Defining Populations, Identifying Complex Patients and Using Data to Design Care Strategies

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Cherokee Health Systems
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Primary Behavioral Health

Our Mission...

To improve the quality of life for our patients through the blending of primary care and behavioral health.

Together...Enhancing Life



Primary Service Area





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Giving our Best for Those Most in Need Improving Access and Outcomes for the Underserved

Calendar Year 2018

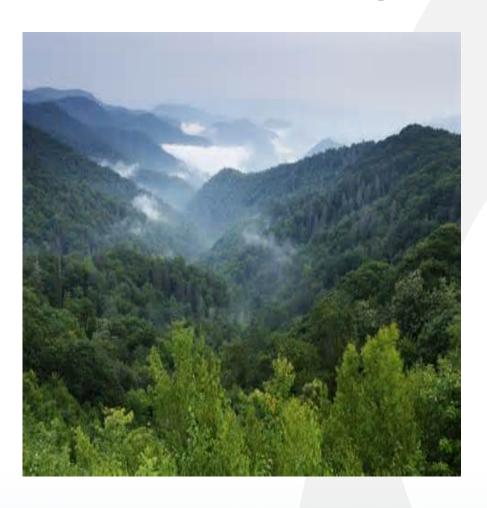
72,911 Patients Seen 383,230 Services Provided 16,690 New Patients



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INTEGRATED CARE

Strategic Emphases



- Population-based care
- Blended behavioral and primary care
- Go where the grass is brownest
- Outreach and care coordination
- Telehealth
- Training healthcare providers
- Value-based contracting
- Healthcare analytics



Populations/Communities Served

- Rural Appalachian
- Black/African American
- Migrant/Agricultural Farm Workers
- Latino/Hispanic
- Homeless
- Public Housing
- Refugee Africa, Middle East, Eastern Europe/Russia



Managing an Assigned Population

- 35,000 assigned Medicaid lives
- Value-based contracts put us at risk (both upside and downside) for quality targets and cost targets (quality bonus and shared savings)
- Who are these patients?
- What is driving their use of services? Medical? Psych?
 SDOH?
- Who are the sickest and what resources do they need?
- Who are next sickest and what resources do they need?



Complex Adaptive Theory: Applications for PC

SIMPLE



- Recipe essential
- Recipe tested to assure replicability
- No particular expertise, knowing how to cook increases results

COMPLICATED



- Formulas are necessary
- High level of expertise in many specialized fields
- Separate parts and then coordinate

COMPLEX



- Formulas have limited application
- Expertise can help, but not key, relationships
- Can't separate parts from whole
- Every child is unique
- Outcome is uncertain

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Population Health Management

Bio-Psycho-Social Assessment (BPSA)



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Model description

- Biopsychosocial Algorithm of Patient Complexity
- Quantifies patient complexity from biological, psychological, and social domains

 Points assigned to conditions are combined into overall BPSA score by patient



Patient Information

Age, Income, BMI, Language, Living Arrangement

Appointment No-Show Rate, Care Plan Engagement

Claims / Utilization

Medical and Behavioral Diagnoses

Prescriptions, BHC Visits, Hospital IP/ER Use



BPSA Score

Social Factors

Support System, Isolation, Legal, Culture, Access to Health Care

Transportation, Housing, Access to Food, Education, Employment



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Patient, EHR, HIE, Claims Data...

Med (Bio)

Hypertension

Asthma

Myocardial Infarction

Cerebrovascular Disease

Diabetes

Leukemia

Low Back Pain

AIDS

Hep C

Etc.

Psych/BH

Anxiety

Trauma/PTSD

Substance Use Disorder

Major Depression

Bipolar Disorder

Schizophrenia

Social

Income below federal poverty guidelines

Homeless or unstable housing

Transportation barriers

Employment barriers

Issues with primary support system

Legal problems

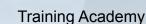
Lack of access to food/clothing

Social isolation

Language/cultural barriers

Health Literacy

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Quality Metrics

	NCQA 75th	TennCare	
	Percentile	Target	Proposed
Measure	(2013)	2014	Target
Childhood Immunization Status, Combo 10 (CIS 10)	38%	n/a	%
Treatment for Children with Upper Respiratory Infection (URI)	90%	84%	%
Breast Cancer Screening (BCS)	58%	55%	%
Controlling High Blood Pressure (CBP)	63%	64%	%
Diabetic HbA1C Testing (CDC HbA1C)	87%	n/a	%
Diabetic LDL-C Screening (CDC LDL)	81%	n/a	%
Postpartum Care / Visits (PPC)	71%	71%	%
Follow up Visit Within 7 Days of Discharge from Acute MH Admission	69%	n/a	%
Antidepressant Medication Management -Acute Phase, First 60 Days	56%	n/a	%
Follow-Up Care for Children Prescribed ADHD Medication	46%	n/a	%



