

KP HTN Treatment Algorithm 2019

FIGURE 1: MANAGEMENT OF ADULT BLOOD PRESSURE (BP)

BP GOALS

- ▶ Treat adults with confirmed hypertension to a goal BP < 140/90 mm Hg.
- ▶ In adults with ASCVD, CKD, age ≥ 75 years, or 10-year ASCVD risk³ $\geq 10\%$, consider treating to a goal SBP < 130 mm Hg. (Exclude adults with eGFR < 20 from this lower target.)

