Addiction Treatment Starts Here: Primary Care

Learning Session 1
November 6-7, 2019
Berkeley, CA
Addiction Treatment Starts Here: Program Team

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Program Partners

- Addiction Treatment Starts Here Coaches
  - Katie Bell
  - Brian Hurley (Coach and Clinical Director)
  - Joe Sepulveda
  - Candy Stockton
- Assistant Coaches
  - Danny Contreras
  - Dominique McDowell
- Program Evaluator: Mark McGovern, Stanford University School of Medicine (Evaluator)
- Improvement Consultants: Bridget Cole and Chris Hunt, Institute for High Quality Care (Quality Improvement Experts)
In California, Treatment Starts Here

MAT Expansion Project

Justice-Involved

Juvenile Justice
Courts/Probation
Prisons
Jails
DUI Treatment Programs

Drug Medi-Cal Organized Delivery System
Residential Treatment
Outpatient
Inpatient

SUD Treatment
Narcotic Treatment Programs
Youth
Alcohol and Drug Counselors
Supportive Housing
Hub & Spoke

Statewide Programs

MAT Access Grants
MAT Toolkits
Transitions of Care
Fentanyl Monitoring

Prescriber Education
Naloxone
Drug Take Back
Prevention
CURES

Primary Care
Behavioral Health
Tribal Health
EDs/Hospitals

Clinical Services
Physician Residency Programs
CA Substance Use Line
Perinatal and Neonatal

Evaluation
Mentoring
Coalitions

March 2019
Increase access to MAT in primary care by working with 58 community health center sites to advance the learning and sharing of best practices in integrating MAT into primary care services through learning collaboratives.
Program Cohort
At a Glance

Program Cohort
• 18 teams
• 15 organizations represented
• 8 teams in Track 1
• 10 teams in Track 2

Organization Characteristics
• 10 counties
• 5 teams serving <10,000 patients
• 4 teams serving 10,000 – 49,000 patients
• 8 teams serving 50,000 – 100,000 patients
• 1 teams serving >100,000 patients
Program Teams

- Adventist Health - Reedley
- Adventist Health - Sonora
- Alliance Medical Center
- Bartz-Altadonna Community Health Center
- BHS Health Center Network
- Family Health Care Centers of Greater Los Angeles
- JWCH Institute
- Livingston Community Health
- Livingston Health Campus
- Northern Inyo Healthcare District
- UCLA Medical Center – Olive View
- Salud Para La Gente
- Santa Barbara Neighborhood Clinics
- Santa Cruz Health Services Agency – Watsonville Health Center
- School Health Clinics of Santa Clara County
- St. Vincent de Paul Village, Inc. (dba Father Joe’s Villages)
- The Children’s Clinic Family Health Center at Century Villages Cabrillo
- The Children’s Clinic Family Health Center at Multi-Service Center
Foundation To Develop and Sustain Strong MAT Programs

Current State
- Current approach to MAT
- Learning what works and what could work better in your MAT programs

Aims
- Defining SMART aims for your project

Measures
- How do we know when we get there
- Specificity and relevancy
Steps to Developing and Sustaining Strong MAT Programs

1. Identify Drivers
   - What are primary and secondary drivers that impact your aim?

2. Design Changes
   - What can you test to effect the drivers for your aims?

3. Test Changes
   - How are you prioritizing what you test?

4. Accelerate Learning
   - Are you testing multiple changes at once? How do you disseminate learning from testing cycles?

5. Implement, Spread, Sustain
   - When do you implement? When are you ready for spread? How do you sustain change?
Why are we here?
What do you like about working in addiction medicine?

• Reflect individually, write on a sticky
• Pair and share
• What did you learn about your partner? – share at your table
Addiction Treatment Starts Here Video
Wave 1

- 10 x-waivered providers added
- 27 more providers prescribing
- 31 more patients prescribed naltrexone long-acting injection
- 126 more patients prescribed buprenorphine
## Choose Your Learning Adventure

### Day 1
- **Panel: Addiction as a Chronic Disease**
- **Peer Sharing: Wave 2 sites share tangible changes to expand access to MAT**
- **Breakout: Improving Prescribing**
  - New to prescribing
  - Seasoned prescribers
- **Get to know your peers at the NETWORKING HOUR!**
- **Networking Break + Office Hours**

### Day 2
- **Learning Labs: Designing Your ATSH Project**
- **Breakouts: MAT Engagement**
  - Engaging prescribers
  - Building training programs
  - Santa Cruz: Deep Dive
- **Team Time!**

**Day 2:**
- **Plenary: Phases of MAT Care**
- **Chat and chows facilitated by your peers!**
ATSH Primary Care, Wave 2 Program Page

Navigation: Activities & Action Items | Learning Sessions | Site Visits | Webinars

Hello, Addiction Treatment Starts Here: Primary Care, Wave 2 (ATSH:PC) Teams!

