INGREDIENTS: ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), CORN AND/OR SOYBEAN OIL, SALT, CORN STARCH, ONION POWDER, SUGAR, SOY FLOUR, BUTTERMILK, MALTODEXTRIN, HYDROLYZED SOY PROTEIN, MONOSODIUM GLUTAMATE, DEXTROSE, GARLIC POWDER, ARTIFICIAL COLORS, SPICE, NATURAL FLAVORS, SOYBEAN OIL, CORN FLOUR, AND GUM ARABIC.
CONTAINS MILK AND SOY INGREDIENTS.

Nutrition Facts

Serving Size 1 oz. (28g/About 13 pieces)
Servings Per Container 7

Amount Per Serving

Calories 140	Calories from Fat 60
	% Daily Value*
Total Fat 7g	**10%**
Saturated Fat 1g	**5%**
Trans Fat 0g	**
Cholesterol 0mg	**0%**
Sodium 270mg	**11%**
Total Carbohydrate 18g	**6%**
Dietary Fiber less than 1g	**1%**
Sugars less than 1g	
Protein 2g	

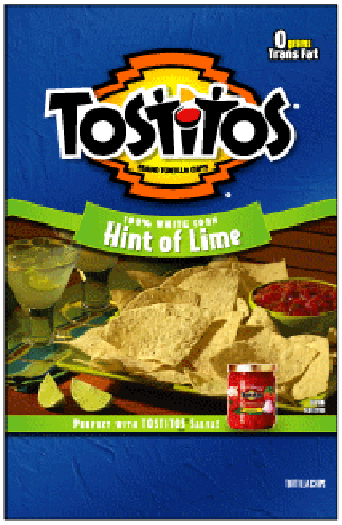
Vitamin A 0%	•	Vitamin C 0%
Calcium 0%	•	Iron 6%
Vitamin E 4%	•	Thiamin 4%
Riboflavin 6%	•	Niacin 8%
Vitamin B_6 2%	•	Phosphorus 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

** Intake of trans fat should be as low as possible.



INGREDIENTS: Whole White Corn, Vegetable Oil (Contains One or More of the Following: Corn, Sunflower, or Soybean Oil), and Less Than 2% of the Following: Salt, Maltodextrin, Lime Juice Powder, Natural Lime Flavor, Sugar, Monosodium Glutamate, Sour Cream (Cultured Cream, Nonfat Milk), Whey, Citric Acid, Lactic Acid, Dextrose, Dry Buttermilk, Corn Starch, Gum Arabic, Glycerol, Artificial Color (Blue 1 and Red 40), Sodium Diacetate, and Partially Hydrogenated Soybean Oil.
CONTAINS MILK INGREDIENTS.

Nutrition Facts

Serving Size 1 oz.

Amount Per Serving

Calories 150	Calories from Fat 70
	% Daily Value*
Total Fat 8g	**12%**
Saturated Fat 1g	**6%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 160mg	**7%**
Total Carbohydrate 18g	**6%**
Dietary Fiber 1g	**5%**
Sugars less than 1g	
Protein 2g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 4%	•	Iron 0%
Vitamin E 4%	•	Niacin 2%
Vitamin B_6 4%	•	Phosphorus 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin and Folic Acid), Corn Syrup, Salt, Yeast, Malt Extract, Sodium Bicarbonate, Ammonium Bicarbonate and Artificial Flavor.
CONTAINS A WHEAT INGREDIENT.

No Preservatives.

Nutrition Facts

Serving Size 1 oz. (28g/About 48 pretzels)
Servings Per Container 15

Amount Per Serving

Calories 100	Calories from Fat 0
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 460mg	**19%**
Total Carbohydrate 23g	**8%**
Dietary Fiber 1g	**4%**
Sugars 1g	
Protein 2g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 0%	•	Iron 8%
Thiamin 8%	•	Riboflavin 4%
Niacin 6%	•	Phosphorus 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whole Corn, Vegetable Oil (Contains One or More of the Following: Corn, Soybean, or Sunflower Oil), Maltodextrin, Salt, Monosodium Glutamate, Dextrose, Jalapeño Pepper Powder, Tomato Powder, Paprika, Onion, Citric Acid, Modified Corn Starch, Natural and Artificial Flavors, Spices, Garlic, Spice Extractives, Vinegar Solids, Corn Syrup Solids, Artificial Color (Including Yellow 6 Lake, Red 40 Lake, Blue 1 Lake), Parsley, Dry Lemon Juice, Natural Cilantro Flavor, Natural Chicken Flavor, and Yeast Extract.

