MOVING THE STARTING LINE FORWARD

Mental Health Center of Denver Feb 12, 2020

CHIC Showcase Final Presentation

Alires Almon, Liz Hamel, Berit Rabinovitz, Chris Radigan, Amelia J. Spiegel, Wes Williams



ALEX'S STORY

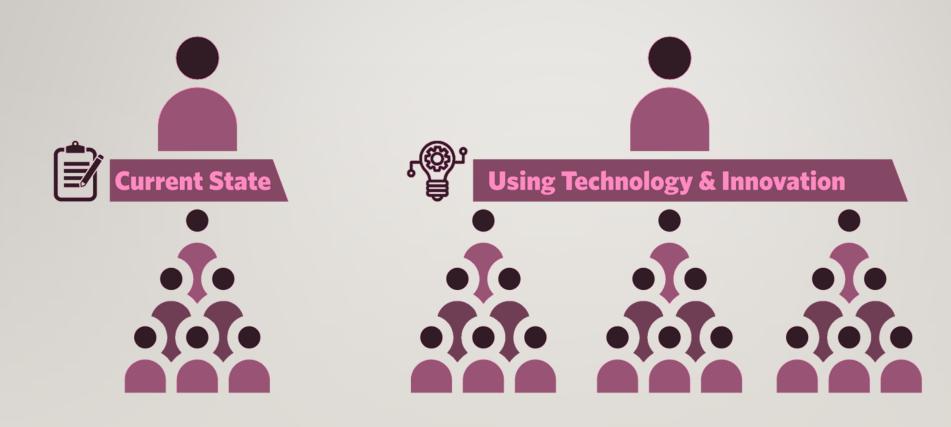
When I hear mental health...



Over 120,000 Denverites experienced poor mental health last year

The 2019 Colorado Health Access Survey showed 17% of Denverites experienced poor mental health in the last year. Census.gov projected the population of Denver to be 714,492 people for 2018, the most recent year available.

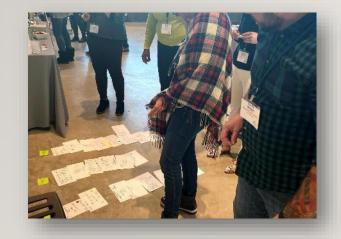
A FORCE MULTIPLIER







EMPATHY SESSION AND CO-DESIGN EFFORTS





WHAT WE LEARNED & WHAT WE HEARD

"THEY TOLD ME TO CALL YOU"

> "I DON'T KNOW WHAT I NEED, BUT I NEED SOMETHING."

Over 50 people interviewed

"THE TEENS I WORK WITH NEED HELP FROM 8 - 10 PM."



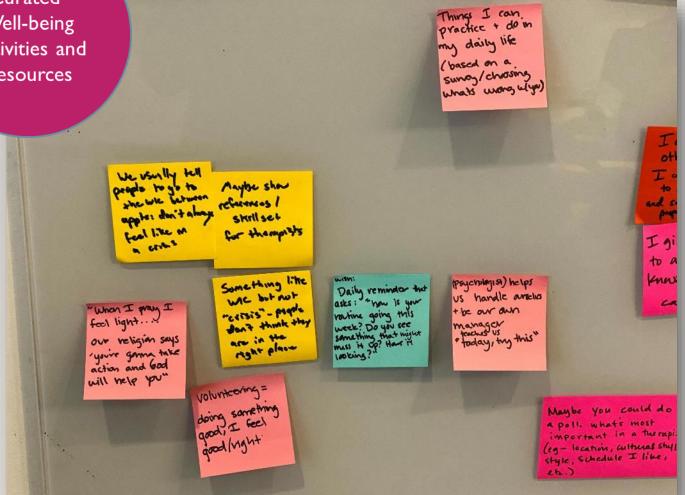
Symptom-Check and Informational Services







Curated Well-being Activities and Resources







Real-Time & On Demand Care





WHAT'S AT STAKE...

- Poor well-being spreads throughout Denver
- Our position as thought leader
- Community support and trust
- Staff burden and use of resources



OUR FUTURE VISION

100% of people have real-time access



CHANGING ALEX'S STORY

- Put the tools in Alex's hands
- Change organizational mindset



Alex's story isn't over... it's just beginning!