Addiction Treatment Starts Here: Learning Collaborative
Virtual Learning Session 3
Wednesday, June 29, 2022: 12 pm – 4 pm

Participant Objectives
By the end of this session, participants will have:

- Gained knowledge of important and timely topics to enhance MAT care for their patients, such as pain management and sublocade
- Practiced new skillsets that will create the best conditions for change and implementation of improved MAT care at their clinics, specifically:
  - Making plans for creating an environment free from stigma, racial bias, and stigmatizing mindsets and behaviors
  - Developing a compassionate leadership approach that inspires and motivates change and hardwires sustainability
  - Learning strategies for de-escalation
- Engaged in conversation with peers within their team as well as with other teams in the ATSH cohort, including invited guests from Addressing Behavioral Health Equity (ABHE) and HealthEfficient/Qual IT

Session Speakers
- Katie Bell, MSN, RN-BC, CARN, PHN, ATSH Coach
- Danny Contreras, SUDCC III-CS, Santa Cruz County HSA
- Ginny Eck, ATSH Coach
- Brian Hurley, MD, ATSH Coach
- Steven Hochman, MD, PhD, J WCH Institute
- Cyndee Lake, Blank Page
- Christina Lasich, MD, Mendocino Health Center
- Dominique McDowell, RLPS, SUDCC II, ATSH Coach
- Elizabeth Morrison, PhD, LCSW, EM Consulting
- Eboni Winford, PHD, MPH, Cherokee Health Systems

ATSH Staff
- Kristene Cristobal, Program Consultant
- Juan Carlos Piña, CCI Program Manager
- Briana Harris-Mills, CCI Program Manager
- Juliane Tomlin, CCI Program Director
- Lydia Zemmali, CCI Program Coordinator
Logistical instructions: Register and use custom link sent to your email to join the meeting. At the start of the session, once you’ve logged into Zoom:

- **Audio/visual connection:** Make sure you are logged in on both audio and visual. If you are calling in by phone, enter your participant ID (your ID is displayed at the top of your zoom screen). Do this by pressing #number# on your phone (ex: #24#)
- **Re-name yourself:** Please rename yourself so we know what organization you’re from (ex: Lydia (CCI)). Hover over your name in the participant list and click “Rename.”
- **Turn on your video:** If you have video capability, we’d love to see you.
# Learning Session Agenda: June 29, 2022

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>12:00 pm – 12:10 pm</td>
<td>Welcome, Introductions &amp; Grounding Exercise</td>
<td>Briana Harris-Mills</td>
<td>Review the agenda and objectives of the session.</td>
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<tr>
<td>12:10 pm – 12:55 pm</td>
<td>Equity &amp; SUD: Treatment &amp; Health Outcomes</td>
<td>Eboni Winford</td>
<td>Deepen your understanding and awareness of inequities in SUD health outcomes and their root causes. Investigate your individual role in centering equity.</td>
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<tr>
<td>12:55 pm – 2:10 pm</td>
<td>Bring Everyone on Board Through Compassionate Leadership</td>
<td>Cyndee Lake</td>
<td>Develop a compelling and compassionate case for change &amp; sustainability.</td>
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<tr>
<td>2:10 pm – 2:25 pm</td>
<td>Stretch Break</td>
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| 2:25 pm – 3:05 pm  | Breakout Sessions – Choose 1:                                          |                                                 | **Equity** – Eboni Winford, Dominique McDowell, Danny Contreras.  
  ○ Dive deeper into questions of equity in your clinic and care delivery approaches.                                                                                                                                                                                                                                                                         |
|                |                                                                         |                                                 | **Managing Chronic Pain & SUD** - Katie Bell, Christina Lasich, Brian Hurley (moderator)  
  ○ Assess, treat, and focus on functional goals with patients suffering from both chronic pain and SUD.                                                                                                                                                                                                                                                   |
|                |                                                                         |                                                 | **Developing Sublocade Treatment** – Ginny Eck, Steven Hochman  
  ○ Engage with sublocade treatment approaches and patient cases.                                                                                                                                                                                                                                                                                        |
| 3:05 pm – 3:50 pm  | De-escalation                                                           | Elizabeth Morrison                             | Explore and exercise de-escalation strategies for clinic settings.                                                                                                                                                                                                                                                                                             |
| 3:50 pm – 4:00 pm  | Closing & Next Steps                                                    | Lydia Zemmali                                   | Reflect and provide feedback on your experience in the session.                                                                                                                                                                                                                                                                                             |