CLINICA
family health

Self-Assessment Sheet: Blood Pressure

1. It is more important to control my blood pressure verses my blood sugar levels? True or False

2. High blood pressure affects my kidneys? True or False

3. High blood pressure affects my blood sugar levels? True or False

4. Does my weight affect my blood pressure? True or False

5. Does my weight affect my blood sugar levels? True or False

6. If my pulse is fast that means that my blood pressure is high? True or False

7. I will always experience symptoms when my blood pressure is high? True or False

8. High blood sugar levels affect my pulse? True or False

9. Stress affects my diabetes and high blood pressure? True or False