Welcome!



California ACEs Learning and Quality Improvement Collaborative (CALQIC) Virtual Kickoff Event July 14, 2020

This virtual session is being recorded and will be posted to careinnovations.org/calqic-portal

Everyone is currently muted. To unmute yourself: Press *7 To mute yourself: Press *6

Please use the chat box to ask questions.

CCI Program Leads











Veenu Aulakh President **Tammy Fisher** Senior Director **Megan O'Brien** Senior Program Manager **Nikki Navarrete** Program Coordinator





Agenda







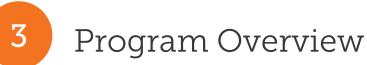
Support in Implementing Changes



Cohort Introduction



Calendar + Program Portal







Coaching Team





Elizabeth Morrison



Leena Singh



Chris Bradley



Evaluation Support The Center for Community Health and Evaluation (CCHE)





Maggie Jones, Director



Lisa Schafer, Senior Evaluation & Learning Consultant





Monika Sanchez, Evaluation & Learning Associate

Creagh Miller, Evaluation & Learning Associate



CALQIC UCSF Leadership





Edward Machtinger MD, UCSF Co-Director



Anda Kuo MD, UCSF Co-Director

Marguerita Lightfoot Ph.D. UCSF Co-Director



Naomi Bardach MD, MAS, UCSF Evaluation Lead



CALQIC and ACES Aware





ACEs Aware is an initiative led by the Office of the California Surgeon General and the Department of Health Care Services to give Medi-Cal providers training, clinical protocols, and payment for screening children and adults for ACEs. UCSF Center to Advance Traumainformed Healthcare in partnership with the enter for Care Innovations (CCI) to lead CALQIC:

- 15-month learning collaborative
- 15 primary care organizations
- Primarily Medi-Cal patients across seven regions
- Identify promising practices, tools, resources and partnerships that will inform future phases of ACEs Aware.



CALQIC Vision

Integrate screening & response for ACEs in healthcare settings in a way that enhances connection between patients and providers, helps connect patients to services that they want and need, and leads to better outcomes, reduced disparities, and more positive experiences of care for all involved.





Poll #1

"How are you feeling about implementing ACEs screening and response at your organization at this moment?"

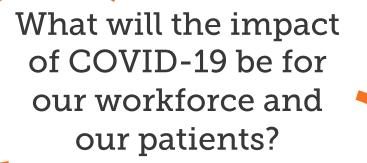
1.Ready to go2.Overwhelmed3.Unsure4.Excited5.Confident

- 6. Hesitant
- 7. Cautious
- 8. Obligated
- 9. Grateful
- 10. Curious



DON'T WORRY if I BURST INTO TEARS - J'M FINE, JUST OVERWHELMED AND HAPPY TO BE HERE

How will we get our care teams to adopt and be enthusiastic about yet another workflow when they have been stretched outside their comfort areas constantly for the last 3+ months?



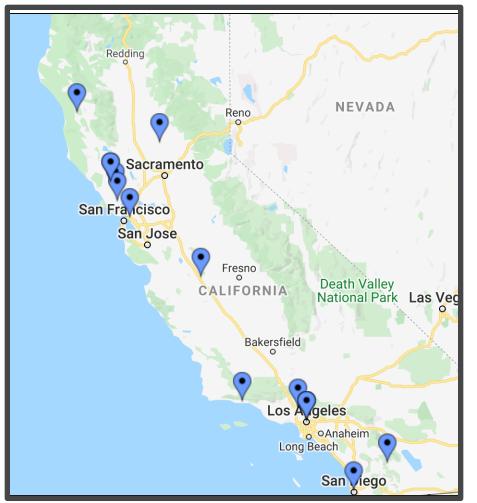
Can we make this a priority in the face of COVID related challenges?

