

## **Medication Assisted Treatment (MAT) Program for OUD & SUD**

### **Patient Treatment Flow Chart**

- 1) The patient calls the clinic directly or is referred to the MAT program by their provider.
- 2) The MAT nurse (Christina) is notified to contact the patient to discuss the program and its requirements. The OBOT Stability Index and Treatment Needs Questionnaire are filled out.
- 3) If it is determined that the patient meets the criteria for enrollment into the MAT program then an INITIATION appointment will be made with Dr. Babb.
- 4) MAT INITIATION appointment—the patient arrives and V/S and medication list are reviewed. The patient reviews and signs the AEGIS Consent to Treat and Release of Information forms. A UDS is collected and HIV, Hepatitis panel, and CMP are drawn. CURES is reviewed. Dr. Babb meets with the patient and a plan of care is discussed. A prescription for a Narcan kit is given to the patient with instruction to bring the kit with them to their INDUCTION appointment. MAT patient INDUCTION appointments with Dr. Babb are scheduled on Tuesdays of each week. The MAT nurse schedules these appointments.
- 5) INDUCTION DAY—the patient arrives and weight and V/S are obtained, medication list is reviewed, and UDS and CURES are obtained. MAT nurse verifies patient has brought Narcan kit with them and has a ride home. COWS is filled out. Dr. Babb assesses the patient and the Suboxone dose is determined. The initial Suboxone dose is given and the patient COWS score is re-evaluated every 30 minutes. Dose adjustment is made PRN. Narcan kit instructions are given. Patient is reassessed throughout the appointment time to determine if patient needs a medication increase. The patient should plan to remain at the clinic for observation and treatment for up to three hours. During this time frame a warm handoff is given to MAT counselor (Michelle) who will explain to patient the behavioral health components of the program. It will be explained to the patient that they are expected to attend the weekly MAT education groups or schedule one-on-one therapy sessions with a MVHC LCSW. This is a requirement of all MAT program patients and their adherence to the behavioral health participation requirements is directly tied to their ability to get their Suboxone prescription refills. A weekly follow up appointment is made at this time with Dr. Babb.
- 6) First week follow up appointment—Patient arrives and V/S and UDS are obtained, medication list and CURES are reviewed. Patient is evaluated and medication needs are determined. A prescription is provided if patient has met the behavioral health requirements for the week. An appointment is made for one week's time with either Dr. Babb or another MVHC X-waivered provider.