

Women's Health Center

A Partnership Between Downtown Women's Center and JWCH in Los Angeles, CA



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Program Director
at JWCH
Institute, Inc.



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OUR MISSION

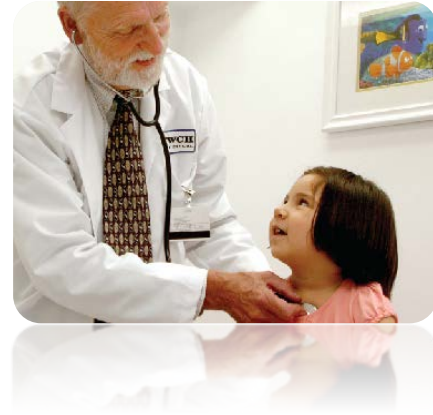
Our mission is **“to improve the health status of underserved segments of the population of Los Angeles Area through the direct provision or coordination of health care, health education services and research.”**



OUR SERVICES

We provide a full continuum of care for the men, women and children in Los Angeles County.

- **Primary Medical Care**
- **Behavioral Health Care**
- **Reproductive Health**
- **Pediatrics**
- **STD / HIV Testing, Treatment and Prevention**
- **Optometry**
- **Dental /Oral Health Care**
- **Radiology / X-Ray**
- **Pharmacy and Laboratory Services**





MORE THAN PRIMARY CARE SERVICES

- Homeless Health Care
- Substance Abuse Services
- Recuperative Care Services
- Supportive Housing
- Enrollment Assistance
- Transportation
- Reproductive Awareness Program for Teens (RAP)
- Extensive HIV Testing services located in 11 men's club



DWC Programs & Services

DWC is nationally recognized as a prototype for unique and effective programs serving homeless women and ending homelessness. DWC serves over 3,000 women every year.



DROP-IN DAY CENTER

- Services: Meals, showers, phones & mail
- Trauma Recovery Center



CLINICAL HEALTH SERVICES

- Case management, mental health & medical services



HOUSING

- 119 units of permanent supportive housing
- Community Based Housing for survivors of Domestic Violence, Veterans, and utilizers of County Health Services



PERSONAL & FINANCIAL OPPORTUNITY

- Education, skill development, on-the-job training & transitional jobs
- Competitive job placement





Leading from Within



- Building our partnership
- Growing our relationship





Leading Together

- Trust
- Teamwork
- Collaboration with the patients served





Leading Together--Beyond Primary Health Care

- Transportation
- In Home Supportive Services
- Medications education/management
- Education about Managed Care/Primary Care Physicians
- Coordination among multiple doctors
- Healthy Food
- Apply for benefits: SSI, Medi-Cal, Medicare, and Food Stamps
- Health workshops and exercise classes
- Falls prevention classes
- End of life planning and care
- Proactive engagement in hospital discharge planning
- Chronic disease self-management interventions
- Involvement in systems change and innovation





Leading for Outcomes

2017 Impact

- 905 women received health services at DWC
- 258 seen in Women's Health Clinic, through 990 clinic visits
- 83 received mammograms
- 380 women received mental health counseling



Leading Together---Women for Wellness Program



Leading Together--- DiaBEATit! Walking Group

The Women for Wellness Program is here!

This program starts on October 1, 2015 and ends on September 30, 2016!
This program is for **ALL WOMEN** who want to prevent diabetes or manage diabetes!

Join this program if you want to:

- Win PRIZES for attending DWC's fitness classes, health education workshops, and free screenings!
- Learn about the risk factors for getting diabetes
- Be a part of a women's support group to stay healthy
- Receive 1:1 support from staff



Interested in joining? Attend 1 session to enroll!

Wednesday, January 6th: 9:30-10am in the Garden Room

Wednesday, January 13th: 9:30-10am in the Garden Room

Wednesday, January 20th: 9:30-10am in the Garden Room

Wednesday, January 27th: 9:30-10am in the Garden Room

Address: 442 S. San Pedro. St. Los Angeles, CA 90013

Please contact Stephanie Chen, Health Program Specialist:
213-223-2907 or stephaniec@downtownwomenscenter.org



DIABETES

¡Toma control de su salud!

Con Sabor Latino

Si usted se inscribe en este programa puede:
¡Ganar premios por asistir a las clases!

¡Este programa es para todas las mujeres que quiere prevenir o mantener su diabetes!

Obtenga más información sobre los factores de riesgo en desarrollar diabetes.
Sea parte de uno de los grupos de apoyo de mujeres para mantenerse saludable.

