



KCS HEALTH CENTER

Korean Community Services

Who We Are

- Location: 7212 Orangethorpe Ave. Suite 9A Buena Park, CA 90621
- Population Served:
 - Low-income individuals & families
 - Korean community
 - Local residents
 - People experiencing homelessness
- # of Clinic Sites: 2 in Buena Park, Orange CO.
- EHR system: NextGen



Share Your Work

- Since learning session 1, what changes have you made or did you try out?
 - Our waivered providers are now ready and excited to see Suboxone patients. We are in the final stage of establishing P&P for MAT program.
- KCS MAT program provides variety of psycho-social supports along with medical care.
- KCS MAT program provides Shared Medical Appointments & Group Visit every Thursday.



KCS MAT Program & Psycho-Social Supports

- KCS Psycho-Social Supports for MAT patients is provided primarily by MAT Care Coordinator (MCC).
- MCC develops individualized treatment plan upon assessment and coordinates with Health Navigator and Behavioral Health Care Coordinator to provide support services as needed.
 - Access to KCS Health Center:
 - Medical
 - Dental
 - Psychiatry
 - Mental Health
 - Acupuncture (Chiropractic services to be added soon)
 - Access to Every Women Care for cancer preventive care & BCCTP, a restricted MediCal program for cancer confirmed patients, eligible for only cancer related treatment

KCS MAT Program & Psycho-Social Supports

Other services provided:

- Access to Social Services and Public Services
- Access to California Reducing Disparities Project (CRDP) for indigent/non-insured
- Access to Full Service Partnership (FSP)
- Access to Early Intervention Services for Older Adults (EISOA)
- Access to KC Services for SUD Counseling
- Access to Domestic Violence Treatment Program
- Access to Whole Person Care for patients experiencing homeless
- Access to Nutrition & Education Obesity Prevention Program (NEOP)
- Access to Citizenship & Immigration Services
- Access to Navigator for parents of children with special needs (Regional Center & Dept. of Disability Services)



KCS MAT Program & Shared Medical Appointments/Group Visits

- Shared Medical Appointment & Group Visits
 - weekly psychoeducation/process group offered every Thursdays
- Group Structure: 60 minute group by led by MCC, followed by individual patient visits with waived provider
 - Introduction, overview of group purpose, check-in: 5 - 10 minutes
 - Educational presentation: 15 - 20 minutes
 - Discussion: 10-15 minutes
 - Wrap-up, patient commitment to goals for coming week: 5 - 10 minutes

KCS MAT Program & Shared medical appointments/group visits

- Suggested weekly topics are available but flexible to address more urgent concerns of group members.
- 8 week program rolling year round:
 - Wk 1: Understanding Addiction
 - Wk 2: Recovery 101
 - Wk 3: Life Management
 - Wk 4: Relationships
 - Wk 5: Anger & Stress Management
 - Wk 6: Thoughts & Emotional Health
 - Wk 7: Mental Health in Recovery
 - Wk 8: Relapse Prevention



Key Learnings

- What have you learned so far?
 - Our biggest surprise was that there are only 2 FQHCs in Orange County that provide MAT program, and KCS is one of them.
- What are some early wins or successes from the change?
 - Trainings by expert provider for KCS providers and staff
 - Established P&P for our MAT program
 - Launched MAT program and started to promote it within our community
- Challenges
 - Our staff requires anti-stigma training.
 - What are doing to mitigate the challenges?
 - We contracted with an expert MAT provider to train our staff.