



# ATSH:PC Coaching



# Coaches for *Addiction Treatment Starts Here:* *Primary Care*



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# What does my coach do?

- Your coach is a mentor and guide for your team. They facilitate capacity building within your team to manage change to meet your stated goals. Think of them as a thought partner.
- Your coach can help you think through:
  - Your most pressing problems and challenges related to MAT integration
  - Goals for your MAT program
  - Generating your ideas to test, implement and spread
  - Measures to track success
  - Strategies for managing change and engaging team members in your MAT work
  - Financial and operational sustainability of your MAT programs
- Connect you to other teams, technical assistance and other support that CCI can offer.
- Keep you accountable to what you want to accomplish and in moving your work forward.



# Elements of coaching



**Monthly phone calls**



**In between communication via email**



**Your core MAT team or a smaller group from your team can join coaching calls**



**Working with your team at in person convenings**

# Key considerations

## Frequency & Consistency

- You have several options for coaching! A minimum quarterly call is required, but we recommend meeting with your coach (virtually) at least monthly.
- Work with your coach to find a mutually agreeable time.
- If you need to reschedule or cancel, please provide as much advanced notice as possible.

## Agenda Setting

- Your team should set the agenda ahead of time for your coaching calls.
- Agenda items could include updates on your progress, challenges you'd like to trouble shoot, teams or faculty you'd like to be connected to, etc.

## Improvement Tools

- Your coach will suggest using a variety of improvement tools to guide and structure your work (driver diagrams, logic models, etc.). The expectation is that your team will be open to trying out recommendations in between coaching calls, and report back during the calls.

## Feedback

- Your quarterly progress reports will include an opportunity to provide input into the coaching process.
- Provide your coach with real-time feedback about what elements of the coaching partnership are working, what elements are not, and what could be better.
- You can also reach out to the CCI team with questions or concerns.