



Population Health Management Strategies to Improve Cardiovascular and Diabetic Health Outcomes

Community Clinic Association of Los Angeles County

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Our Desired Future for TC3

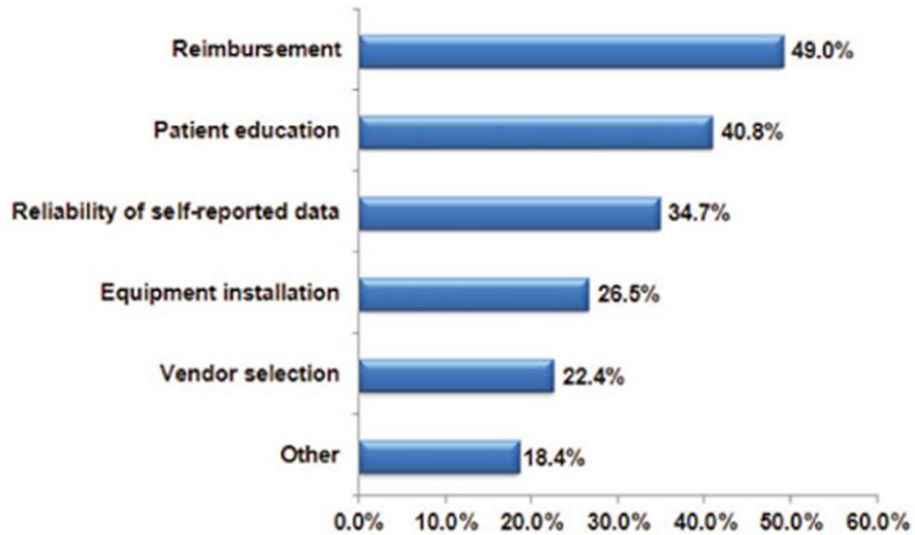


By December 31, 2022, we will improve the health of patients in our member organizations as evidenced by:

- 1) Increasing controlled hypertension from 64% to 70%.**
- 2) Decreasing uncontrolled HbA1c from 37% to 32%.**

Why is it not possible?

What are the key challenges of remote monitoring?



Source: 2014 Healthcare Benchmarks: Remote Patient Monitoring
May 2014

- Compiling accurate data this past year
- Reimbursement, Revenue Capture (UDS, HEDIS)
- Limited Resources (Funding and Staffing)
- Health Center Staff Shortage and Burnout

Learnings that will Inform our Desired Future

Bright Spots

- Providers and staff **quickly adapted** to technology-enhanced solutions
- **Benefits of rapid PDSA cycles**
- **Patient-centered teams:** patient-care navigators and RNs made invaluable connections with patients

Activities We Will Keep Doing Based on Learnings

- **Telehealth program expansion-** TeleVideo visits, Remote Patient Monitoring Tools (RPM)
- Provide **technical assistance** to health centers through toolkits, webinars, and workflows
- **Advocate** for telehealth reimbursement



What Else is Possible?



1

Improving
infrastructure to
capture data

2

Utilizing **non-
clinical staff** for
expansion of RPM
tools and
programs

3

Expanding access
to care: telehealth,
in-person
and telephonic
visits

Benefits of Achieving Desired Future



Enhanced access to care through different modes of delivery



Access to actionable data and insights



Improved quality of life for patients



Move towards **value-based care**



Challenges if We Don't Move Forward with Solution

- Poor outcomes for patients with chronic disease (Diabetes, Hypertension etc.).
- Lower reimbursements for Health Centers (P4P, QI awards other incentives)
- Lack of data to support resource acquisition.

What We Need from Our Leaders to Make it Happen

- Dedicated staff time to support activities such as Telehealth, Remote Patient Monitoring (.5 FTE)
- Future funding support from funders- Program development/implementation/ Evaluation; RPM devices, Technical Assistance
- Engage with CCALAC Board of Directors and other community stakeholders – Solicit Feedback





Thank you for your time!

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