OBOT Stability Index

1) Was the patient's previous urine drug screen positive for illicit substances?	☐ No	☐ Yes
2) If **YES** to #1 or if the patient was recently started on buprenorphine, does the patient have fewer than four consecutive weekly drug-free urine drug screens?	☐ No	☐ Yes
3) Is the patient using sedative-hypnotic drugs (e.g. benzodiazepines) or admitting to alcohol use?	☐ No	☐ Yes
4) Does the patient report drug craving that is difficult to control?	☐ No	☐ Yes
5) Does the patient endorse having used illicit substances in the past month?	☐ No	☐ Yes
6) Does the query of the Vermont Prescription Monitoring System (VPMS) show evidence of the unexplained, unadmitted, or otherwise concerning provision of controlled substances?	☐ No	☐ Yes
7) Did the patient report their last prescription as being lost or stolen?	☐ No	☐ Yes
8) Did the patient run out of medication early from his/ her last prescription?	☐ No	☐ Yes
TOTALS:	___ No	___ Yes

SCORING:

If **NO to all**, the patient is "stable" can be seen monthly for prescriptions and urine drug screens.

If **YES to any of the above**, the patient is "unstable" and needs to be seen weekly for prescriptions and urine drug screens.

Additionally, if **YES to 1-6**, the patient should be referred for addiction services.