Family Health Centers of San Diego
Retention

Program Model: Multi-disciplinary team of Behavioral Health (Licensed Therapists/Substance Use Disorder Counselors), Providers (Primary Care Doctors, Nurse Practitioners, Psychiatrist) in a Primary Care Clinic and Mental Health Outpatient Setting. Holistic care at FHCSD, structured program of weekly, bi-weekly, monthly and bi-monthly visits.

MAT Patients Actively in Care (2015-2018)
*Represents Hillcrest Family Health Center and Hillcrest Annex

MAT Patient Encounters (2015-2018)
*Provider visits for weekly, bi-weekly, monthly, bi-monthly

FHCSD Retention 71% (National Average is 30%-50%)
*Retention was measured over a period of 6 months and includes total patients in care on buprenorphine or naltrexone long acting injection, at 6 months. Measure includes new patients who have started medication and continued with refills through clinic visits, as well as including established patients who may have discontinued treatment for at least 2 months and have been “restarted.”
What works for us:

- Voucher System
- Behavioral Contracts
- Weekly Case Conference
  - Discuss new patients
  - Facilitate a learning environment
  - Address Stigma
- Community Collaboration/Partnerships
  - ED Bridge Program
  - BHS contracted programs for MH and SUD
- Patients receive all services within FHCSD

- FHCSD is aggressive in treating patients with comorbid dx
  - MH/HCV/HIV/Pain Management/Primary Care
- Open relationship with Executive Management
  - Strong buy in and support
  - Monthly meetings
  - Resources and ability to make changes immediately
- Strategies to increase retention
  - Focused efforts on Housing Navigation
Medication Assisted Treatment (MAT) Program

MAT case Conference Meeting via ZOOM
08/29/2019
8:30am to 9:30pm

Agenda

1. Clinical
   a. Providers were available appointment:
      a. Sandrihonder 08.30.2019
      b. Burns 01.18.2019
      c. O’Reilly 08.30.2019
      d. Schneirer 10.11.2019
      e. Savits 08.13.2019
      f. Henderman 08.23.2019
      g. Webb 09.08.2019

2. Administrative
   a. Total number DSMATP-69:
      A. 75:
         a. Twice a week - 0
         b. Weekly - 35
         c. Bi-weekly - 25
         d. Monthly - 10
         e. Bi-monthly - 24
      f. Not completed physical / home induction - 0
      B. V: 12
      C. W: 2:
         a. Not completed Virtual physical - 0
      D. B: 50 Under 58: Not documented / Missed Physical appointment - 0

3. MAT Subtasks
   a. Subtasks Home Induction:
      a. Completed Subtask physical / home induction – 0
      b. Completed Induction Age 0
   b. Metabolism/Substance:
      a. Completed physical - 0
      b. Completed Subtask 0

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Q&A and Discussion Questions

If you have questions or challenges you want to discuss with our team, please contact us!

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