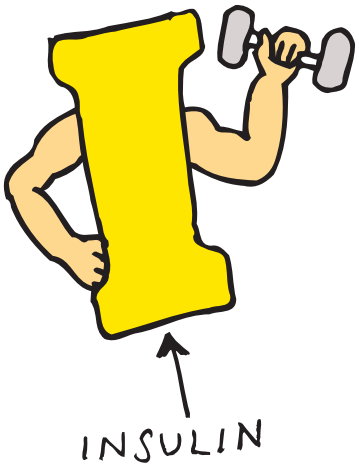
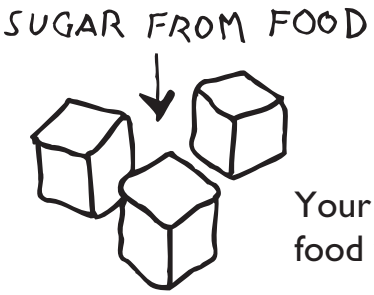
WHAT IS INSULIN?

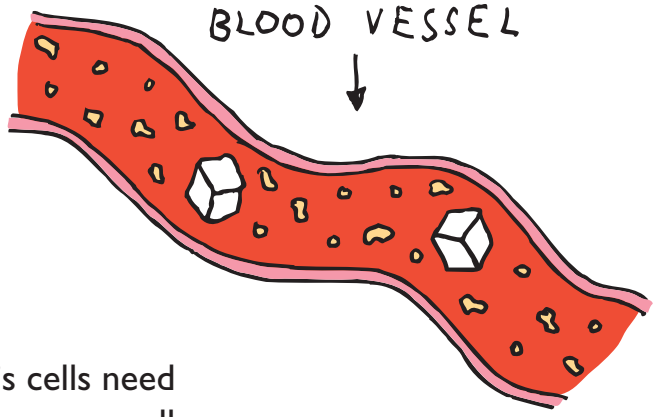
Insulin is made by the body.

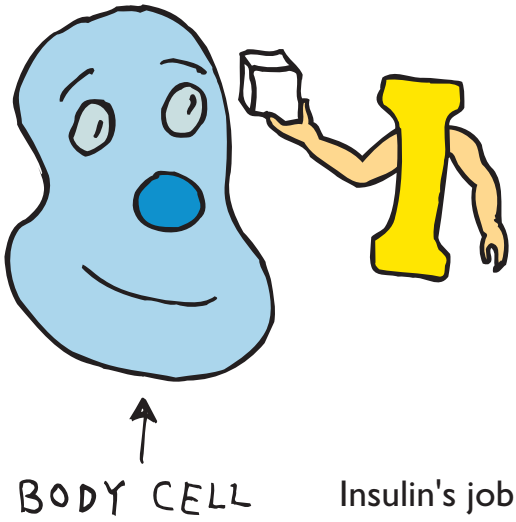




Your body changes much of the food you eat into a type of sugar.

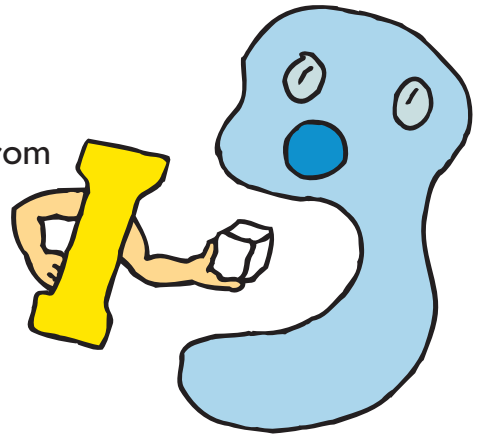
Sugar travels in your blood to all the cells in your body.





Your body's cells need sugar to keep you well.

Insulin's job is to help sugar move from your blood into your body's cells.



CLINICA family health
303.650.4460 www.clinica.org

Provided by Clinica Family Health.
© 2008 Learning About Diabetes, Inc.
All rights reserved. Rev. 2015