CLINICA family health

Diabetes Group Visit Curriculum: Sexual Health

1. Patient handouts needed for this class	Name tags Patient Diabetes Log (English and Spanish) Sexual Health for Men and Women Eng Sexual Health for Men and Women_Spa
2. Special supplies needed for this class	White board or Easel Note Pad Dry eraser marker or sharpies
3. Are any special guest attendees required and if so, who? (List roles needed and topics they will cover)	BHP can serve as Auxiliary Facilitator
4. Welcome Activity (provide examples of: introductions, ice breaker, opening activity)	Partner Interview: Divide group into pairs. Partners interview each other. After spending 5 minutes interviewing, the group comes back together and forms a circle. Each person takes a turn (clockwise around circle) introducing his or her partner sharing the information gained from the interview. Sample Questions: First and last name Nickname Home town Number of siblings Special talent hobby or interest Favorite type of music Favorite type of book Favorite movie
5. Completion of Self-Assessment Sheet (SAS)	N/A
6. Questions to ask group participants to begin facilitated group discussion	Have the groups anonymously write down question or concerns on a piece of paper and then answer questions as a groups.
7. List important topics to cover –	What does the group want to learn? Did patient feel comfortable in the groups visit surroundings?

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takeaways for group participants	Sexual Health for Men and Women
8. Goal setting	I will have one conversation with my partner about something that has worried me. SMG Goal Sheet: English or Spanish
9. Hand out group visit assessment or survey (sessions XX)	Inform patients that the survey will be issue twice a year for the life of the group (session #2 and #4) DM Patient Survey Recommend distributing survey at the end of the session
10. Remind group participants of next group time/follow-up that is needed	Group will meet every 3 months Reminder of any homework/patient handouts Notify patients of next session topic any guests attending next session
11. Closing Activity	Share one thing you will try to do for yourself before the next meeting

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