CLINICA
family health

Self-Assessment Sheet: Healthy Families

1. How does your family support you in taking care of your diabetes?

2. Does having diabetes impact the way you raise you kids?

3. Do you have other family members with diabetes? What do you remember about their health?

4. How does having diabetes impact the daily life of you family?

5. How does diabetes impact your family celebrations?

6. How does having DM impact how you plan for your family's future?

7. How has your role in your family changed since you have been diagnosed with diabetes? Or has it changed?

8. How does diabetes impact your family's finances?

*Adapted from Centering Pregnancy® Model Handbook

GV-112.1-0316 PR
Revised By GVO March 2016