This website is for the use of ATSH:PC, Wave 2 participants. You can find information about upcoming activities, reporting templates, resources and more. For general information about the program, please visit the program overview page.

Visit: https://www.careinnovations.org/atshprimarycarewave2-teams/
To access materials for today’s learning session, click **In-Person Learning**. Then click to the first learning session page to find slides, handouts and related resources for all the sessions.

Visit: [https://www.careinnovations.org/atshprimarycarewave2-teams/atshpc-learning-session-1/](https://www.careinnovations.org/atshprimarycarewave2-teams/atshpc-learning-session-1/)
For questions contact:

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https://www.careinnovations.org/atshprimarycare-teams/
Questions?
Addiction: A Chronic Disease
Panel Presentation

12:30 pm – 1:45 pm
Storyboard Sharing

1:45 pm – 3:30 pm
Storyboarding!

Where do I go? On back of your name tag, you’ll see your assigned room.

What do I do?

• As a team, head to your assigned room; bring your slides and quickly assemble your storyboard (10 minutes).

• Each team will have 9 minutes to present their storyboard. You choose who speaks and what information to share. Each room has a facilitator/timekeeper who will let you know when to wrap up your 10 minutes!

• After your presentation, there will be 5 minutes for Q&A with other attendees.

• Wash, rinse, repeat!
Reminder!

• After storyboards, you will have a 10-minute break (3:30 – 3:40 pm).
• After the break, you will go directly to your breakout.
• You did not register for a breakout – chose the one that most interests you (see next slide)
<table>
<thead>
<tr>
<th>Breakout</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Breakout A</strong>: How to select the appropriate medication for OUD and manage starting and maintaining these medications (<em>Frances Southwick</em>)</td>
<td>BayView Ballroom</td>
</tr>
<tr>
<td><strong>Breakout B</strong>: Learn and apply approaches to manage complex patient cases, including poly substance and chronic pain (<em>Joe Sepulveda</em>)</td>
<td>Quarter Deck</td>
</tr>
</tbody>
</table>
Break

3:30 pm – 3:40 pm
Breakout: Improving Prescribing of Medications for OUD

3:40 pm - 4:40 pm
Reflection & Wrap-Up

4:50 pm - 5:00 pm
Day 1 Evaluation

Addiction Treatment Starts Here: Primary Care, Wave 2
In-Person Learning Session #1
Day 1 Evaluation

Thank you for completing this survey. Your feedback will help us to improve the quality of the ATSH PC, Wave 2 Program. All responses will be kept confidential and only be presented in summary form.

Please complete the evaluation after each session and return to CGI at the end of the day.

Introduction - Warm-Up with Tammy Fisher (12:09 - 12:30)
For the session today, please indicate the degree to which you agree or disagree with the statement:
"This session was valuable use of my time.

This session was a valuable use of my time.

Panel Discussion - Appreciating Addiction as a Chronic Disease (12:30 - 1:45)
Please indicate the degree to which you agree or disagree with the following:

This session was a valuable use of my time.

I am confident in my ability to apply content from this session to my work in my organization.

ATSH Storyboards: Getting to Know One Another (1:45 - 3:30)
Please indicate the degree to which you agree or disagree with the following:

This session was a valuable use of my time.

I am confident in my ability to apply content from this session to my work in my organization.

Breakout: Improving Prescribing of Opioids for OUD (3:30 - 4:45)
Which breakout session did you attend? (Select one)
☐ Breakout A: How to select the appropriate medication for OUD and manage starting and maintaining medication
(Christian Shearways, MD)
☐ Breakout B: Learn and apply approaches to manage complex OUD cases (Joe Babcock, MD)

Please indicate the degree to which you agree or disagree with the following:

This session was a valuable use of my time.

I am confident in my ability to apply content from this session to my work in my organization.

What was the most valuable part of today’s learning session?

What was missing from the learning session that you hoped would be covered?

Thank you for taking the time to provide your feedback!
Networking Hour

- Make new peer connections
- Strengthen existing peer connections
- Connect with coaches and faculty
## What’s in Store for Day 2?