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Optimizing EHR for Integrated Care and Population Mgmt.

Integrated
Clinical Record

Communication

Coordination

Patient Dashboard



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Multi-Level Population Health: Team Coordination And Communication

- Dashboards CHS, Region, Clinic, Provider, Patient Dashboard
- Weekly Integrated Team Meetings
- EHR Team Care Coordination
- Daily Opportunities Reports
- Morning Huddles
- Patient Outreach
- Patient/Family





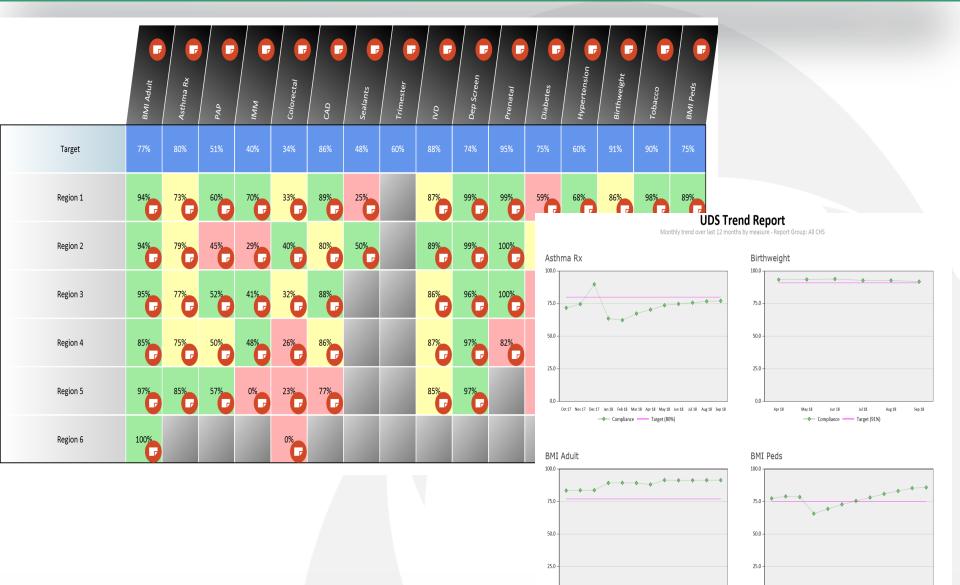
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Monday Morning Coffee... and Dashboards

. Weight Screening (Line 13)	77%	91%	D: 31,
Asthma Pharmacologic Therapy (Line 16)	80%	778	N: 653 D: 847
Cervical Cancer Screening (Line 11)	51%	eos	N: 6,618 D: 13,112
Childhood Immunization (Line 10)	40%	47%	N: 409 D: 871
Colorectal Cancer Screening (Line 19)	34%	91%	N: 4,210 D: 13,555
Coronary Artery Disease: Lipid Therapy (Line 17)	86%	84%	N: 615 D: 733
Dental Sealants	48%	33%	N: 6 D: 18
Early Entry Into Prenatal Care	60%	S9%)	N: 299 D: 511
Ischemic Vascular Disease (Line 18)	88%	67%	N: 1,377 D: 1,575
Patients Screened for Depression and Follow-Up (Line 21)	74%	97%	N: 14,439 D: 14,963
Prenatal - Complete Data	95%	57%	N: 503 D: 579
Table 7 - Diabetes	75%	65%	N: 2,918 D: 4,521
Table 7 - Hypertension	60%	65%	N: 9,632 D: 14,725
Table 7 - Low Birth Weight	91%	93%	N: 66 D: 71
Tobacco Use Screening and Cessation (Line 14a)	90%	95%	N: 28,424 D: 29,888
ুৰight Assessment/Counseling for Children (Line 12)	75%	86%	N: 9,169 D: 10