No Preservatives.

Nutrition Facts

Serving Size 1 oz.

Amount Per Serving

Calories 140	Calories from Fat 70
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 210mg	**9%**
Total Carbohydrate 19g	**6%**
Dietary Fiber 1g	**4%**
Sugars 1g	
Protein 2g	

Vitamin A 4%	•	Vitamin C 0%
Calcium 2%	•	Iron 2%
Vitamin E 4%	•	Vitamin B_6 2%
Phosphorus 4%	•	Magnesium 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredientes: Papas, aceite de girasol, condimentos (de chile limón (menos del 2% de los siguientes especias, sólidos de miel de maíz, maltodextrina de maíz, maltodextrina de tapioca, aceites de soya y de semilla de algodón parcialmente hidrogenados, sal, ácido cítrico, monosodio glutamato, gluten de maíz hidrolizado, extracto de autolizado de levadura, azúcar, polvo de cebolla, sólidos de jugo de lima, sebo asesinado, sabor natural, polvo de ajo, color artificial (amarillo 6 laco, amarillo 5 laco), sólidos de jugo de limón, disódico inosinato, disódico guanylate, y sal.
CONTIENE: UN INGREDIENTE LACTEO.

Ingredients: Potatoes, Sunflower Oil, Chili Lime Seasoning (Less Than 2% of the Following: Spices, Corn Syrup Solids, Corn Maltodextrin, Tapioca Maltodextrin, Partially Hydrogenated Soybean and Cottonseed Oil, Salt, Citric Acid, Monosodium Glutamate, Hydrolyzed Corn Gluten, Autolyzed Yeast Extract, Sugar, Onion Powder, Lime Juice Solids, Sodium Caseinate, Natural Flavor, Garlic Powder, Artificial Color [Yellow 6 Lake, Yellow 5 Lake], Lemon Juice Solids, Disodium Inosinate/Disodium Guanylate), and Salt.
CONTAINS A MILK INGREDIENT.

Información nutricional
Nutrition Facts

Tamaño de una porción 1 onza (28g/aprox. 15 totopos)
Porciones por bolsa aprox. 13
Serving Size 1 oz. (28g/About 15 chips)
Servings Per Container About 13

Cantidad por porción / Amount Per Serving	
Calorías 150	Calorías procedentes de la grasa 90
Calories 150	Calories from Fat 90
	% Aporte diario* / % Daily Value*
Grasa Total / Total Fat 10g	**15%**
Grasa saturada / Saturated Fat 1g	**5%**
Grasa Poli-insaturadas / Polyunsaturated Fat 3g	
Grasa Mono-insaturadas / Monounsaturated Fat 6g	
Ácidos grasos trans / Trans Fat 0g	
Colesterol / Cholesterol 0mg	**0%**
Sodio / Sodium 210mg	**9%**
Total Carbohidratos 14g	**5%**
Total Carbohydrate 14g	**5%**
Fibra dietética / Dietary Fiber 1g	**5%**
Azúcares / Sugars 0g	
Proteínas / Protein 2g	

Vitamina/Vitamin A 4%	•	Vitamina/Vitamin C 10%	
Calcio/Calcium 0%	•	Hierro/Iron 2%	
Tiamina/Thiamin 4%	•	Riboflavina/Riboflavin 2%	
Niacina/Niacin 8%	•	Vitamina B_6/Vitamin B_6 6%	
Fósforo/Phosphorus 2%	•	Manganeso/Manganese 4%	

* Los porcentajes del aporte diario están basados en una dieta de 2,000 calorías. Los aportes diarios podrían ser mayores o menores según las necesidades calóricas individuales:

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calorías/Calories:	2,000	2,500
Total grasa/Total fat	Menos de/Less than	65g	80g
Grasa sat/Sat fat	Menos de/Less than	20g	25g
Colesterol/Cholesterol	Menos de/Less than	300mg	300mg
Sodio/Sodium	Menos de/Less than	2,400mg	2,400mg
Total carbohidratos/Total Carbohydrate		300g	375g
Fibra dietética/Dietary Fiber		25g	30g

Calorías por gramo/Calories per Gram:
Grasa/Fat 9 • Carbohidratos/Carbohydrate 4 • Proteínas/Proteins 4

Ingredients: Corn, Vegetable Oil (Contains One or More of the Following: Corn, Sunflower, or Soybean Oil), and Salt.
No Preservatives.