<table>
<thead>
<tr>
<th>Day 2</th>
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</thead>
<tbody>
<tr>
<td><strong>Learning Lab:</strong> Designing Your ATSH Project (aims, goals, driver)</td>
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<tr>
<td><strong>Breakouts: MAT Engagement</strong> (breakouts to learn ways to engage prescribers, staff, and building an organization-wide approach)</td>
</tr>
<tr>
<td><strong>Plenary: Phases of MAT Care</strong> (panel discussing stepped care and phase-matched interventions)</td>
</tr>
<tr>
<td><strong>Chat &amp; Chows facilitated by your peers!</strong> (contingency management, group visits, etc.)</td>
</tr>
<tr>
<td><strong>Team Time!</strong> (start identifying tangible next steps for your program)</td>
</tr>
</tbody>
</table>
Welcome Back

Day 2
Storyboard Gallery

Use stickies to:

• Ask questions (leave your contact info)
• Post comments – what did you like?
• Share input – any guidance or advice to share?

CCI will:

• Use information to enhance our TA
• Connect you to peers, tools, and resources
Day 2: Highlights from the Agenda

- Storyboard review
- Learning Lab: Designing your ATSH project
- Chat & Chows: Peer facilitated, multiple topics
- Panel Presentation: Phases of MAT Care
- Breakouts: Improving Engagement in MAT
- Team Time & Action Planning
Designing your ATSH Project

9:00 am – 11:30 am
Chat & Chows
11:30 am – 12:25 pm
<table>
<thead>
<tr>
<th>Topics</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group Visits (Katie Bell)</td>
<td>Main Ballroom Table 1</td>
</tr>
<tr>
<td>Contingency Management (Santa Cruz Health Services Agency)</td>
<td>Main Ballroom Table 4</td>
</tr>
<tr>
<td>Coordinating w/ Bridge Programs (Santa Barbara Neighborhood Clinics)</td>
<td>Main Ballroom Table 9</td>
</tr>
<tr>
<td>Retention in MAT (John Hunter, Bartz-Altadonna and Ginny Eck, JWCH Institute)</td>
<td>Main Ballroom Table 11</td>
</tr>
<tr>
<td>MAT &amp; Stimulant Use (Mark McGovern)</td>
<td>Quarter Deck</td>
</tr>
<tr>
<td>Home Inductions (David Tian)</td>
<td>Quarter Deck</td>
</tr>
<tr>
<td>Trauma-Informed Care Practices (Dominique McDowell, Marin City Health &amp; Wellness)</td>
<td>Quarter Deck</td>
</tr>
<tr>
<td>Clinical Questions (Jeff DeVido)</td>
<td>Patio</td>
</tr>
</tbody>
</table>
Phases of Care: Matched Interventions

12:30 pm – 1:45 pm
Networking Break

- Make new peer connections
- Strengthen existing peer connections
- Connect with coaches and faculty
Breakouts: Building Engagement

2:10 pm – 3:10 pm
<table>
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<tr>
<th>Breakout</th>
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<tbody>
<tr>
<td><strong>Breakout A:</strong> Strategies to engage waived providers and designing training programs to support and sustain prescribers. (David Tian)</td>
<td>El Dorado</td>
</tr>
<tr>
<td><strong>Breakout B:</strong> Building training programs that change the hearts and minds of staff organization-wide. (Katie Bell)</td>
<td>Quarter Deck</td>
</tr>
<tr>
<td><strong>Breakout C:</strong> Santa Cruz’s MAT Program: Deep Dive into Their Program Structure. (Danny Contreras and Joey Crottogini)</td>
<td>Main Ballroom</td>
</tr>
</tbody>
</table>
Team Time

3:15 pm – 3:50 pm
"Sometimes you get a lot of ideas flowing and it is hard to stay on track."

--CCI grantee
Goals for today’s session:
- Come to consensus on your team’s goals for the next two months
- Get a head start on completing a 60-day workplan
- Figure out your team’s next steps

What you’ll need right now:
- Sample workplan and template
- That last bit of energy for the day!
Benefits of a Workplan

- A workplan isn’t just a piece of paper to complete. Use it as a tool to come to consensus on next steps.

- It helps you translate the theoretical to practical, everyday tasks.

- Workplans also enable you to double-check assumptions about feasibility – timing, workload, and what it really takes to move forward.
For Today’s Session!

- It’s team time!
- We’re asking you to think about 3 goals for your team over the next 2 months (think mid-September)
- In deciding on these goals, consider:
  - What will establish the foundation for your work?
  - Where do you need to focus? It may be something basic like getting team meetings on the calendar.
  - Or it may be one component of a longer-term strategy, like establishing organization-wide criteria for patient identification.
  - Who else needs to be involved? It’s probably not just the people here today that you need to collaborate with.
Is completing the workplan mandatory?

