

Gap Analysis Effective Integrated Care Team Exercise

Key Component	Score 0 = not at all in place to 5 = fully in place	If you scored low in this category- what are the barriers to having this element in place?	Strengths/Opportunities-
. Team-based approach to care			
Clinic has a defined team(s) with clear roles.			
Behavioral health staff member is a regular member of the clinical care team.			
The team has created and trained on processes and workflows for hand-offs and communications from one team member to another.			
PCPs and BHP meet with regularly with consulting psychiatrist/psych NP			
2. Evidence-based care			
The care team understands the evidence for screening for BH conditions in the primary care setting.			
Providers have reviewed and applied the evidence-based guidelines on depression diagnosis and treatment.			
The model of “stepped care” is the approach. The team understands this approach and it is used for systematic follow up and treatment adjustment.			
3. Measurement-based			
PHQ-9/PHQA or other tool is completed at every contact.			
PHQ9 or other tool is used to monitor progress towards targets, drive purposeful intervention and determine personalized care plan.			
A registry is used for tracking targets,			

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lose monitoring for follow-up visits and treatment adjustment.			
i. Population-based care			
The team understands what is meant by population based health care.			
There is assigned staff to address population based health care as part of their regular role and tasks.			
There is a planned process for identification and outreach of eligible patients for the integrated care program.			
The care team members understand the approach for integrated care including: targeted treatment monitoring, scheduling follow-up, patient engagement in self-management, education, and coordination for care transitions.			
ii. Accountable for the care delivered			
The team has shared accountability for outcomes, treatment targets, resources & training. Everyone contributes to the process.			
There is a maintenance plan for when BH conditions get to the target and a process for ongoing treatment and preventive care needs. The team has a proactive plan for ongoing maintenance care.			