



March 23, 2021

 KAISER PERMANENTE®

PHASE

PREVENTING HEART ATTACKS
& STROKES EVERY DAY



Preventing Heart Attack and Stroke for Everyone

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Ginger Manss, Chief Nursing Officer

Denise Armstorff, Coach

“Follow up with me more on required yearly lab work. I’m not good about getting to the lab when I should.”

**Desired Future:
Reduced morbidity rate
in the PHASE population,
regardless of
race/ethnicity.**

A1c Control

BP Control

Medication Therapy

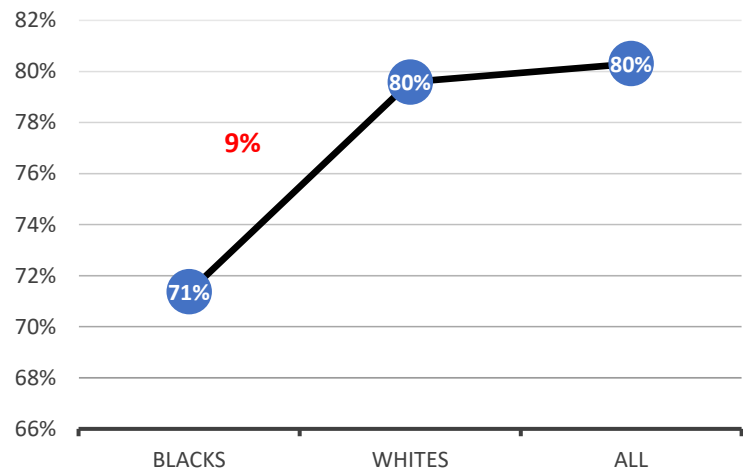
Why This is not Currently Possible

Disparities at a Glance

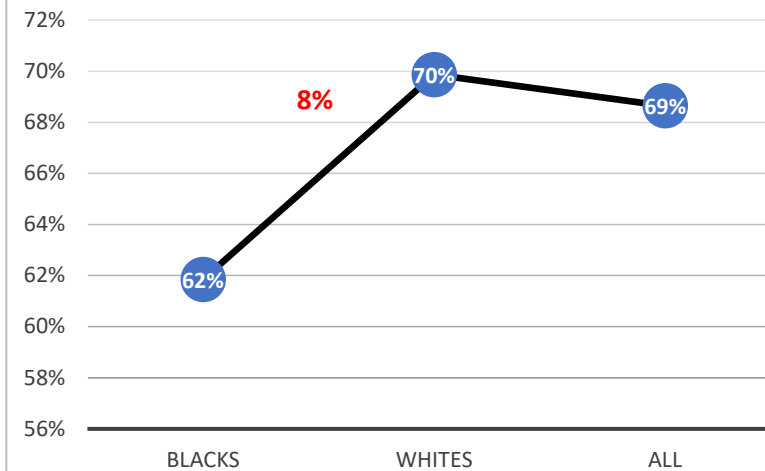
June 2020

Effects of Health Disparities

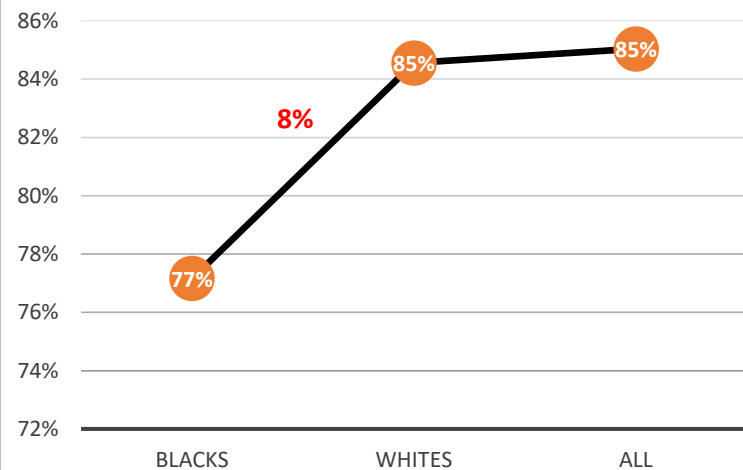
ACEs & ARBs



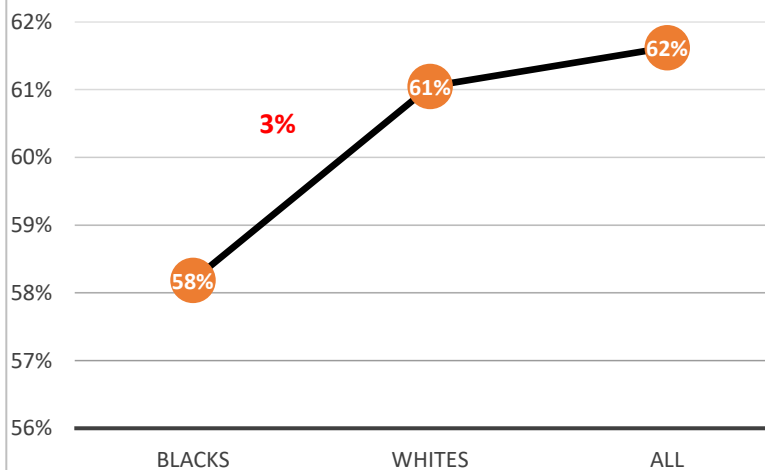
Controlling High BP



A1c Testing



A1c Control



[Things Tried, & Lessons Learned...]

“Keeping me accountable for my blood sugars. I am told that I feel the way that I feel due to my blood sugars being so out of control.”

[Drive-Thru High Risk COVID Clinic, Nurse Led]

Without ever leaving their vehicle,
patients in 15 minutes or less
were able to

1. Obtain an actionable A1c reading
2. Engage with Nursing for a BP check and brief education on At-home monitoring
3. Test for COVID
4. Complete a PHQ-9

[Activities We will Keep Doing]

1. Developing innovative ways to meet the patient where they are
2. Advocating for A1c point of care testing in areas with limited lab access
3. Utilizing Nursing staff for management of Hypertension

Thanks to Maggie Partida-Moreno, LVN CMC Vacaville

Other Possibilities

“Follow up with me for my appointments. I need reminders or I will forget.”



PREVENTION AND
EDUCATION



PATIENT ENGAGEMENT



COMMUNITY
PARTNERSHIPS

Benefits of Reduced Mortality

Patients and families benefit from improved health and decreased mortality

Staff benefit from the reduction in workload due to having a healthy patient population and incentives received for achieving goals