Do I need to list Every.Single.Task ?

What happens if I don’t have all the information right now to figure this out?

How does this fit in with the work we did earlier on our aim statement and driver diagram?

We use something else back at our clinic, do we still need to complete this?

It’s a tool/approach we recommend for planning. But it’s not mandatory.

Only include what your team will find most helpful for planning purposes.

Use the template as a starting point to determine the answer.

Your priorities in the workplan should align with your driver diagram.

We’re providing this tool for your team but please choose whatever tool is most useful!
Wrap-Up & Evaluation

3:50 pm - 4:00 pm
What’s Next?
Site Visits

1. Boston Medical Center
   Exceptional care, without exception.

2. El Dorado Community Health Centers

3. Family Health Centers of San Diego

4. County of Santa Cruz

5. Venice Family Clinic
   Providing quality primary health care to people in need
ATSH Activities

WEBINAR
Peer Support Programs: How Peer Recovery Programs Can Improve MAT for Your Patients
Led by Cherokee Health Centers

Nov 21

WEBINAR
MAT for Everybody: The Fundamentals of Providing Compassionate Care
Led by Coach Katie Bell
Reg info coming soon

Dec 11

WEBINAR
Discuss IMAT results and hear from fellow teams
Led by Mark McGovern, ATSH Program Evaluator

Jan 31

WEBINAR
MAT in Youth
Led by Boston Medical Center
Reg info coming soon

Dec 9

DATA DUE!
Quarter 2 data due on the program measure set (NICHQ)

Jan 15

WEBINAR
Discuss program measures set and hear from fellow teams

Feb 28
Communication Tools

- Monthly eUpdate
- Calendar invites for big events
- CCI Program Page
Day 2 Evaluation

Addiction Treatment Starts Here: Primary Care, Wave 2
In-Person Learning Session #1
Day 2 Evaluation

Thank you for completing this survey. Your feedback will help improve the quality of the ATMB-RC Wave 2 Program. All responses will be kept confidential and only be presented in summary form. Return this to I(2) at the end of the day.

Team Time: Designing Your ATRM Project with Bridget Cote and Chris Hunt (8:00 – 11:30)

Please indicate the degree to which you agree or disagree with the following (select one response per item):

<table>
<thead>
<tr>
<th>Strongly Agree (3)</th>
<th>Strongly Disagree (0)</th>
<th>Neutral (1)</th>
<th>Agree (2)</th>
<th>Not applicable</th>
</tr>
</thead>
</table>
This session was a valuable use of my time. | 0 | 0 | 0 | 0 | 0 |
I was confident in my ability to apply content from this session to my work in my organization. | 0 | 0 | 0 | 0 | 0 |

Panel Discussion: Phases of MAT Care (11:30 – 1:45)

Please indicate the degree to which you agree or disagree with the following (select one response per item):

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This session was a valuable use of my time. | 0 | 0 | 0 | 0 | 0 |
I was confident in my ability to apply content from this session to my work in my organization. | 0 | 0 | 0 | 0 | 0 |

Breakout: Building Engagement in MAT Programs (2:10 – 3:10)

Which breakout session did you attend (select one):

- Breakout A: Strategies to engage sawmills providers and designing training programs to support and sustain providers (David Norm)
- Breakout B: Building regional programs that change the hearts and minds of staff organization wide (Katie Keel)
- Breakout C: Santa Cruz’s MAT Program - Deep dive into their program structure (Deidre Clemen and Amy Odell)

Please indicate the degree to which you agree or disagree with the following (select one response per item):

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</tr>
</thead>
</table>
This session was a valuable use of my time. | 0 | 0 | 0 | 0 | 0 |

What are 3-5 actions that will you take as a result of attending this convening?

Thinking about the convening overall, what sessions or other aspects of the convening were most valuable to you?

What could we have done differently or better?

What MAT-related topics do you and your team need support on? What technical assistance can CDC provide that would enable you and your team to accelerate improvement in these areas?

Any other comments/suggestions?

Thank you for taking the time to provide your feedback!
THANK YOU!

• ATSH team
  • Meaghan Copeland, Tammy Fisher, Jaclyn Lau, Briana Harris-Mills, Brian Hurley, Sandy Newman
• LS1 faculty and partners
• Breakout presenters and panelists
• Chat & Chow facilitators
Thank you for joining us!

For questions contact:

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