CLINICA family health

Diabetes Group Visit Curriculum: Retinopathy

1. Patient handouts needed for this class	Name tags Patient Diabetes Log (English and Spanish) Review topic and handouts with patients Diabetes&YourEyesEN_Clinica Diabetes&YourEyesSP_Clinica
2. Special supplies needed for this class	White board or Easel Note Pad Dry eraser marker or sharpies Pens PowerPoint Overview: Retinopotia Eng Retinopotia Spa
3. Are any special guest attendees required and if so, who? (List roles needed and topics they will cover)	No
4. Welcome Activity (provide examples of: introductions, ice breaker, opening activity)	Most Unique: Go around the room and have each person share something that makes them different from anyone in the group. For example: "I've never left the state I was born in." or "I am one of ten kids."
5. Completion of Self-Assessment Sheet (SAS)	SAS Diabetic Retinopathy Eng SAS Diabetic Retinopathy Spa
6. Questions to ask group participants to begin facilitated group discussion	• Have you ever had a retinal exam? • Can you explain in your own words what a retinal exam is or why we must have it done?
7. List important topics to cover – takeaways for group participants	What is a retinopathy exam? Why the retinopathy exam is performed? How often should it be performed?
8. Goal setting	Schedule your retinal exam SMG Goal Sheet: English or Spanish

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9. Hand out group visit assessment or survey (sessions XX)	Inform patients that the survey will be issue twice a year for the life of the group (session #2 and #4) GV Patient Satisfaction Survey Recommend distributing survey at the end of the session
10. Remind group participants of next group time/follow-up that is needed	Group will meet every 3 months Reminder of any homework/patient handouts Notify patients of next session topic any guests attending next session
11. Closing Activity	Complete the following sentence ("thank you" is meant for someone in the group): "Thank you for sharing _____."

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