



FAMILY HEALTH CENTERS  
OF SAN DIEGO

According to our records, you have missed at least three of your most recent scheduled behavioral health appointments. Keeping your scheduled appointments is essential to successful treatment.

As your behavioral health is a key part of your quality of life, we encourage you obtain care as needed. If you should wish to return for behavioral health in the future, please contact the referral specialist at (619) 906-4686.

We appreciate that you have chosen Family Health Centers of San Diego and remain available to provide behavioral health services should you be willing to make that commitment.

If you feel like harming yourself, please call the San Diego Access & Crisis Line any time, 1-888-724-7240, or go to your nearest hospital Emergency Department.

Sincerely,

A handwritten signature in black ink, appearing to read 'Jeffrey Gering', written over a horizontal line.

Jeffrey Gering  
Vice President Support Services and Planning