¡Este program empieza el 13 de Enero, 2016 y termina el 20 de Abril, 2016!
Miércoles, 11 am-11:45 pm en el Garden Room de DWC

Direccion: 442 S. San Pedro. St. Los Angeles, CA 90013

Para más información, por favor comuníquese con
Stephanie Pozuelos: (213-223-2907 o stephaniep@downtownwomenscenter.org)



DiaBEATit! Walking Group

Want to increase your energy and lower your stress while making new friends?
Join the DiaBEATit! Women's Walking Group program!

WEEK 7 - Thursday 10/27 9:30-11:30am

You're invited to join us in Gladys Park to check out the health fair!
FREE preventative screenings! Fun presentations! FREE giveaways!

WEEK 8 - Thursday 11/3 from 9:30-11:30am

Walk with us to the City Hall Farmer's Market to shop for some fresh food!
Celebrate the program with a party! FREE food, drinks, and prizes!

Walking group leaves at 9:30am from the Downtown Women's Center, and returns by 11:30am to the Downtown Women's Center.

For more info, contact: Stephanie Chen, (213) 223-2903, StephanieC@downtownwomenscenter.org

Community Partners: Champion for Change, Cooking Laboratory, Downtown Women's Center, 7 Am. Wellness Center, 4000+ Health, Los Angeles Children's Health Center, Los Angeles Community Action Network, Los Angeles Department of Public Health/Office of Women's Health, LA Care, Los Angeles County Department of Social Services, Los Angeles Food Policy Council, Partners in Care Foundation, United Healthcare Partners.

Made possible by support from the Robert Wood Johnson Foundation

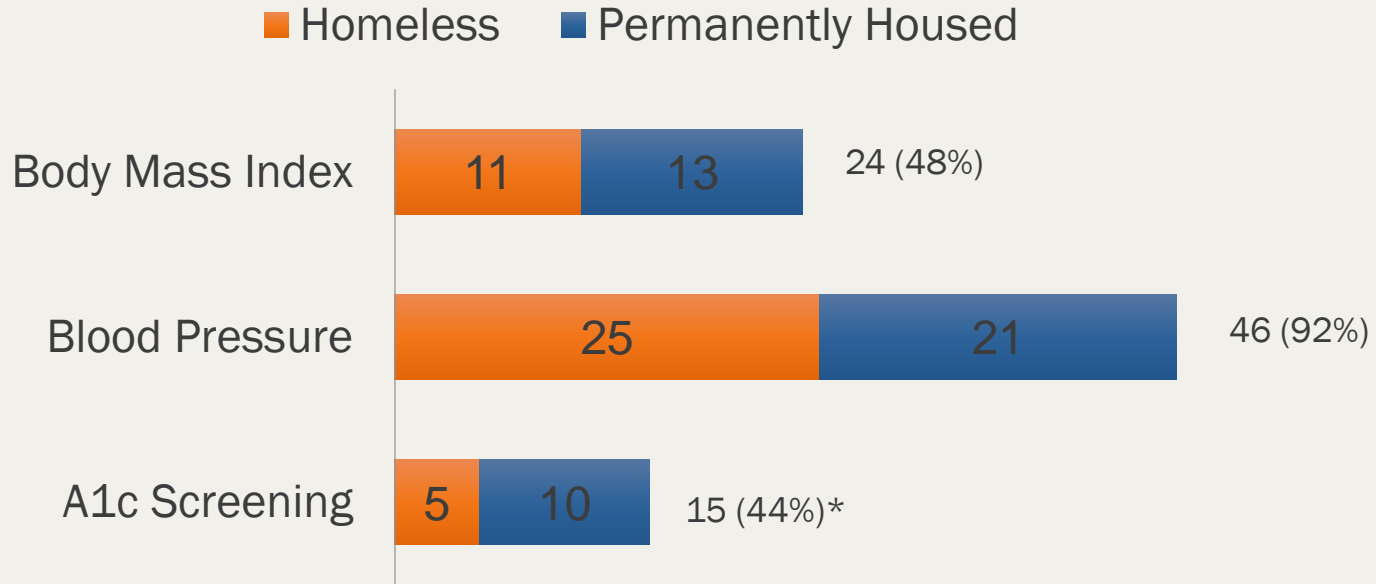




Leading for Outcomes—Women for Wellness



Screenings (Improvement from Baseline)



(*) Percentage based on number of participants who completed the A1c screening at baseline and 1-year (N=34)