Cohort Introductions



CALQIC Cohort At a Glance*





- Borrego Community Health Foundation
- **Eisner Pediatric and Family Medical Center**
- Family Health Centers of San Diego
- Harmony Health Medical Clinic and Family 4. **Resource Center**
- La Clinica de La Raza Inc
- LA County Department of Health Services 6.
- Long Valley Health Center 7.
- Los Angeles Christian Health Centers
- Marin Community Clinics 9.
- 10. Northeast Valley Health Corporation
- 11. Petaluma Health Center
- 12. Santa Barbara Neighborhood Clinics
- 13. Santa Rosa Community Health
- 14. Sonoma County Indian Health Project
- 15. The Regents of the University of California San Francisco at Fresno

CALQIC Cohort At a Glance



EHR

- 5 NextGen
- 4 eCW
- 2 EPIC
- 4 others (Greenway Intergy, eMD, Custom Built, Cerner)

Regions

- 5 Bay Area
- 4 LA
- 2 Northern California
- 1 Central Valley
- 2 San Diego/Inland Empire
- 1 Central Coast

Medi-Cal

 # of Annual Medi-Cal Patients range from 1,891 to 243,416

Sites

• # of clinic sites ranging from 1 to 35



ACEs Screening & Response Spectrum

Actively screening all ages

Actively screening some populations

Not screening yet but have a plan



CALQIC Bright Spots



Borrego Community Health Foundation	 Has many programs built around trauma-informed care, like the HealthySteps Program. The program involves a HealthySteps Specialists working with pediatricians in addressing a child's social-emotional well-being and growth in a non-stigmatizing setting.
Eisner Pediatric and Family Medical Center	 Strong focus on staff wellness including supporting staff in understanding stress and building resilience. Also had a permanently funded Trauma-Informed Care Coordinator!
Family Health Centers of San Diego	 Has an EHR that has been designed, developed, and maintained in-house, allowing FHCSD to incorporate new projects and processes relatively seamlessly over the years. Teams members have T/TA experience related to TIC.
Harmony Health Medical Clinic and Family Resource Center	 Established a Family Resource Center in 2002 with home visitation services for families with children 0-5 and full scope community resources and outreach services to patients.
La Clinica de La Raza Inc	 Committed to becoming a healing organization through current mental health programs (I.e., Cultura Y Bienestar, Casa del Sol) as well as robust clinical response to trauma, including Integrated Behavioral Health.



CALQIC Bright Spots



LA County Department of Health Services	 Great training materials for screeners and has been adapting to telehealth screening & response. Also has successfully added the screening tool and response into our EHR.
Long Valley Health Center	 First PCMH clinic in CA to be recognized by NCQA for the integration of Medical and Behavioral Health Services, with a strong integrated team that strives to always consider the patient perspective when providing care.
Los Angeles Christian Health Centers	 ACES screening established for pediatrics, with mental health available for warm handoff and same day consult. Has worked toward the creation of a safe place for patients and providers.
Marin Community Clinics	 Successful 2-year pilot of ACEs screening in a subset of pediatric patients, existing ACEs screening template in our EHR, solid foundation of trauma-informed care knowledge across the organization, buy-in and motivation from our executive leadership to be successful.
Northeast Valley Health Corporation	 Developed training curriculum and algorithm and using circle charts and One Degree for referrals and follow-up.



CALQIC Bright Spots



Petaluma Health Center	• Experience with developing community partnerships. Also has a screening process in-person for peds, providing universal education to families, and a training process for MA's to better understand screening and interventions. Also has built care gaps and structured data into EHR.
Santa Barbara Neighborhood Clinics	• Established a Screening/Intervention Program for Infants and their parents and have worked through organization-wide Trauma Informed Care training. Involved Wellness Navigators who are unlicensed, para-professionals. Working with partners Child Abuse Listening Mediation (CALM) and UCSB and has published two white papers on program's research thus far.
Santa Rosa Community Health	 Has been screening peds for the past several years; use a "flipped visit" model that integrates a BH clinician in a scheduled medical visit when/where appropriate; and spearheads the Sonoma Community Resilience Collaborative.
Sonoma County Indian Health Project	 Protected time for staff training (ACES-Aware) & deep understanding of the need for a relational approach to new programs or interventions.
The Regents of the UCSF at Fresno	 Built a robust network of CBO's and cross sector agencies in order to make linkages more efficient and effective. Also has increased community networking and built relationships with community partners and residents.