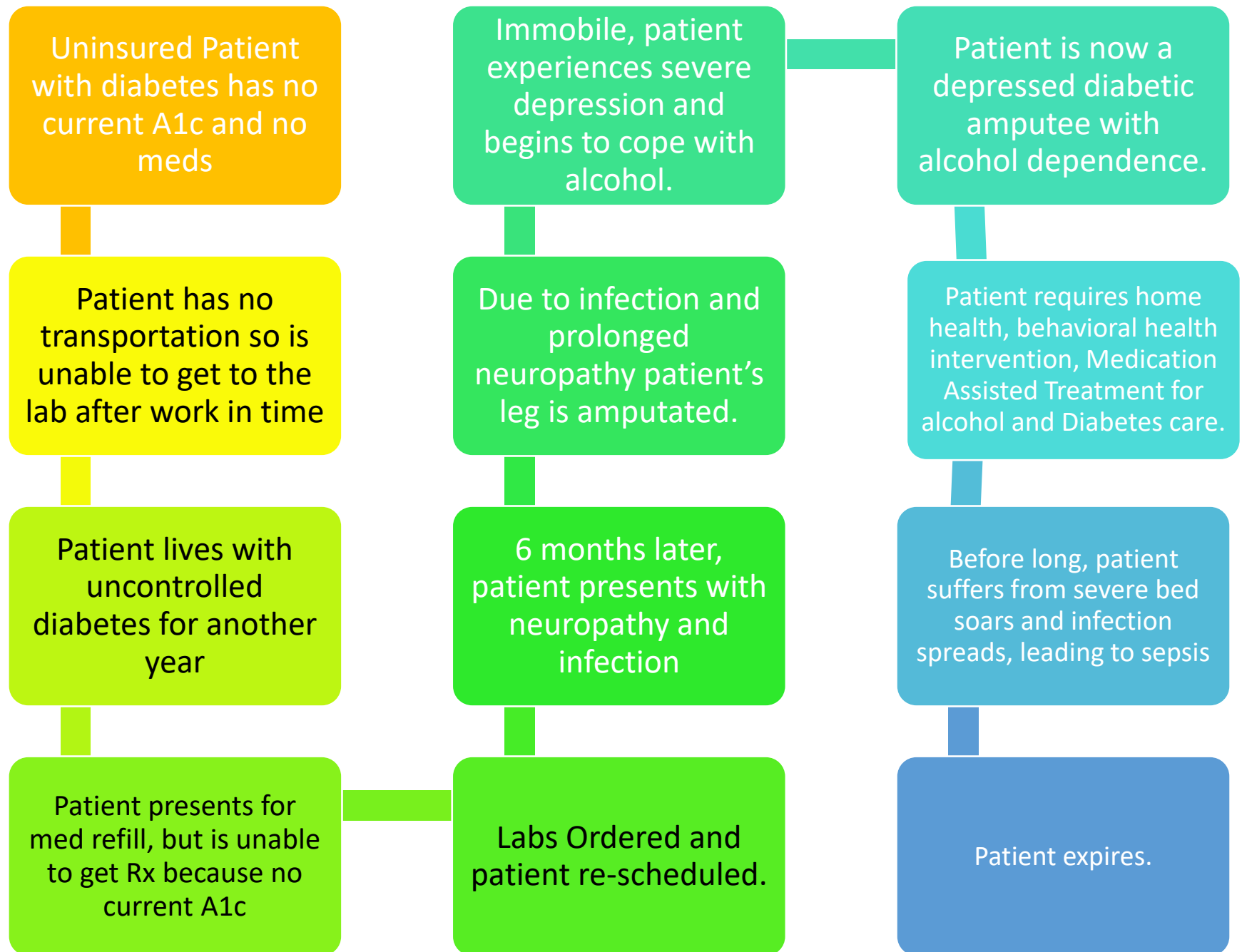
Providers feel like they are making a difference, increased morale and motivation

Organization benefits from the \$\$ attached to achieving desired health outcomes for its patient populations

Community benefits from the improved health and mobility of residents, boosting commerce and participation in community events

Globally reducing the economic burden that being chronically ill has on society

[If We Don't Move Forward with Point of Care Testing]



[What We Need from Our Leaders to Make it Happen]

CEO

We ask that you adjust our “branding”, so it represents *all* members of the community not just the majority.

CMO

We need more Black Physicians. We need discussions with educators and the Medical Society around how to encourage black students into becoming doctors and making people aware of the financial assistance that is available to them to do so. We also need you to allow clinic staff to use the A1c machines.

Lab Services Director

We need to continue using A1c analyzers for identified locations that otherwise have no lab access in order to provide adequate and appropriate care for our high-risk economically disadvantaged populations.



Thank you for your time!

Anuit AlBahar, Quality Improvement Coordinator

Alyssa Alvarez, Director of Quality Improvement

SPECIAL THANKS TO:

Maggie Partida-Moreno, LVN CMC Vacaville

Ginger Manss, Chief Nursing Officer

Denise Armstorff, Coach

“Appointment reminders from my case manager and check-in phone calls; want to feel like somebody “gives a damn”.”