



**Santa Cruz County Clinics – Health Services Agency**  
**Watsonville Health Center (WHC)**  
**Homeless Person Health Project (HHP)**  
**Santa Cruz Health Center (Emeline)**

## Medication Assisted Treatment Program: COVID-19 Protocol

**\*PROTOCOL LIKELY TO CHANGE, PLEASE ANSWER YOUR PHONE AND KEEP IN CONTACT WITH US\***

*The safety and health of our patients is our TOP priority. Our goal is to practice social distancing and limit person-to-person contact. Below, you will see the new structure of MAT during this crisis. We will resume SMA's, groups, contingency and office visits once everything is back to normal.*

- If you are feeling any flu-like symptoms, please STAY AT HOME or seek medical advice right away
  - Contact MAT staff and let them know ASAP
- Refer to the back of the page for more education/resources about COVID-19

Treatment Tiers	Prescription (Rx)	Provider Telephone Appt.	UA appointment
Tier 1 Induction	7-day Rx,	Weekly	Initial Labs and UDS
Tier 2	7-day Rx, w/three 1-week refills	Weekly, as needed	
Tier 3	14-day Rx, w/one 2-week refill or 1-month Rx depending on patient	Bi- weekly, as needed	
Tier 4-5	30-day Rx (1-2 refills)	Monthly, Every 2- or 3-months Schedule Appt.	

**\*\*\* We are not turning away new patients. All new patients will likely get an intake in person, after being screened for respiratory symptoms at the front of the clinic. All Prescriber visits will be in person, telehealth, or by phone depending on the situation. All consents will be done over the phone verbally until you are able to come to clinic to sign the actual documents.**

**Patients on Naltrexone (vivitrol) and Sublocade:**

Will continue to get their monthly injections at the clinic

**Patients that have the symptoms or are positive for COVID-19:**

Will still be able to get MAT services. The prescriber will give direction on what to do.

**WEEKLY FOLLOW-UPS:**

1. Your Case Manager and other MAT staff will continue to call you every week to check up on you.
  - a. **Please answer our call and/or text back.**
  - b. **We will schedule time slots with you to check in.**
2. Please call back MAT staff or text if you have any question or concerns.
3. **If anything changes, please contact your case manager ASAP.**



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# Share **FACTS,** **NOT fear...** your simple guide to COVID-19

Prevent the spread of COVID-19 in

## 7 STEPS

- Wash your hands frequently
- Avoid touching your eyes, nose, and mouth
- Cover you cough using the bend of your elbow or tissue
- Avoid crowded places and close contact with anyone that has a fever or cough
- Shelter in place
- If you have a fever, cough, and difficulty breathing. Seek medical care early – but call first
- Get information from trusted sources



## What is COVID-19?

COVID-19 is the infectious disease caused by the most recently discovered coronavirus. This new virus and disease were unknown before the outbreak began in Wuhan, China, in December 2019.

### WHAT SHOULD I DO?

People with fever, cough and difficulty breathing should seek medical attention.

### WHAT ARE COVID-19 SYMPTOMS?

Some people become infected but don't develop any symptoms and don't feel unwell.

Most people (about 80%) recover from the disease without needing special treatment.

### WHO'S AT RISK

Older people, and those with underlying medical problems like high blood pressure, heart problems or diabetes, are more likely to develop serious illness.

