CLINICA family health

Diabetes Group Visit Curriculum: Chronic Medical Conditions

1. Patient handouts needed for this class	Name tags Patient Diabetes Log (English and Spanish) SAS Preventative Complications Eng SAS Preventative Complications Spa DiabetesAndYourHeartEN_Clinica DiabetesAndYourHeartSP_Clinica ProtectYourKidneysEN_Clinica ProtectYourKidneysSP_Clinica Handouts may be used as topic discussion or sent home for patient to review.
2. Special supplies needed for this class	White board or Easel Note Pad Dry eraser marker or sharpies Pens Laminated cards: Negative effects of DM on your body - picture cards - English Negative effects of DM on your body - picture cards - Spanish
3. Are any special guest attendees required and if so, who? (List roles needed and topics they will cover)	No
4. Welcome Activity (provide examples of: introductions, ice breaker, opening activity)	Self-Assessment Sheets SAS Preventative Complications Eng SAS Preventative Complications Spa
5. Completion of Self-Assessment Sheet (SAS)	N/A
6. Questions to ask group participants to begin facilitated group discussion	What are some of the organs that could be affected by diabetes? What can patient do to prevent further complications related to uncontrolled diabetes? Review of laminated cards – CM hands a card to each participant. The participant explains how that organ is negatively impacted by diabetes. The

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	CM reviews the harmful effects of diabetes based on the diagram (included with the laminated cards)
7. List important topics to cover – takeaways for group participants	Impact of diabetes organs (heart and kidneys) Learn new ways to prevent further complications.
8. Goal setting	I will _____ to prevent further complications. SMG Goal Sheet: English or Spanish
9. Hand out group visit assessment or survey (sessions XX)	Inform patients that the survey will be issue twice a year for the life of the group (session #2 and #4) DM Patient Survey Recommend distributing survey at the end of the session
10. Remind group participants of next group time/follow-up that is needed	Group will meet every 3 months Reminder of any homework/patient handouts Notify patients of next session topic any guests attending next session
11. Closing Activity	So What Exercise: What takeaways from the lesson will be important to know? Why?

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