

San Diego County East County Centers

Neighborhood Healthcare~El Cajon

855 E. Madison Avenue, El Cajon, CA
(619) 440-2751

*Behavioral Health Services, Psychiatry,
Group Therapies, Medication Assisted Treatment (MAT)*
(Services offered in English, Spanish, and Arabic)

Neighborhood Healthcare~Lakeside

10039 Vine Street, Lakeside, CA
(619) 390-9975

Behavioral Health Services and Psychiatry
(Services offered in English)

Escondido Centers

Neighborhood Healthcare~Escondido

460 N. Elm Street, Escondido, CA
(760) 520-8100

Behavioral Health Services
(Services offered in English and Spanish)

Neighborhood Healthcare~Grand Avenue

1001 E. Grand Avenue, Escondido, CA
(760) 520-8200

Behavioral Health Services
(Services offered in English and Spanish)

Neighborhood Healthcare~Pediatrics

426 N. Date Street Escondido, CA
(760) 690-5900

Child, Adolescent, and Adult Behavioral Health Services
(Services offered in English and Spanish)

Neighborhood Healthcare~Prenatal

488 East Valley Parkway, Suite 404
Escondido, CA
(760) 466-9800

Behavioral Health Services
(Services offered in English and Spanish)

Neighborhood Healthcare~Valley Parkway

728 East Valley Parkway, Escondido, CA
(760) 737-6900

Behavioral Health Services
(Services offered in English and Spanish)

Ray M. Dickinson Wellness Center

425 N. Date Street, Escondido, CA
(760) 520-8340

*Behavioral Health Services, Psychiatry,
Medication Assisted Treatment (MAT),
Elderly Support Group (in Spanish)*
(Services offered in English and Spanish)

Pauma Valley

Neighborhood Healthcare~Pauma Valley

16650 Highway 76, Pauma Valley, CA
(760) 742-9919

*Behavioral Health Services, Psychiatry, and Wellness
Classes (Services offered in English and Spanish)*

Poway Center

Neighborhood Healthcare~ Gold Family Health Center

13010 Poway Road, Poway, CA
(858) 218-3000

*Child, Adolescent, and Adult Behavioral Health
Services and Psychiatry*
(Services offered in English and Spanish)

Riverside County

Neighborhood Healthcare~Devonshire

903 E. Devonshire Avenue "D"
Hemet, CA

(951) 216-6100
Behavioral Health Services
(Services offered in English)

Neighborhood Healthcare~Menifee

26926-B Cherry Hills Blvd., Menifee, CA
(951) 216-2200

Behavioral Health Services
(Services offered in English and Spanish)

Neighborhood Healthcare~Temecula

41840 Enterprise Circle North, Temecula, CA
(951) 225-6400

*Behavioral Health Services, Psychiatry,
Medication Assisted Treatment (MAT)*
(Services offered in English and Spanish)

*Has an opioid or
alcohol addiction
turned you or
someone you
care about into
"somebody else?"*



**HELP IS
AVAILABLE!**



NEIGHBORHOOD HEALTHCARE

a californiah^hcenter



Counseling & Group Education



Medication Management

Office-Based Medication Services are Now Available for Opioid and Alcohol Addiction

Medication Assisted Treatment (MAT) is an effective treatment for people who are hooked on alcohol, heroin or other opioids.

Office-based medication treatment is for people who are dependent on alcohol and/or heroin or other opioids such as prescription pain killers (i.e., oxycodone, hydrocodone, methadone, codeine, morphine)

- ◆ Medication works to control withdrawal or craving symptoms
- ◆ Program includes medication management, counseling, group education, and social service referral support
- ◆ Medication is given by primary care providers, psychiatrists, and nurse practitioners

WHERE: Programs located in Escondido, El Cajon, and Temecula

WHO: Age 18 and older, with a diagnosis of Opioid Use Disorder or Alcohol Use Disorder

HOW: Take this brochure to your Neighborhood Healthcare medical provider

- ◆ Ask for a referral to this program
- ◆ You may also call directly for assessment (760) 520-8340

WHY: Recovery from addiction can help you live a healthy, productive life

What to Expect From Suboxone Medication for Opioid Treatment

- ◆ You will be assessed for appropriateness to be in the program
- ◆ You must at least be in moderate opioid withdrawal before Buprenorphine can be started
- ◆ You will take medication at home after your symptoms are stable
- ◆ You will have to provide urine tests and pill counts to stay in the program
- ◆ You will attend weekly group education
- ◆ You will attend counseling as needed
- ◆ You will receive overdose prevention and response training

What to Expect for Alcohol Treatment

- ◆ You will be assessed for appropriateness for medication treatment
- ◆ You will attend counseling as needed

Our goal is to support you to make positive choices to improve the quality of your life!

Heroin use is part of a larger substance abuse problem.

Nearly all people who used heroin also used at least 1 other drug.

Most used at least 3 other drugs.

Heroin is a highly addictive opioid drug with a high risk of overdose and death for users.

People who are addicted to...

Substance	Relative Risk
ALCOHOL	are 2x
MARIJUANA	are 3x
COCAINE	are 15x
Rx OPIOID PAINKILLERS	are 40x

...more likely to be addicted to heroin.

SOURCE: National Survey on Drug Use and Health (NSDUH), 2011-2012