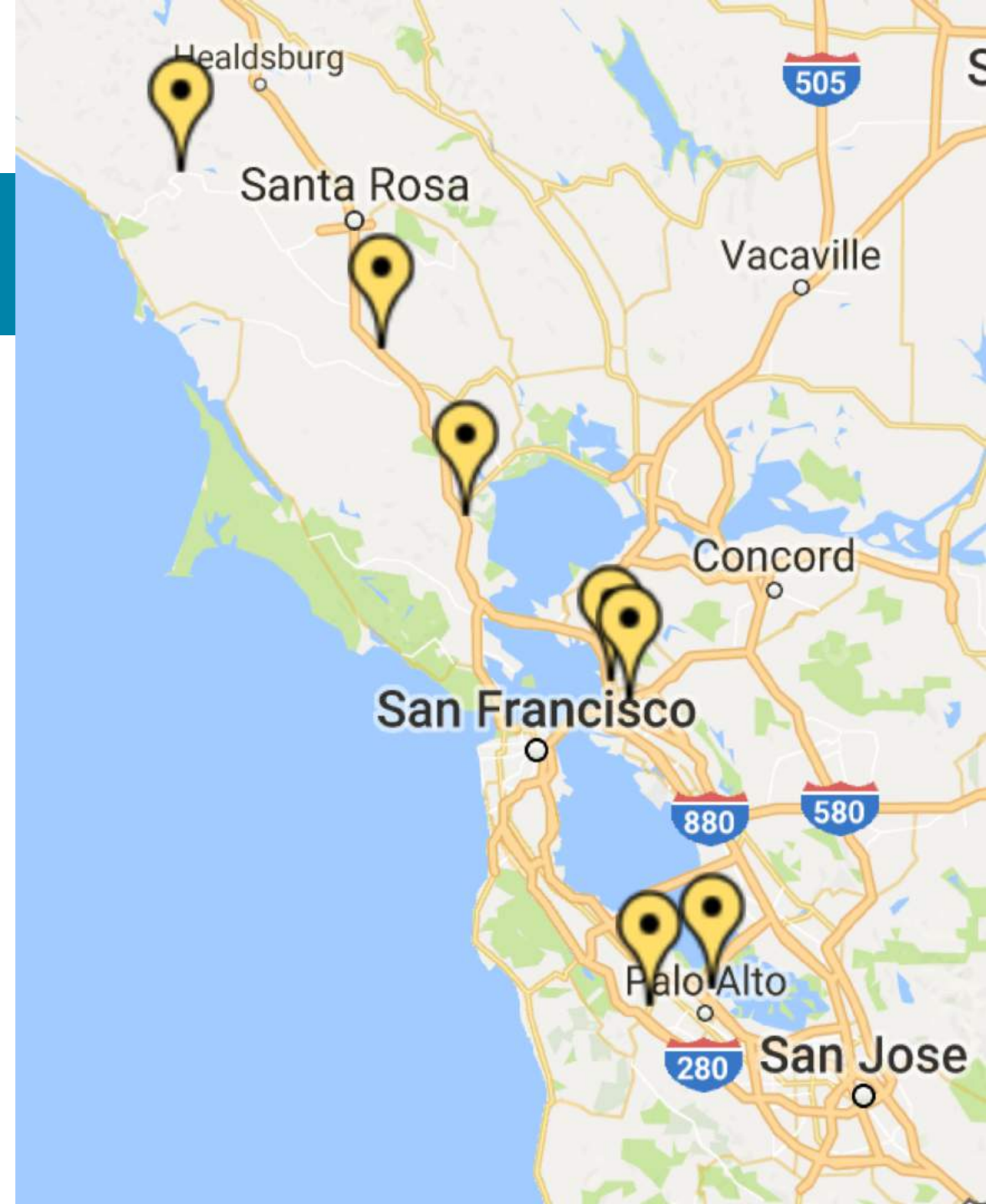
What **challenges** are you encountering?
What **successes** have you achieved?



What **questions** do you have for T2 or the group?

RBC Cohort

1. UCSF Benioff Children's Hospital Oakland
2. San Mateo County Health System
3. Marin Community Clinics
4. LifeLong Medical Care
5. Ravenswood Family Health Center
6. Petaluma Health Center Inc.
7. West County Health Centers



Key Questions

Are you interested in having Genentech **document organizational changes**, for example, taking photos and/or conducting interviews at your TIC?

How can we best support **leadership buy-in** at your organizations?

1. Have Larry or another leader come and meet with leaders 1:1
2. Host virtual call with T2 & others
3. Host on-site session with T2
4. Something else?



CCI

CENTER FOR CARE
INNOVATIONS

Other Questions?



Thank you!

For questions contact:

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