



Rural Health Clinics





Our Medication Assisted Treatment Team

Pictured from left: Dr. Joseph Schad, DO, Shari Warndorf, LVN (1.0 FTE), Cheyenne Bakker, NA (1.0 FTE)
Lindsey Morrison, RN Care Coordinator
Dena Cunningham, LVN (1.0 FTE), Laura Rosales, NA (1.0 FTE), Elizabeth McGee, DNP, AGNP, PMHNP (1.0 FTE)
Not pictured: Lisette Brown, RN, CCO, Shawn Rader, MA RHC Manager

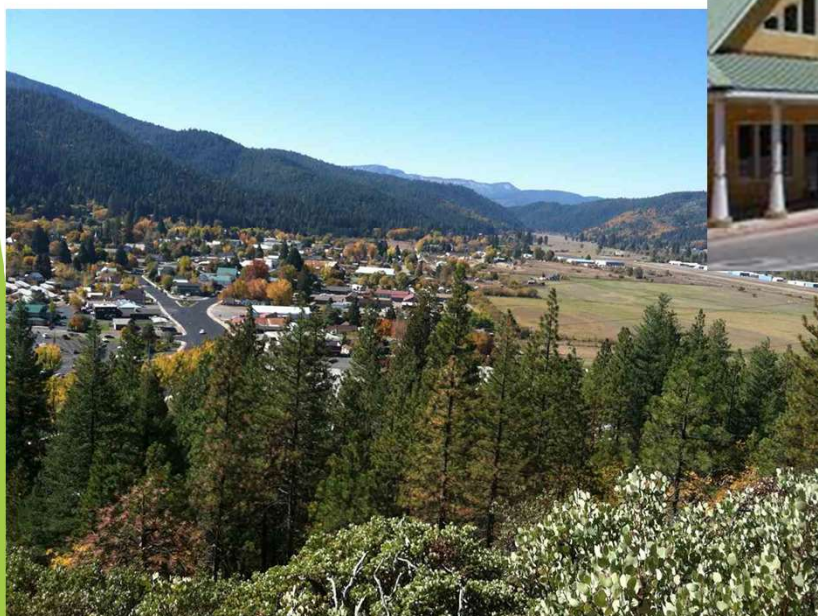
Our Community: Plumas County and Quincy

Very Rural: Population of the County 19,043 (26% Urban and 74% Rural)
Population Density: 7 people per square mile
White Non-Hispanic Race predominantly - 83.2% of the population
Median resident age: 52.3 years (compared to California at 36.4 years)

Three hospitals in the County with
corresponding Clinic sites



Quincy
Population:
4,217





▶ CURRENT STATE:

- ▶ Office Based (OBOT)
- ▶ Within the Provider's Family Practice
- ▶ Fully integrated into the Clinic setting
- ▶ Both home and in-clinic inductions
- ▶ Two waived Providers
- ▶ 28 patients provided with treatment in the last 6 months
 - ▶ Additional patients assisted in treatment through the Hub and Spoke Grant facilitated by PHD: 7

▶ GOALS:

- ▶ Streamline and standardize our Program
- ▶ Improve and expand our Behavioral Health services in our clinics
- ▶ Create a sustainable program while expanding to serve a bigger population of patients more efficiently



Capability Assessment

- Training on SUD and treatment
- Empathy and stigma related to patients who are experiencing SUD
- Universal screenings and referrals for patients



- Policies, procedures, workflows and forms in place
- Program is fully integrated into general clinic space and routine operations
- Use of CURES and urine drug screening is routine



