



Elizabeth is the CEO and a principal consultant of EM Consulting. She has over 15 years of experience in developing effective and sustainable Integrated Behavioral Health (IBH) services in primary care organizations, as well as integrating medical services into behavioral health organizations. A thought leader in the field, Elizabeth started BH services at a large FQHC in California, was the BH director for 10 years and wrote the first widely distributed

'how to' manual on IBH. Elizabeth has also served on integrated care advisory boards for the California Primary Care Association, the UCSF School of Medicine. She is an expert Motivational Interviewing (MI) Trainer and has been providing research-based training and train the trainer courses in MI, trauma informed care, and other empathy-based communications for healthcare professionals for over 20 years. Elizabeth is the co-creator of the Institute for Healthcare Communication's most popular workshop: 'The Empathy Effect: Countering Bias to Improve Health Outcomes', which was rolled out in the United States and Canada. She has dedicated her career to working for and with non-profit safety net health organizations, including Community Clinics, Medicaid Health Plans, Philanthropic Health Foundations, and other Social Justice oriented non-profits. Elizabeth is a Licensed Clinical Social Worker and has a Masters in Addiction Counseling; as a practicing clinician for over 25 years, she continues to see patients in integrated settings, maintaining an on-the-ground perspective of what works in practice.