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Oct 17 Nov 17 Dec 17 Jan 18 Feb 18 Mar 18 Apr 18 May 18 Jun 18 Jul 18 Aug 18 Sep 18

INTEGRATED CARE

Oct 17 Nov 17 Dec 17 Jan 18 Feb 18 Mar 18 Apr 18 May 18 Jun 18 Jul 18 Aug 18 Sep 18

CHS Real-Time Interactive Dashboard





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Patient Dashboard

Status

Last Date

Date

Due Date

Go to BH Home Page Go to BH Consult Go to PC Home Page | Add Care Plan Note Version 1.2.1 | Patient Portal Enrollment Status: Token Issued Send Task

Ongoing 02/11/2016

RXN Desc

None

Care Coordination

Point of Care Preventative Care

Hospital ER/Admissions (Last 90 Days)

Protocol

Description

Care Intervention CHC outreach when indicated

Care Team					
Туре	Provider				
PCP	Grieve PA-C, Heather				
PSY	Phillips PMHNP-BC, Rebekah Marie				
TPR	FREEMAN PHD, DENNIS				
TX	FREEMAN PHD, DENNIS				
Future Appointments					
Provider		Event	Time	Date	
FREEMAN PHD, DENNI	S	BH 30 Therapy	09:30	02/16/2016	
Serrell MD, Paul Bur	t F	C Nephrology FU	10:00	03/03/2016	
Phillips PMHNP-BC, Rebeka	h Marie	BH Est Psy 15	09:30	03/30/2016	
Past Appointments					
Provider		Event	Status	Date	
FREEMAN PHD, DENNI	S	BH 30 Therapy	Kept	01/19/2016	
FREEMAN PHD, DENNI	S	BH 30 Therapy	Cancelled	01/07/2016	
Yates MD, James Doug	las F	C Cardio Fol Up	Kept	01/07/2016	
Self Management					
	Goal		Status	Start Date	

Walk 30 mins 3 x a week

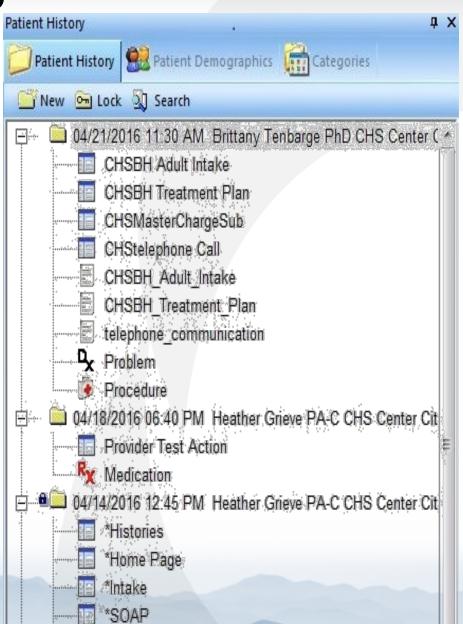
Description NO KNOWN DRUG ALLERGIES

Allergies

Due	07/19/2012	07/19/2013
	09/18/2013	09/18/2016
	11/26/2012	01/14/2034
Status	Last Date	Due Date
Due		02/15/2016
	08/25/2015	08/25/2016
	11/10/2015	05/10/2016
	09/25/2015	09/25/2016
Due	11/01/2011	11/01/2012
Primary Beh	avioral Hea	alth
INTEGR	ATED	CARE
	Status Due Due Primary Beha	11/26/2012 Status Last Date Due 08/25/2015 11/10/2015 09/25/2015

