If BP is 140/90 and above...

Create a “script”----

“Your BP last time was 150/95 which is not controlled, the goal BP for you is <140/90, today it is 140/90 so I would like to recheck to ensure this is the right blood pressure.”

Document in NextGen and notify the provider in the 30 seconds report.
When Screening patients for high blood pressure:

- Use a validated automated device to measure BP
- Use a correct cuff size on a bare arm
- Ensure patient is positioned correctly
Confirmatory Checklist

• If screening BP is equal or more than 140/90 mm Hg, obtain a confirmatory measurement
  - Repeat screening tips above
  - Ensure patient has an empty bladder
  - Ensure that patient has rested quietly for at least five (5) minutes
  - Obtain of at least three (3) BP measurements
Adherence Questions

• Ask adherence questions
  ✓ How many times in the last week have you taken your medication the way that it is prescribed?
  ✓ How many pills have you missed in the past week?
  ✓ Are you having any side effects from the medication?
  ✓ Do you take your medication(s) everyday?
  ✓ When was your last dose?
  ✓ How often do you miss or forget to take meds in a week?
MA checks patient’s BP

Is BP <140/90

Yes
- Document in NextGen, give educational handout and inform provider in 30 sec report

No
- Recheck BP on the other arm

No
- Document both results in NextGen and inform provider

Yes
- Document both results in NextGen then update provider based on BP level (see next flow)
BP 140/90 <160/100
Ask adherence questions, Give educational handout
Document & Inform Provider in 30 sec report
BP 160/100 <180/110

Ask adherence questions, Give educational handout, offer Health educator appointment

Document & inform Nurse to evaluate if immediate intervention is needed and to provider or Provider if no nurse on site

We care for you.
BP 180/110 and above

Ask adherence questions, notify nurse to evaluate if immediate intervention is needed and notify provider

Document and Provide educational handout