Population Health Management Strategies to Improve Cardiovascular and Diabetic Health Outcomes

Community Clinic Association of Los Angeles County

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Population Health Management Strategies to Improve Cardiovascular and Diabetic Health Outcomes
Our Desired Future for TC3

By December 31, 2022, we will improve the health of patients in our member organizations as evidenced by:

1) Increasing controlled hypertension from 64% to 70%.

2) Decreasing uncontrolled HbA1c from 37% to 32%.
Why is it not possible?

- Compiling accurate data this past year
- Reimbursement, Revenue Capture (UDS, HEDIS)
- Limited Resources (Funding and Staffing)
- Health Center Staff Shortage and Burnout
Learnings that will Inform our Desired Future

Bright Spots

- Providers and staff quickly adapted to technology-enhanced solutions
- Benefits of rapid PDSA cycles
- Patient-centered teams: patient-care navigators and RNs made invaluable connections with patients

Activities We Will Keep Doing Based on Learnings

- Telehealth program expansion - TeleVideo visits, Remote Patient Monitoring Tools (RPM)
- Provide technical assistance to health centers through toolkits, webinars, and workflows
- Advocate for telehealth reimbursement
What Else is Possible?

1. Improving infrastructure to capture data
2. Utilizing non-clinical staff for expansion of RPM tools and programs
3. Expanding access to care: telehealth, in-person and telephonic visits
Benefits of Achieving Desired Future

- Enhanced access to care through different modes of delivery
- Access to actionable data and insights
- Improved quality of life for patients
- Move towards value-based care
Challenges if We Don’t Move Forward with Solution

• Poor outcomes for patients with chronic disease (Diabetes, Hypertension etc.).

• Lower reimbursements for Health Centers (P4P, QI awards other incentives)

• Lack of data to support resource acquisition.
What We Need from Our Leaders to Make it Happen

- Dedicated staff time to support activities such as Telehealth, Remote Patient Monitoring (.5 FTE)

- Future funding support from funders- Program development/implementation/ Evaluation; RPM devices, Technical Assistance

- Engage with CCALAC Board of Directors and other community stakeholders – Solicit Feedback
Thank you for your time!

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