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Integrated Clinical Record



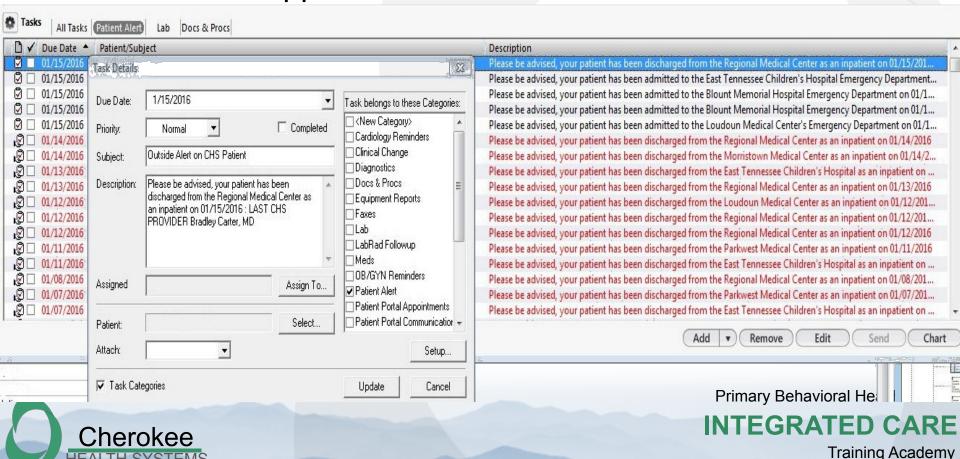
Cherokee

HEALTH SYSTEMS

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Communication **HIE & Payor Data Integration with EHR**

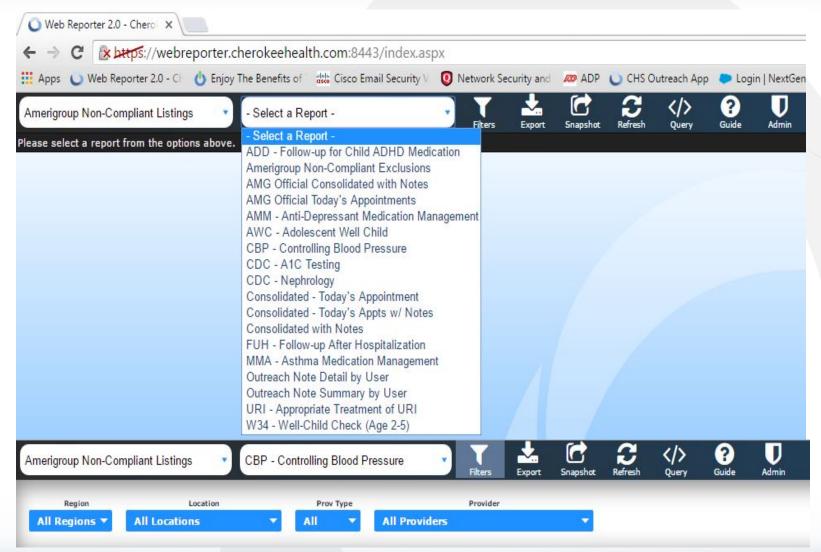
Automated tasks created for admissions, discharges and transfers **Appears on Patient Dashboard**



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HEALTH SYSTEMS

CHS Web Reporter





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Coordination

Call Inform Contact typ			Spoke with: Patient	Contact Information: Home:	Alternate: Ext	:
Irgency:			Relationship:	Day: Ext:	Cell:	
04/27/201	6 2:0	7 PM		Other: (this call only)	Email:	
After ho	ours		♦ HIPAA	*= Preferred contact		
Communic				Actions:	Details:	Complete
you have	I saw this pt a f/u with hii	today who reported m in four weeks and I	y C Phrase My Phrases Manage My Phrases improved mood and functioning. I see that will see him concurrent with that visit.	Schedule appointment: Send referral: Place new medication order: Adjust medication: Send test result(s): Counsel patient: Other:		
	ergies/Chroi	nic Problems			Admin Action Release of Tasking:	Info Log (PHI)
Date	Time	Concerns/Issues	Comments Employee T		Priority: Normal	
			J.	1	Send & Close	