100M Healthier Lives Common Questionnaire Outcomes



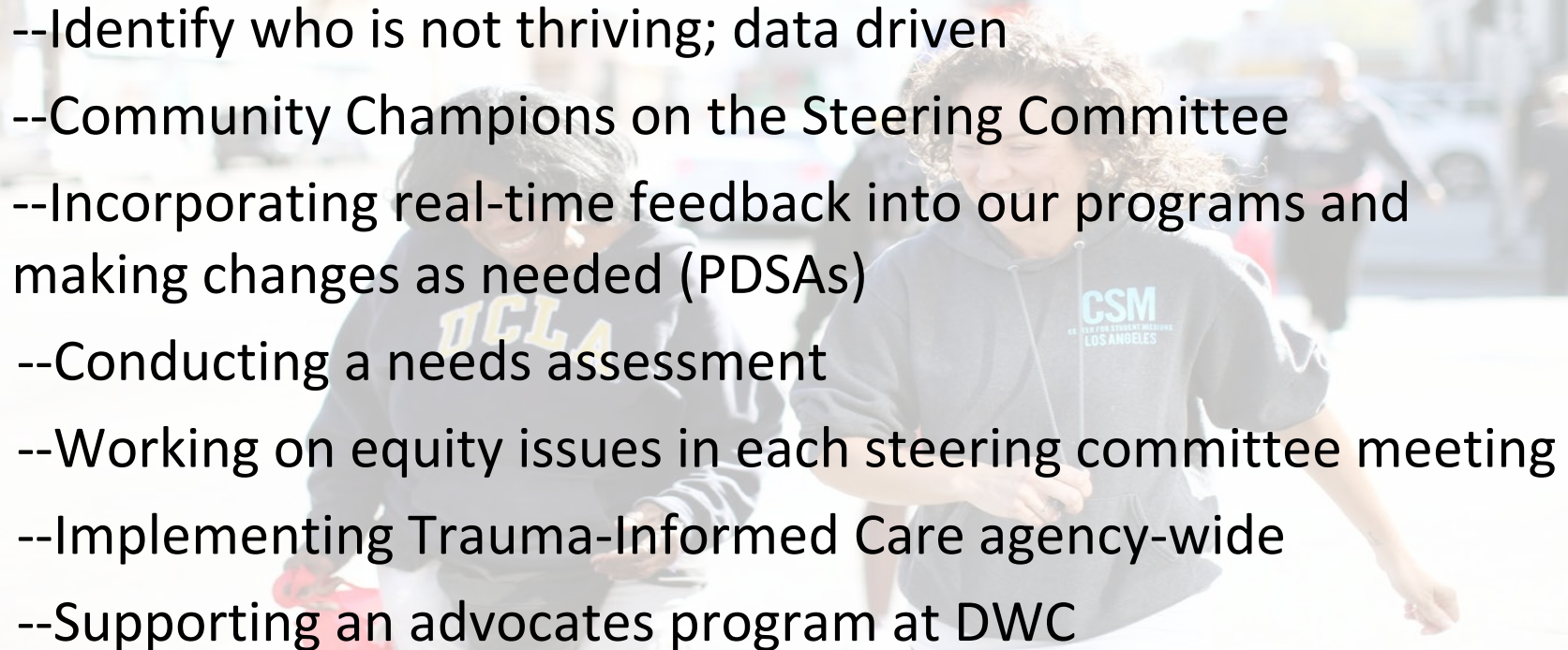
The 100 Million Healthier Lives Common Questionnaire is a 7-item survey that assesses for 'Healthier Lives' in these domains:

Physical Health, Mental Health, Spirituality, Social Support, Financial Health, Current Health Status, Future Health Status

%	6-month	1-Year
Suffering (n%)	-32%	-52%
Thriving (n%)	12%	32%
Total % Increase in 'Healthier Lives'	44%	84%



Leading for Equity

- Identify who is not thriving; data driven
 - Community Champions on the Steering Committee
 - Incorporating real-time feedback into our programs and making changes as needed (PDSAs)
 - Conducting a needs assessment
 - Working on equity issues in each steering committee meeting
 - Implementing Trauma-Informed Care agency-wide
 - Supporting an advocates program at DWC
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Leading for Sustainability—Lessons Learned

- Intrinsic and Extrinsic
- Co-Design is so important
- Plan Do Study Act model helped us increase clinic usage
- Managing change and turn-over
- Sharing PHI
- Housing is Healthcare

