

Engaging Our Patients to Build Resilience and Reduce Stigma

Virtual Learning Session 2

Wednesday, November 10, 2021: 12 pm – 4 pm

ADDICTION TREATMENT STARTS HERE: LEARNING COLLABORATIVE

Participant Objectives

By the end of this session, participants will have:

- Understood the challenges and strategies associated with treating SUD in an era of fentanyl;
- Discussed approaches to patient engagement and retention, harm reduction, and trauma-informed care during breakout groups;
- Spent time with your team to develop plans and next steps for content learned; and
- Connected with some new colleagues in the cohort.

Session Speakers

- Katie Bell, MSN, RN-BC, CARN, PHN, *ATSH Coach*
- Ginny Eck, *ATSH Coach*
- David Kan, MD, DFASAM, *Bright Heart Health*
- Dominique McDowell, RLPS, SUDCC II, *ATSH Coach*
- Emma Roberts, *National Harm Reduction Coalition*

ATSH Staff

- Meaghan Copeland, *CCI Program Manager*
- Kristene Cristobal, *Program Consultant*
- Juan Carlos Piña, *CCI Program Manager*
- Sonia Sedova, *CCI Senior Operations Coordinator*
- Juliane Tomlin, *CCI Senior Program Manager*
- Lydia Zemmali, *CCI Program Coordinator*

Logistical instructions: [Register](#) and use custom link sent to your email to join the meeting. At the start of the session, once you've logged into Zoom:

- **Audio/visual connection:** make sure you are logged in on both audio and visual. If you are calling in by phone, enter your participant ID (your ID is displayed at the top of your zoom screen). Do this by pressing #number# on your phone (ex: #24#)
 - **Re-name yourself:** please rename yourself so we know what organization you're from (ex: Lydia (CCI)). Hover over your name in the participant list and click "Rename."
 - **Turn on your video!:** if you have video capability, we'd love to see you.
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Learning Session Agenda: November 10, 2021

12:00 pm – 12:10 pm (10 minutes)	Welcome, Introductions & Grounding Exercise <i>Juan Carlos Piña</i> Review agenda and objectives of the session and participate in a warm-up activity.
12:10 pm – 1:25 pm (75 minutes)	Plenary: Medications for Opioid Use Disorder in an Era of Fentanyl <i>David Kan</i> Explore the pharmacology and facts about fentanyl, as well as success strategies for initiating medication treatment. Share your challenges with treating fentanyl use and ask your questions. Then, in breakouts, brainstorm ideas to test about how your team can improve management of OUD treatment with fentanyl, and develop a draft PDSA.
1:25 pm – 1:35 pm (10 minutes)	Stretch Break <i>Sonia Sedova</i> Join a guided stretch break and take time to recharge.
1:35 pm – 1:45 pm (10 minutes)	Connecting with Your Cohort Part 1 (Breakouts) <i>Juan Carlos Piña</i> Have fun meeting some of your colleagues in the cohort.
1:45 pm – 2:15 pm (30 minutes)	Patient Retention and Engagement <i>Ginny Eck and Dominique McDowell</i> Discuss important strategies for engaging patients by building trust, knowing your patients, improving clinic culture and more.
2:15 pm – 2:35 pm (20 minutes)	Connecting with Your Cohort Part 2 (Breakouts) <i>Juan Carlos Piña</i> Share a challenge and discuss strategies with a few of your colleagues in the cohort.
2:35 pm – 2:40 pm (5 minutes)	Stretch Break <i>Sonia Sedova</i> Join a guided stretch break and take time to recharge.

Learning Session Agenda Continued

Breakout Sessions – Choose 1:

2:40 pm – 3:25 pm
(45 minutes)

- **Foundations of Harm Reduction – *Emma Roberts*** – Learn about the fundamentals of harm reduction and how to apply strategies to your MAT work to reduce stigma.
- **Cultivating Resilience: Connecting the Dots for Trauma-Informed MAT Care – *Katie Bell*** – Engage in discussion about ways that resilience shows up in different cultural spaces and how you can offer a resilience and trauma-informed recovery environment for patients.

3:25 pm – 3:55 pm
(30 minutes)

Team Time (Breakouts)

Kristene Cristobal

In breakouts with your team, build out a PDSA around one change concept to test and iterate over the next month.

3:55 pm – 4:00 pm
(5 minutes)

Wrap-Up & Next Steps

Juan Carlos Piña

Provide feedback on your experience with today's session. Mark your calendars for upcoming activities!