Northeast Valley Health Corporation a california health⁺ center

California ACEs Learning & Quality Improvement Collaborative (CALQIC)

Presented by:

Debra Rosen, RN, MPH Director, Quality and Health Education

"Caring for our community's health since 1973"

Northeast Valley Health Corporation (NEVHC)

- FQHC in SPA 2 of LA County serving the San Fernando and Santa Clarita Valleys
- \circ 16 clinic sites
- o 347,313 visits in 2019
- o 82,565 users/patients in 2019
- o 84% Latino
- 97% < 200% of FPL
- 73% < 100% of FPL
- 46% ages 0-17; 54% 18 & up
- \circ 21% uninsured
- o EHR System- NextGen
- Important thing to know about our organization: We are trained in human centered design





Our CALQIC Team



Debra Rosen, Director, Quality and Health Education Project Lead



Dr. Gina Johnson, MD Pediatric Medical Director Provider Champion



Evelyn Vega Director, Behavioral Health



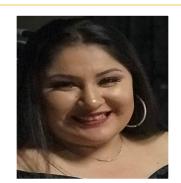
Jessica King Associate Director of Health Education

"My new hobby is backyard bird watching. I have 10 bird feeders in my yard." "My mom and I have run 3 Comrades ultramarathons (50+ miles) in South Africa and over 20 full marathons with Team World Vision, bringing clean water to 10 countries in Africa and child sponsorships to countries as diverse as Albania, Haiti, Rwanda and Uganda." "I once worked for the Glendale Police Department." "Loves to createfood, crafts, furniture, etc."



"Caring for our community's health since 1973"

Our CALQIC Team



Jasmine Galindo Program Manager Data and Metrics Lead



Paula Kuhlman, MD Pediatrician (NEVHC, Newhall) Physician Lead



Lupe Ortega Frontline Workflow Coordinator Staff and Operations Lead



Alejandra Mata Program Manager, Public Health

"I have 12 screws and 2 plates in my ankle."

"I am a former elite and All-American gymnast, competed for UCLA."

"My favorite movie is Pixar's UP." "I grow peaches, oranges, mandarins, kumquats, grapefruits and lemons."



Northeast Valley Health Corporation a california health⁺ center

"Caring for our community's health since 1973"

\circ Our current strengths:

- \circ Our Team
- $\circ~$ Our curriculum and algorithm
- $_{\odot}\,$ Using circle charts and One Degree for referrals and follow-up

Our biggest challenges:

- $\,\circ\,$ Care team buy-in as we spread
- Mapping data to i2i Tracks for reporting
- Ensuring staff document correctly

• Areas of greatest uncertainty:

 $_{\odot}\,$ COVID 19 and the influx of positive ACE screens



Advice & Guidance For Other Teams

- Are there specific content areas your team has developed expertise or wisdom that you are willing to share more about with your peers?
 - Algorithm and Circle Charts
 - $_{\odot}\,$ Utilization of One Degree
- What are you most proud of in your sites/system that others should know about?
 - Data driven, Innovative, and use of Technology





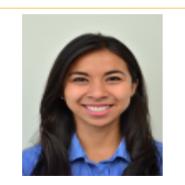
Who We Are

- Location: Marin Community Clinics (MCC) is located in Marin County, California. Our clinic sites are located in Larkspur, San Rafael and Novato. In addition, we are opening a new clinic in Greenbrae.
- **Population Served:** We serve 38,500 patients and approximately one third of these patients are children. The majority of our patient population (73%) are Medi-Cal recipients. As to ethnicity, 66% are Latino, 24% Caucasian, and the other 10% mostly Asian/Pacific Islander and African American.
- We are open to everyone regardless of ability to pay.

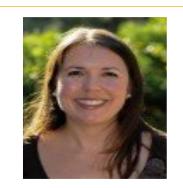
- # of Clinic Sites: 7
- EHR system: NextGen
- Important thing to know about our organization: We are the largest Federally Qualified Health Care Center in Marin County and serve the majority of the uninsured and underinsured patients from our community. We strive to offer a variety of medical and dental services that improve and promote health and wellbeing in a holistic manner.



Our CALQIC Team



Heyman Oo, MD, Associate Medical Director of Novato South Clinic, Project Lead



Melanie Thompson, MD, Regional Medical Director, Lead operational & clinical implementation



Caren Schmidt, PsyD, Associate Director of Behavioral Health, Behavioral Health Leadership



Erinn lance, CNM, OB Program Manager, OB Leadership



Michelle Baron, MD, Lead OB Physician, OB Leadership



Rashem Agarwal, MD, Pediatrician, Lead Clinical Implementation



Current State: ACEs Screening & Response

- Our current strengths: successful 2 year pilot of ACEs screening in a subset of our Pedi patients, existing ACEs screening template in our EHR, solid foundation of trauma-informed care knowledge across the organization, buy-in and motivation from our executive leadership to be successful.
- Our biggest challenges: rolling out ACES screening in the new world of telehealth, staff turnover and staff burn out.
- Areas of greatest uncertainty: how will we get our care teams to adopt and be enthusiastic about yet another workflow when they have been stretched outside their comfort areas constantly for the last 3+ months?