Nutrition Facts
Información nutricional

Serving Size 1 oz. (28g/About 9 chips)
Servings Per Container 16
Tamaño de una porción 1 onza (28g/aprox. 9 totopos)
Porciones por bolsa 16

Amount Per Serving / Cantidad por porción	
Calories 130	Calories from Fat 90
Calorías 130	Calorías procedentes de la grasa 90
	% Daily Value* / % Aporte diario*
Total Fat / Grasa Total 6g	**9%**
Saturated Fat / Grasa saturada 1g	**5%**
Trans Fat / Ácidos grasos trans 0g	
Cholesterol / Colesterol 0mg	**0%**
Sodium / Sodio 110mg	**5%**
Total Carbohydrate 19g	**6%**
Total carbohidratos 19g	**6%**
Dietary Fiber / Fibra dietética 1g	**5%**
Sugars / Azúcares 0g	
Protein / Proteínas 2g	

Vitamin/Vitamina A 0%	•	Vitamin/Vitamina C 0%	
Calcium/Calcio 2%	•	Iron/Hierro 2%	
Vitamin/Vitamina E 4%	•	Vitamin/Vitamina B_6 4%	
Phosphorus/Fósforo 6%	•		

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

* Los porcentajes del aporte diario están basados en una dieta de 2,000 calorías. Los aportes diarios podrían ser mayores o menores según las necesidades calóricas individuales:

Calories/Calorías:		2,000	2,500
Total Fat/Total grasa	Less than/Menos de	65g	80g
Sat Fat/Grasa Sat.	Less than/Menos de	20g	25g
Cholesterol/Colesterol	Less than/Menos de	300mg	300mg
Sodium/Sodio	Less than/Menos de	2,400mg	2,400mg
Total Carbohydrate/Total carbohidratos		300g	375g
Dietary Fiber/Fibra dietética		25g	30g

Calories per Gram/Calorías por gramo:
Fat/Grasa 9 • Carbohydrate/Carbohidratos 4 • Protein/Proteínas 4

Ingredients: Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, and Folic Acid), Corn and/or Sunflower Oil, Salt, Cheddar Cheese (Cultured Milk, Salt, Enzymes), Buttermilk Solids, Whey, Maltodextrin, Romano Cheese from Cow's Milk (Cultured Milk, Salt, Enzymes), Monosodium Glutamate, Whey Protein Concentrate, Onion Powder, Sugar, Corn Starch, Partially Hydrogenated Soybean Oil, Modified Food Starch, Dextrose, Spices, Disodium Phosphate, Jalapeño Chili Pepper, Garlic Powder, Natural and Artificial Flavor, Artificial Color (Including Yellow 6, Yellow 5, Blue 1, Red 40), Citric Acid, Malic Acid, Lactic Acid, Disodium Inosinate, Disodium Guanylate, and Nonfat Milk Solids.
CONTAINS MILK INGREDIENTS.

Nutrition Facts

Serving Size 1 oz.

Amount Per Serving	
Calories 170	Calories from Fat 100
	% Daily Value*
Total Fat 11g	**17%**
Saturated Fat 1.5g	**7%**
Trans Fat 0g	
Cholesterol less than 5mg	**2%**
Sodium 250mg	**10%**
Total Carbohydrate 15g	**5%**
Dietary Fiber less than 1g	**2%**
Sugars 0g	
Protein 2g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 0%	•	Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whole Corn, Olestra, Salt, alpha-Tocopheryl Acetate (Vitamin E)*, Vitamin A Palmitate*, Tocopherols (to protect flavor), Vitamin K*, and Vitamin D*.

*Dietarily insignificant.

Nutrition Facts

Serving Size 1

Amount Per Serving	
Calories 90	Calories from Fat 10
	% Daily Value*
Total Fat 1g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 105mg	**4%**
Total Carbohydrate 20g	**7%**
Dietary Fiber 1g	**5%**
Sugars 0g	
Protein 2g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 4%	•	Iron 2%
Thiamin 2%	•	Vitamin B_6 4%
Phosphorus 6%		

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4