THE CARE YOU’VE ALWAYS WANTED

Our Vision

Collaboration, innovative teams, and unique perspective drive high-value care that engages adults living with substance use disorders, social dysfunction, health disparities, and complex illness to achieve to their highest potential. We support your journey to health and wellness and provide patient-centered specialty, primary, and alternative care to maximize function, ability, and wellness.

Emergency Phone Numbers & Support

LA County Substance Abuse Service Helpline
(844) 804-7500*

Department of Mental Health Crisis Line
(800) 854-7771*

National Suicide Hotline
(800) 273-8255*

Homeless Health Care Los Angeles- Needle Exchange
(213) 617-8404

AA Meetings
800-932-8722 or 323-936-4343

Spanish AA Meetings
323-750-2039

MLK, Jr. Outpatient Center General Number
(424) 338-1000

Emergency Services
Harbor-UCLA Medical Center
1000 W. Carson Street
Torrance, CA 90502
424-306-4000*

*24 hours/ 7 days
What is **MAT**?
Medication-Assisted Treatment (MAT) is the use of medications, in combination with counseling, to provide a “patient-centered” approach to the treatment of substance use disorders.

Who is MAT for?
MAT is primarily used for the treatment of alcohol use disorder and opioid use disorder in patients ages 18 and over. Opioids include heroin and prescription pain relievers such as OxyContin, Norco, codeine, and morphine.

**OUR SERVICES**
- Substance Use Counseling - Individual and Group
- Medication-Assisted Treatment (MAT) for Alcohol Use Disorder and Opioid Use Disorder
- Referral to inpatient withdrawal management programs
- Linkage to Department of Mental Health (DMH) Psychologist
- Case Management

**OUR TEAM INCLUDES**
- Licensed Medical Provider
- Licensed Clinical Social Worker
- Substance Use Counselor
- Medical Case Worker
- Licensed Vocational Nurse
- Community Health Worker

The team will provide an integrated approach to assess your needs, assist in developing a treatment plan, and support you with recovery so you can reach your future goals.

**ON YOUR FIRST VISIT**
You should expect to:
- Check in with nurse
- Complete intake paperwork
- Meet with provider
- Discuss treatment options
- Meet with other members of the care team
- Schedule next appointment

**HELPFUL TIPS:**
- Avoid alcohol and other substances
- Take medications exactly as prescribed
- Attend individual and group sessions weekly
- Exercise daily
- Maintain contact with provider, counselor, and entire treatment team
- Reward your successes

**REACH OUT AND START YOUR JOURNEY TODAY!**

**Eric Medina**  
**Substance Abuse Counselor**
424-338-1819 or 310-903-9805 Cell