Advice & Guidance For Other Teams

Are there specific content areas your team has developed expertise or wisdom that you are willing to share more about with your peers?

It is really important to spend time building the foundation of trauma-informed care and getting buy in from all levels of leadership and staff groups before taking on a clinic-wide roll out of ACEs screening. Change fatigue is real and it can only be overcome by constantly returning to the core values of your healthcare system.

What are you most proud of in your sites/system that others should know about?

MCC's greatest strength is our staff, everyone is mission-driven and often go above and beyond to help our patients and our community. We have been constantly impressed by how nimble our organization has been in the face of such drastic change in how we practice medicine. We went from basically 0% telehealth to 90% telehealth in a week and have since continued to refine our workflows to meet patient needs.



TRIADS Framework & Program Overview



Program Goals

Integrate screening & response for ACEs in healthcare settings in a way that enhances connection between patients and providers, helps connect patients to services that they want and need, and leads to better outcomes, reduced disparities, and more positive experiences of care for all involved.

CALQIC

Identify & overcome barriers to ACEs screening & response at both the site & organizational level

Align clinical efforts with the statewide initiative ACEs Aware, which is working to help providers get credentialed, use approved screening tools, bill using CPT codes and more

Develop or strengthen models of care & tools for operationalizing ACEs screening & response (i.e. roles, workflows, scripts, etc.)

<u>.</u>

Collect and track data to assess progress in ACE screening & response



TRIADS

Trauma and Resilience-Informed Inquiry for Adversity, Distress, and Strengths

A Framework for Best Practices in ACEs Screening and Response

California ACEs Learning and Quality Improvement Collaborative (CALQIC)

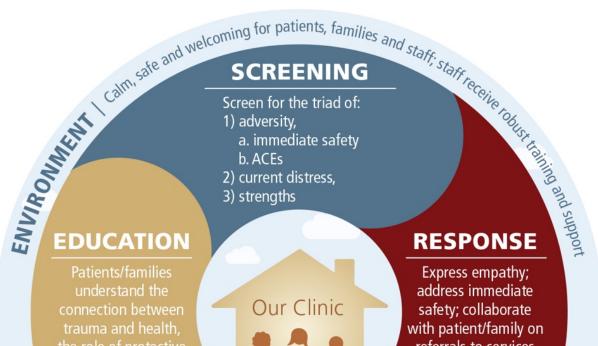


TRIADS Development



- Community wisdom
- Evidence-based interventions for traumatized children and families
- Influential trauma and resilience-informed clinical change frameworks
- SAMHSA practices and principles of trauma and resilience-informed care
- Expert opinion by CALQIC clinical faculty
- ACEs and Toxic Stress Risk Assessment Algorithm OSG





referrals to services that promote safety, connection and healing



FOUNDATION

Trauma and resiliency-informed values; clinic champion(s); buy in from organizational leadership; interdisciplinary team-based care; community partnerships; patient/family engagement; commitment to health equity.



Core Principles of TRIADS

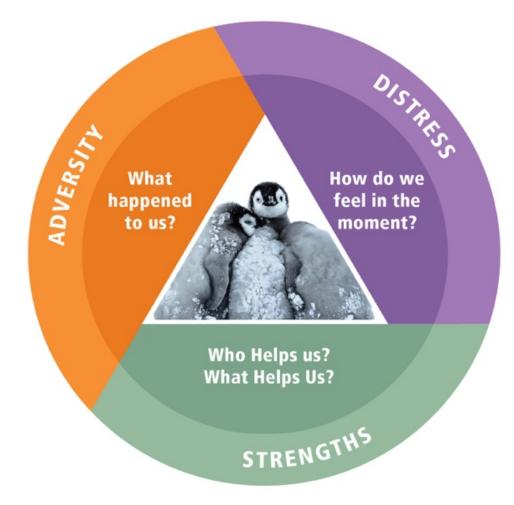


- We envision a purposeful shift from a biomedical focus on disease and dysfunction to a bio-psycho-social-spiritual focus on the whole person.
- Adversity is a universal human experience that occurs in the context of embedded ecological risk factors.
- Relational Health Focus: Trusting relationships are at the core of all healing endeavors, including ACEs screening and response.





