Motivational Interviewing Community of Practice
Informational Webinar | November 13, 2019 | 12-1pm
Why an Motivational Interviewing CoP?

• Motivational Interviewing is an evidence-based practice that can improve patient health outcomes, patient experience, and job satisfaction.

• This MI CoP will:
  ▪ Provide deeper and broader MI training so participants can apply in their own organization
  ▪ Build capacity of PHASE and TC3 organizations to do their own training to spread MI in their clinics
Who can apply to the MI CoP?

• PHASE and TC3 grantees may each submit one application.

• Each application must include 2 or 3 specific individuals who will participate for the duration of the CoP (January – April) and become MI facilitators for their organization.

• MI facilitators must be employees of the grantee organization or of their member health centers.

• MI facilitators can be of any discipline or position, but at least 1 of the 2 or 3 should be involved in direct patient care.
Motivational Interviewing
Community of Practice
Elizabeth and Sam
Deep Learning

Foundational practices in mindfulness and empathic presence are coupled with rigorous MI skill building.

Broad Expertise:

During the course, trainers are practicing 2 things equally: their own MI skills, as practitioners, and their facilitation skills, as trainers.

Continuous Quality Improvement:

New trainers are given feedback at each TTT session, and obtain evaluations at each practice workshop.
“I’m just so grateful for this course. I feel more confident as a facilitator and the skills in communication have changed my daily interactions for the absolute best.”
MI CoP

Course Expectations:

• Attend all 4 MI CoP sessions

• Read William Miller’s Book: *Listening Well: The Art of Empathic Understanding* before session 1.
Additional Hours:

- **Between session 1 & 2:** 1-3 hours practicing MI techniques and MI workshop facilitation with your MI CoP colleague(s). Review the MI research bibliography.

- **Between session 2 & 3:** 3-5 hours a month to preparing for and delivering an MI workshop at your organization.

- **Between session 3 & 4:** Deliver at least 1 MI workshop, and collaborate with your organization’s leaders to develop a plan for delivering regular MI workshops going forward.
Is it for you?

You have **high influence**, credibility and collegial respect at your organization.

**Passionate about communication**; considered a skilled communicator at your organization.

You have a **growth mindset** and love to learn and grow!
<table>
<thead>
<tr>
<th>Month</th>
<th>Date</th>
<th>MI CoP</th>
<th>Session</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>JAN</td>
<td>2020</td>
<td>1.21</td>
<td>Session #1</td>
<td>MI CoP Session #1</td>
</tr>
<tr>
<td>FEB</td>
<td>2020</td>
<td>2.18</td>
<td>Session #2</td>
<td>Conduct first MI workshop at your organization</td>
</tr>
<tr>
<td>FEB</td>
<td>2020</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MAR</td>
<td>2020</td>
<td>3.17</td>
<td>Session #3</td>
<td>Conduct second MI workshop at your organization</td>
</tr>
<tr>
<td>MAR</td>
<td>2020</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>APR</td>
<td>2020</td>
<td>4.14</td>
<td>Session #4</td>
<td></td>
</tr>
</tbody>
</table>

Continue conduct regular MI Workshops at your organization
MI CoP Application Process
Application Key Dates

- Applications due: Monday, December 2, 2019
- Cohort announced: Friday, December 13, 2019

## Application Components

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Application form</strong></td>
<td><strong>Organization narrative response</strong></td>
<td><strong>Facilitator narrative response</strong>&lt;sup&gt;*&lt;/sup&gt;</td>
</tr>
<tr>
<td>• Lead contact</td>
<td>• Current state of MI and patient communication</td>
<td>• Motivation and experience</td>
</tr>
<tr>
<td>• Senior leader support</td>
<td>• Goal alignment</td>
<td>• Time</td>
</tr>
<tr>
<td>• Facilitators</td>
<td>• Protection of time and infrastructure support</td>
<td>• Supervisor support</td>
</tr>
</tbody>
</table>

<sup>*</sup> one per facilitator
Travel Reimbursement

- CCI will provide reimbursement for mileage, parking, and hotel costs*
  - If you are traveling from Southern California, we will cover flight costs up to $250 round trip.
  - If your organization is within 50 miles of the workshop location, hotel costs will not be reimbursed.
  - If you plan to book a hotel room the evening before, we have a total maximum reimbursement of $250, including all taxes and fees, for one night.

*You will need to complete a reimbursement request after participating in the MI CoP workshop to receive reimbursement.
Questions?