	Peer Wellness Coach	
Reports to: Day Program Coordinator/ VP of Recovery Services	Reviewed:	Revised: 07/2017
FLSA Status: Non-Exempt		

Summary: provides the *My Health, My Choice, My Life* initiative within the Cherokee Health Systems service areas to individuals who live with mental illness, substance use disorders and co-occurring disorders. The *My Health, My Choice, My Life* program consists of coaching activities as well as coordinating the implementation of health and wellness workshop.


Responsibilities: Include the following.

- Implements the goals in Mental Health Planning Regions 2 of the *My Health, My Choice, My Life* initiative of the Tennessee Department of Mental Health, Office of Consumer Wellness Programs as specified in the Peer Wellness Coach contract as part of the statewide goal to improve the physical health behaviors and physical health status of adult Tennesseans with mental illness, substance use disorders and co-occurring disorders.
- Completes the Chronic Disease Self-Management Program (CDSMP), Diabetes Self-Management Program (DSMP) Peer Wellness Coaching and other health and wellness initiatives training at a date and location to be determined.
- Delivers a variation of health and wellness programs and Peer Wellness Coaching to agency clients.
- Identifies participants who appear to need individualized assistance, whether due to cultural issues, reading difficulties, or disability, and provides the appropriate assistance.
- Provides resources and support to each program participant who identifies as not having an ongoing relationship with a primary care provider.
- Participates in a series of training sessions conducted Office of Consumer Wellness Programs on program evaluation and assessments.
- Administers the specified assessment tools.
- Adheres to the Certified Peer Specialist Code of Ethics.
- Participates in a monthly planning meeting with the Office of Consumer Wellness Programs.
- Participates in Quality Improvement (QI), Quality Assurance (QA) and Continuous Quality Improvement Activities (CQI) as appropriate.
- Other duties as assigned.

QUALIFICATIONS

Education & Experience:

Bachelor’s degree, a Certified Peer Specialist or ability to become certified within one (1) year of hire. Master’s degree, a Certified Peer Specialist preferred. Must be a person with lived experience with mental illness, substance use disorders and/or co-occurring disorders. Must demonstrate a personal commitment to a healthy lifestyle. Experience in providing trainings is desirable. Experience in providing social and recreation activities are desirable. Experience serving people with mental illness and/or co-occurring disorders is desirable.

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Communication Skills:

Must possess the ability to communicate verbally and non-verbally with clients, coworkers, and members of management. Excellent professional customer service skills required.

Computer Skills:

To perform this job successfully, an individual should have knowledge of Microsoft Office software (Word, Excel, etc).

Physical Demands:

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing the duties of this job, the employee is regularly required to sit; use hands to finger; handle or fell and talk to or hear. The employee is regularly to reach with hands and arms. The employee must occasionally lift and/or move up to 50 pounds. Specific vision abilities required by this job include close vision, distance vision, and ability to adjust focus. Hearing of normal and soft tones required.

Acknowledgement:

I hereby acknowledge that I have received a copy of my job description. I understand that it is my responsibility to review Cherokee Health Systems expectations with my supervisor.

Print Employee Name

Signature of Employee

Date