

Welcome to **Community Medical Centers**

As a Health Plan of San Joaquin member, you have a choice in selecting your partner in health and we thank you for choosing Community Medical Centers (CMC). Our mission is to help you improve your health and quality of life. We work together as a team to provide primary care, dental and behavioral health services. We are excited to work with you to offer you the services you need!

TO SCHEDULE YOUR FIRST WELLNESS VISIT:

- TEXT us with 'WELCOME' at (209) 636-5400, or
- CALL our new member appointment line at (209) 636-5439

Your first wellness visit is a chance for information gathering. We would like you to meet your provider and care team, and review your health history. You and your provider team will work together to make a plan to meet your health and wellness needs. After your initial visit, we will help you schedule the timing of your next visit.

PREPARE FOR YOUR FIRST WELLNESS VISIT

- Arrive 30 minutes early to fill out basic information that will be important for us to meet your health care needs
- Bring your medications and vaccine record
- Bring your photo ID and your health insurance ID card

THE MOST IMPORTANT MEMBER OF THE CARE TEAM IS YOU!

We look forward to meeting you soon! If you have any questions, please call us at (209) 636-5439.

Sincerely,

Your CMC Care Team

Visit our website at www.cmcenters.org



Community Medical Centers, Inc. is a Joint Commission Certified non-profit network of neighborhood health centers serving over 88,000 patients in San Joaquin, Solano and Yolo Counties.