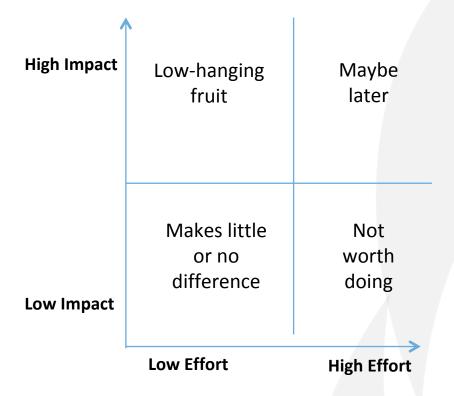


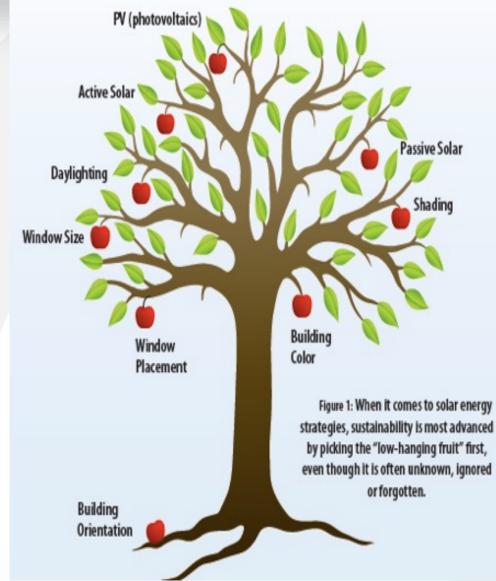
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Population Management & Care Coordination

 Daily automated non-compliant patient reports emailed to practice administrators, CHCs and BHCs

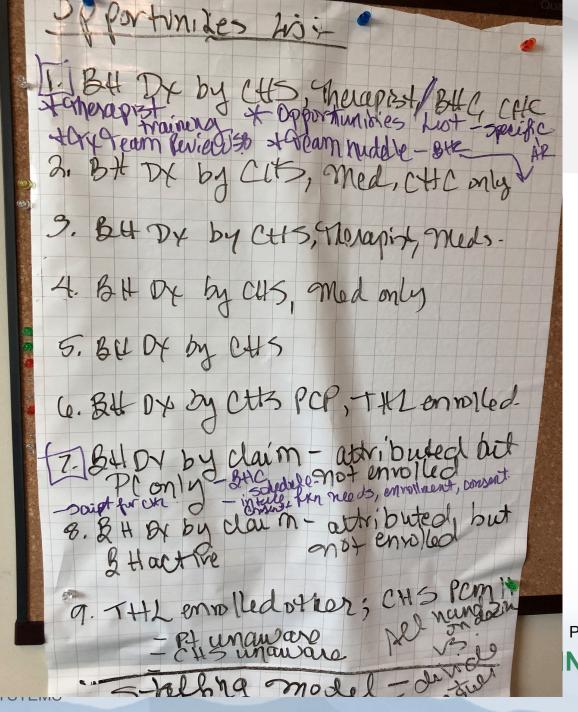








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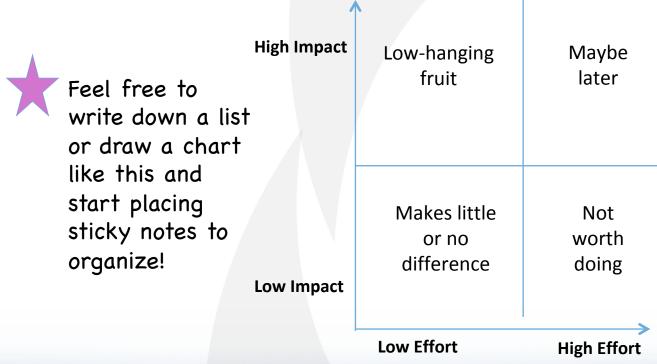
NTEGRATED CARE

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Activity

In your team groups, think about and write down:

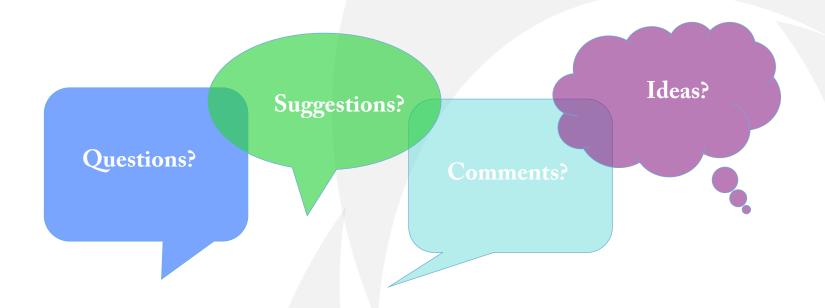
- What data do you have available?
- Where do you think you're putting a lot of effort with low impact?
- Where can you put focused effort for high impact results?
- What is your low hanging fruit?





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Thank you!





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