Has an opioid or alcohol addiction turned you or someone you care about into “somebody else?”

HELP IS AVAILABLE!

San Diego County
East County Centers

Neighborhood Healthcare—El Cajon
855 E. Madison Avenue, El Cajon, CA
(619) 440-2751
Behavioral Health Services, Psychiatry,
Group Therapies, Medication Assisted Treatment (MAT)
(Services offered in English, Spanish, and Arabic)

Neighborhood Healthcare—Lakeside
10039 Vine Street, Lakeside, CA
(619) 390-9975
Behavioral Health Services and Psychiatry
(Services offered in English)

Escondido Centers

Neighborhood Healthcare—Escondido
460 N. Elm Street, Escondido, CA
(760) 520-8100
Behavioral Health Services
(Services offered in English and Spanish)

Neighborhood Healthcare—Grand Avenue
1001 E. Grand Avenue, Escondido, CA
(760) 520-8200
Behavioral Health Services
(Services offered in English and Spanish)

Neighborhood Healthcare—Pediatrics
426 N. Date Street Escondido, CA
(760) 690-5900
Child, Adolescent, and Adult Behavioral Health Services
(Services offered in English and Spanish)

Neighborhood Healthcare—Prenatal
488 East Valley Parkway, Suite 404
Escondido, CA
(760) 466-9800
Behavioral Health Services
(Services offered in English and Spanish)

Neighborhood Healthcare—Valley Parkway
728 East Valley Parkway, Escondido, CA
(760) 737-6900
Behavioral Health Services
(Services offered in English and Spanish)

Ray M. Dickinson Wellness Center
425 N. Date Street, Escondido, CA
(760) 520-8340
Behavioral Health Services, Psychiatry,
Medication Assisted Treatment (MAT),
Elderly Support Group (in Spanish)
(Services offered in English and Spanish)

Pauma Valley
Neighborhood Healthcare—Pauma Valley
16650 Highway 76, Pauma Valley, CA
(760) 742-9919
Behavioral Health Services, Psychiatry, and Wellness Classes
(Services offered in English and Spanish)

Poway Center
Neighborhood Healthcare—Gold Family Health Center
13010 Poway Road, Poway, CA
(858) 218-3000
Child, Adolescent, and Adult Behavioral Health Services
and Psychiatry
(Services offered in English and Spanish)

Riverside County

Neighborhood Healthcare—Devonshire
903 E. Devonshire Avenue “D”
Hemet, CA
(951) 216-6100
Behavioral Health Services
(Services offered in English)

Neighborhood Healthcare—Menifee
26926-B Cherry Hills Blvd., Menifee, CA
(951) 216-2200
Behavioral Health Services
(Services offered in English and Spanish)

Neighborhood Healthcare—Temecula
41840 Enterprise Circle North, Temecula, CA
(951) 225-6400
Behavioral Health Services, Psychiatry,
Medication Assisted Treatment (MAT)
(Services offered in English and Spanish)
Office-based medication treatment is for people who are dependent on alcohol and/or heroin or other opioids such as prescription painkillers (i.e., oxycodone, hydrocodone, methadone, codeine, morphine)

- Medication works to control withdrawal or craving symptoms
- Program includes medication management, counseling, group education, and social service referral support
- Medication is given by primary care providers, psychiatrists, and nurse practitioners

WHERE: Programs located in Escondido, El Cajon, and Temecula

WHO: Age 18 and older, with a diagnosis of Opioid Use Disorder or Alcohol Use Disorder

HOW: Take this brochure to your Neighborhood Healthcare medical provider

- Ask for a referral to this program
- You may also call directly for assessment (760) 520-8340

WHY: Recovery from addiction can help you live a healthy, productive life

What to Expect From Suboxone Medication for Opioid Treatment
- You will be assessed for appropriateness to be in the program
- You must at least be in moderate opioid withdrawal before Buprenorphine can be started
- You will take medication at home after your symptoms are stable
- You will have to provide urine tests and pill counts to stay in the program
- You will attend weekly group education
- You will attend counseling as needed
- You will receive overdose prevention and response training

What to Expect for Alcohol Treatment
- You will be assessed for appropriateness for medication treatment
- You will attend counseling as needed

Our goal is to support you to make positive choices to improve the quality of your life!

Medication Assisted Treatment (MAT) is an effective treatment for people who are hooked on alcohol, heroin or other opioids.