A Compass and a Map: Guiding Principles and Anchoring Framework for ATSH

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## How Do We View Addiction?

### Addiction as a Chronic Disease

<table>
<thead>
<tr>
<th>Addiction</th>
<th>Hypertension</th>
</tr>
</thead>
<tbody>
<tr>
<td>30-60% Genetic</td>
<td>25-50% Genetic</td>
</tr>
<tr>
<td>40-60% Relapse</td>
<td>50-70% Relapse</td>
</tr>
<tr>
<td>Initial choices: alcohol/drug</td>
<td>Initial choices: food, activity</td>
</tr>
<tr>
<td>Potential permanent physiological changes</td>
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</tr>
<tr>
<td>Abstinence and medications do not reverse disease</td>
<td>Lifestyle changes and medications do not reverse disease</td>
</tr>
<tr>
<td>&lt; 50% adhere to drug abstinence 1 year post-treatment</td>
<td>&lt; 40% adhere to medication, 30% adhere to lifestyle changes</td>
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</table>
Why is addiction treatment evaluated differently? Both require ongoing care.

**YES!!!**
*Hypertension Treatment*

**NO???
*Addiction Treatment*

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Percentage of Patients Who Relapse

**TYPE I DIABETES**
30 to 50%

**DRUG ADDICTION**
40 to 60%

**HYPERTENSION**
50 to 70%

**ASTHMA**
50 to 70%

www.drugabuse.gov
Guiding Principles

- Addiction is a *chronic health problem*
- Addiction is *treatable*
- Treatment of addiction is a *marathon*, not a sprint
Approach to Care..
Guiding Principles

• The goal of treatment is *a healthy sober lifestyle*, not just the absence of addiction
• The treatment of addiction *enhances quality of care* for all mental and physical health problems
• Treatment of addiction, including MAT, is a team sport
Anchoring Framework

➢ Access
➢ Person Centered
➢ Collaborative
ACCESS

✓ Universal Screening
✓ Multiple Modalities of Treatment
✓ FDA approved medications
✓ Psychosocial supports
PERSON CENTERED

✓ Tailored Assessment and Treatment
✓ Trauma Informed
✓ Physical and Mental Health
✓ SDOH

SOCIAL DETERMINANTS OF HEALTH

The social determinants of health are the conditions in which we are born, we grow and age, and in which we live and work. The factors below impact on our health and wellbeing.

- Childhood experiences
- Housing
- Education
- Social support
- Family Income
- Employment
- Our communities
- Access to health services

Source: NHS Health Scotland
COLLABORATIVE

✓ Multidisciplinary Team
✓ Partnerships (CBOs)
Thank You!

Questions?

Comments?

Suggestions?