We have laid a strong foundation for our program

3. What worked well about today's visit? I showed up.

3. What worked well about today's visit? I was listened to

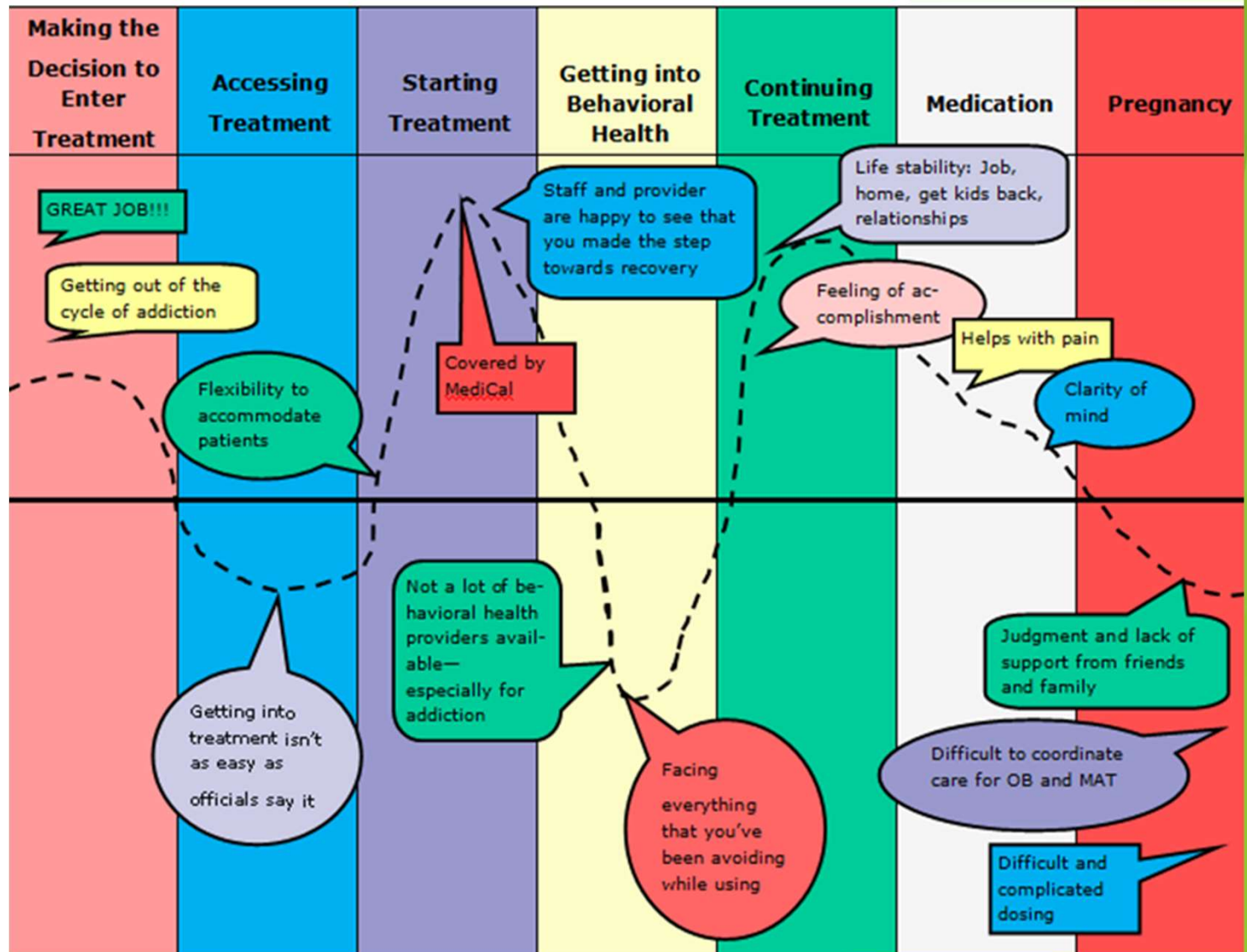
1. If you have ever received care at a program that specialized in addiction (such as a residential rehab, detox, or outpatient program): What is different about getting care for addiction here in a general medical setting? What things are better? Not better? Confidentiality

2. How did the people who work here make you feel about being here? welcomed, not judged. excellent staff and doctors

4. What did you like least about today's visit? that I wished it would have been more time. Dr. McGee had more time.

Patient Interviews, Journey Mapping and Staff Discussions

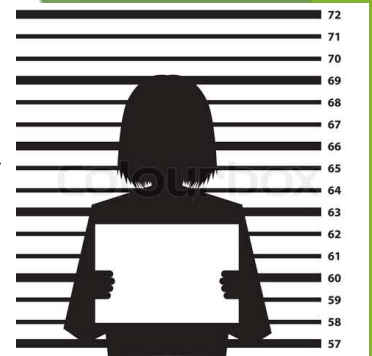
Current State Assessment Journey Map





- Patient retention
- Co-occurring substance use disorders
- Transportation
- Access to behavioral health
- Prescription costs

Incarcerated patients
and retention after
release



Pregnancy and use of buprenorphine



What Help Can We Provide? (Advice/Guidance/Tools for Others)

- Coordination of efforts between facilities and other agencies throughout Plumas County
- Strong network of support throughout the facility to provide services
- Standardized set of policy and protocols to guide our care



Here to help