



TRANSFORMING CARDIOVASCULAR
CARE IN OUR COMMUNITIES



PREVENTING HEART ATTACKS
& STROKES EVERY DAY



Motivational Interviewing Community of Practice

Informational Webinar | November 13, 2019 | 12-1pm

Why an Motivational Interviewing CoP?

- Motivational Interviewing is an evidence-based practice that can improve patient health outcomes, patient experience, and job satisfaction.
- This MI CoP will:
 - Provide deeper and broader MI training so participants can apply in their own organization
 - Build capacity of PHASE and TC3 organizations to do their own training to spread MI in their clinics

Who can apply to the MI CoP?

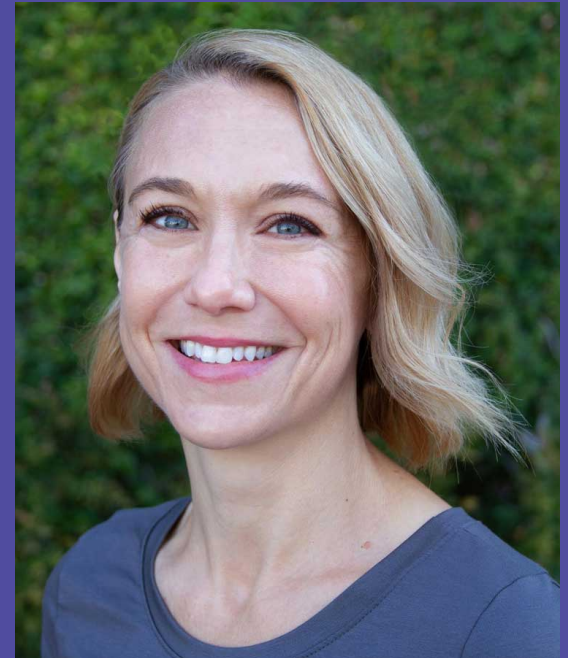
- PHASE and TC3 grantees may each submit one application
- Each application must include 2 or 3 specific individuals who will participate for the duration of the CoP (January – April) and become MI facilitators for their organization
- MI facilitators must be employees of the grantee organization or of their member health centers
- MI facilitators can be of any discipline or position, but at least 1 of the 2 or 3 should be involved in *direct patient care*.

Motivational Interviewing Community of Practice





Elizabeth and Sam





Deep Learning

Foundational practices in mindfulness and empathic presence are coupled with rigorous MI skill building.



Broad Expertise:

During the course, trainers are practicing 2 things equally: their own MI skills, as practitioners, and their facilitation skills, as trainers.



Continuous Quality Improvement:

New trainers are given feedback at each TTT session, and obtain evaluations at each practice workshop.

“I’m just so grateful for this course. I feel more confident as a **facilitator and the skills in communication have changed my **daily interactions** for the absolute best.”**

MI CoP

Course Expectations:

- Attend all 4 MI CoP sessions
- Read William Miller's Book: Listening Well: The Art of Empathic Understanding before session 1.

Additional Hours:

- **Between session 1 & 2:** 1-3 hours practicing MI techniques and MI workshop facilitation with your MI CoP colleague(s). Review the MI research bibliography.
- **Between session 2 & 3:** 3-5 hours a month to preparing for and delivering an MI workshop at your organization.
- **Between session 3 & 4:** Deliver at least 1 MI workshop, and collaborate with your organization's leaders to develop a plan for delivering regular MI workshops going forward.

Is it for you?

You have **high influence**, credibility and collegial respect at your organization

Passionate about communication; considered a skilled communicator at your organization

You have a **growth mindset** and love to learn and grow!



JAN

2020

1.21
MI CoP
Session #1

FEB

2020

2.18
MI CoP
Session #2

FEB

2020

Conduct first
MI workshop
at your
organization

MAR

2020

3.17
MI CoP
Session #3

MAR

2020

Conduct
second MI
workshop at
your
organization

APR

2020

4.14
MI CoP
Session #4

**Continue conduct regular MI
Workshops at your organization**

MI CoP Application Process



Application Key Dates

- Applications due: Monday, December 2, 2019
- Cohort announced: Friday, December 13, 2019
- Apply here: <https://www.careinnovations.org/motivational-interviewing-community-of-practice/>

Application Components

1

2

3

Application form	Organization narrative response	Facilitator narrative response*
<ul style="list-style-type: none">• Lead contact• Senior leader support• Facilitators	<ul style="list-style-type: none">• Current state of MI and patient communication• Goal alignment• Protection of time and infrastructure support	<ul style="list-style-type: none">• Motivation and experience• Time• Supervisor support <p>*one per facilitator</p>

Travel Reimbursement

- CCI will provide reimbursement for mileage, parking, and hotel costs*
 - If you are traveling from Southern California, we will cover flight costs up to \$250 round trip.
 - If your organization is within 50 miles of the workshop location, hotel costs will not be reimbursed.
 - If you plan to book a hotel room the evening before, we have a total maximum reimbursement of \$250, including all taxes and fees, for one night.

**You will need to complete a reimbursement request after participating in the MI CoP workshop to receive reimbursement.*

Questions?



 KAISER PERMANENTE.

TC3

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PHASE



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