

How to conduct a weekly MAT Patient Case Review with multi-disciplinary team

MAT Care team: Provider(s), RN or LVN, Behavioral Health, Patient Navigator and SUD Counselor.

Purpose: Update the team on care needs for each patient to manage stabilization and team collaboration.

Added benefit: Ongoing learning about addictions interventions, rationales for care

Time: 30 - 45 minutes, built into staff schedules

Basic Procedure:

Have one MAT team member manage the case review, keep it on course and well-paced – this is a quick review, we do this every week. Focus on the patients who need most care.

Recommend preparation with having all recent UDS results available, identify all case management needs.

Use the Roster of current/active MAT patients. Make a copy of Roster for each team member.

Some patients will be stable and not require discussion. However, name each MAT patient in case someone on the team has something to add about the patient.

Suggested items to discuss.

Phase/Tier or Level of care _____

Current Bup/nlx dose _____

Frequency of refills _____

Most recent Urine Drug Screen results _____

Any recent concerning behaviors (request for early refill, lost or stolen meds, missed appointments, positive Urine Drug Screen) _____

Behavioral Health Needs _____

Concerns about patient _____

Recommended change in care:

Referral to residential, intensive outpatient or outpatient treatment _____ Case management needs _____

Have MAT team members decide which patients need follow-up calls or appointments and which team member will follow-up.