Soft Drink Nutrition Information for Carbonated Beverages
(United States)
Serving Size: 8 FL OZ (240 mL)

	Calories	Carbohydrates (grams)	Sodium (mg)	Potassium (mg)	Phosphorus (mg)	Caffeine (mg)	Saccharin (mg)	Aspartame (mg)	Acesulfame Potassium (mg)	Sucralose (mg)
Coca-Cola classic	97	27	33	0	41	23	0	0	0	0
caffeine free Coca-Cola classic	97	27	33	0	41	0	0	0	0	0
Coca-Cola Black Cherry Vanilla	100	27	25	0	37	23	0	0	0	0
Coca-Cola Blak	46	12	32	32	41	46	0	17	17	0
Coca-Cola C2	45	12	30	28	41	23	0	12	12	2
Coca-Cola with Lime	98	27	25	34	37	23	0	0	0	0
Coca-Cola Zero	0.7	0.1	28	31	36	23	0	58	31	0
Diet Coke	1.0	0.1	28	12	18	31	0	125	0	0
caffeine free Diet Coke	1.0	0.1	28	12	18	0	0	125	0	0
Diet Coke Black Cherry Vanilla	1.2	0.1	28	31	37	23	0	57.6	31.2	0
Diet Coke Sweetened with Splenda	1	0.1	28	18	33	23	0	0	30	40
Diet Coke with Lime	2.0	0.1	28	19	18	31	0	50	34	0
cherry Coke	104	28	28	0	37	23	0	0	0	0
diet cherry Coke	0.5	0.1	28	19	23	23	0	50	34	0
Fresca	2.0	0.1	24	59	trace	0	0	50	34	0
Fresca Black Cherry	2.5	0	24	57	trace	0	0	50	34	0
Fresca Peach	2.2	0	24	57	trace	0	0	50	34	0
Inca Kola	96	26	31	0	0	25	0	0	0	0
diet Inca Kola	1.0	trace	34	7	0	25	0	52	35	0
Manzana Mia	99	27	47	3	trace	0	0	0	0	0
Pibb Xtra	97	26	28	14	29	27	0	0	0	0
diet Mr. Pibb	1.3	0.3	26	20	29	27	0	125	0	0
Pibb Zero	1.5	0.1	31	22	29	27	0	68	42	0
Red Flash	105	28	21	12	0	27	0	0	0	0
Sprite	96	26	47	0	0	0	0	0	0	0
Sprite ReMix Aruba Jam	97	26	44	0	0	0	0	0	0	0
Diet Sprite Zero	2.4	0	24	73	0	0	0	50	34	0
TAB	0.6	0.1	28	12	30	31	64	19	0	0
vanilla Coke	100	28	25	0	37	23	0	0	0	0
diet vanilla Coke	0.8	0.1	28	19	18	31	0	50	34	0
Barq's root beer	111	30	48	trace	0	15	0	0	0	0
Barq's Floatz	127	34	44	2	0	15	0	0	0	0
diet Barq's root beer	0.9	0.1	48	9	0	0	0	66	44	0
Barq's Red Crème soda	115	31	43	0	0	0	0	0	0	0
diet Barq's Red Crème soda	3.7	0	43	0	0	0	0	170	0	0
Barq's French Vanilla Crème soda	112	30	44	0	0	0	0	0	0	0
diet Barq's French Vanilla Crème soda	1.4	trace	44	trace	0	0	0	160	0	0
Fanta Apple	121	33	39	0	0	0	0	0	0	0
Fanta Berry	117	32	22	34	0.1	0	0	0	0	0
Fanta Citrus	91	25	16	1	0	0	0	0	0	0
Fanta Grape	122	33	30	0	0	0	0	0	0	0
Fanta Lemon	112	30	30	trace	0	0	0	0	0	0
Fanta Orange	111	35	35	0	7	0	0	0	0	0
Fanta Zero Orange	2.2	.05	24	49	0	0	0	59	39	0
Fanta Peach	110	29	30	0	0	0	0	0	0	0
Fanta Pineapple	120	33	35	0	0	0	0	0	0	0
Fanta Pink Grapefruit	113	30	30	trace	0	0	0	0	0	0
Fanta Red Tangerine	123	33	40	0	7	0	0	0	0	0
Fanta Strawberry	120	33	30	0	0	0	0	0	0	0
Fanta black cherry	110	29	35	0	0	0	0	0	0	0
Mello Yello	118	32	33	20	trace	35	0	0	0	0
diet Mello Yello	3.3	0.2	25	51	trace	35	0	38	86	0
Mello Yello Cherry	118	32	30	20	trace	35	0	0	0	0
Mello Yello Melon	119	32	30	20	trace	35	0	0	0	0
Northern Neck Ginger Ale	94	24	22	15	0	0	0	0	0	0
Diet Northern Neck Ginger Ale	3.7	0	24	13	0	0	0	92	0	0
Carver's Ginger Ale	94	24	22	15	0	0	0	0	0	0

This information applies only to bottled and canned soft drinks and not to those served from a fountain dispenser. Every product contains 0 grams total fat and 0 grams protein. Values listed in this table may differ from those declared in the Nutrition Facts panels on packaging labels due to rounding rules required by the U.S. Food and Drug Administration.

3/20/2006