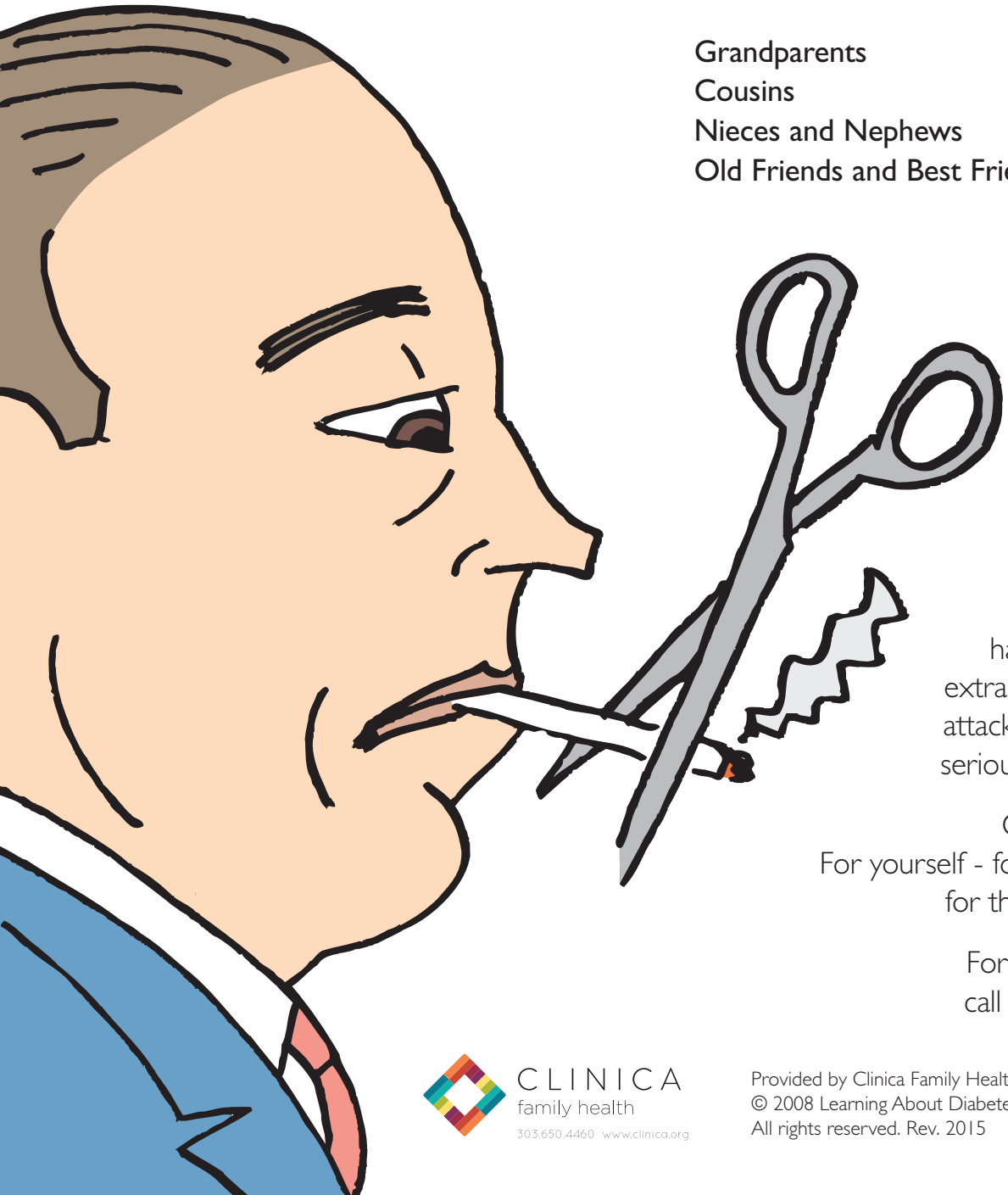
SMOKING WITH DIABETES

Things you don't want to miss:
Birthdays
Weddings
Holidays
Parties

Grandparents
Cousins
Nieces and Nephews
Old Friends and Best Friends



Smokers who have diabetes are at extra-high risk for heart attack, stroke, and other serious health problems.

Quit smoking now!
For yourself - for those you love - for those who love you.

For more information, call 1-800-QUITNOW.

CLINICA
family health
303.650.4460 www.clinica.org

Provided by Clinica Family Health.
© 2008 Learning About Diabetes, Inc.
All rights reserved. Rev. 2015