The Triad of Adversity, Distress, and Strengths





A Living Document



- You will all get this document
- TRIADS is a "living document" that will evolve over the course of the learning collaborative via an iterative process.
- This is a work in progress! You are co-creating this with us!
- We are grateful for your commitment to serving vulnerable people in California.





Understanding the CALQIC TRIADS framework and using it in patient care and within your organization to drive change



Tips & communication tools for engaging leadership and staff in your ACEs screening & response work



Workflows & considerations related to ACEs screening and response and providing empathic care in a virtual environment



Tools and interventions to promote resilience & protective factors



Approaches to addressing and embedding equity into your work



Knowledge and tools for preventing, recognizing, understanding, and responding to vicarious trauma and burnout among staff



Knowledge and approaches for involving patients and families in designing and implementing trauma informed approaches to care

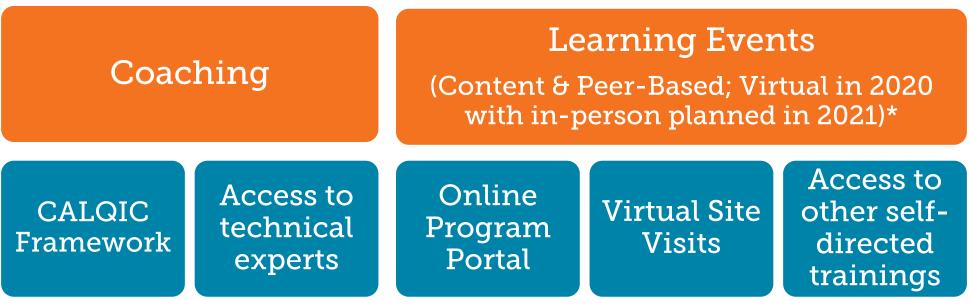


What We'll Cover in the Learning Community

Program Support & Delivery



Statewide Learning Community



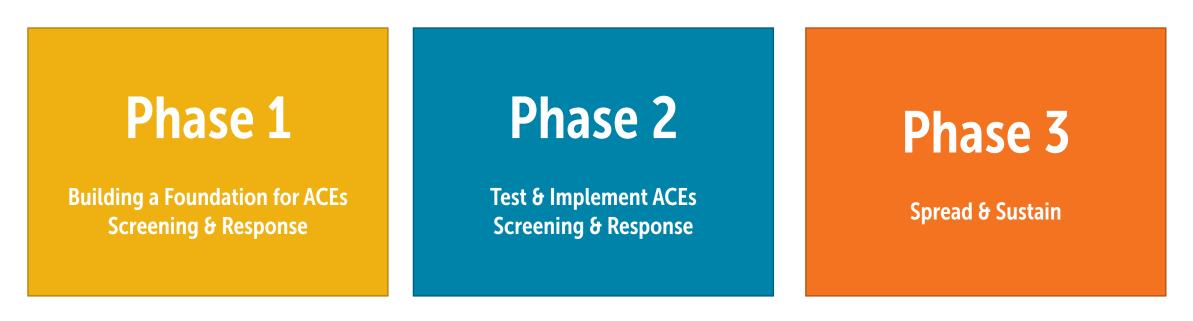
*In-person events are TBD and will occur in accordance with state and local guidance.



Program Structure



Build on existing organization-led initiatives & interventions so that clinics can further test, develop & strengthen their role as a place to screen for ACEs, treat trauma & promote resilience, depending on prior work.





CCI
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Evaluation & Reporting







Surveys to gauge satisfaction with sessions, coaching, TA, etc

2021 Tentative Plan



- Continued coaching until the end of October 2021
- Virtual events as needed
- 2 in-person convenings in the Spring 2021 & Fall 2021
- Progress Reports to CCI
 - Midpoint (March 1, 2021)
 - Final (November 1, 2021)

• Quarterly data submissions

- Q1 January 15, 2021
- Q2 April 15, 2021
- Q3 July 2021
- Q4 October 2021

• Evaluation Interviews:

- January-February 2021
- September October 2021
- Endline Assessment (Sept-Oct 2021)



Participation Requirements







Poll #2

"Do you have a patient advisory board you engage in delivery and planning of services?"

Yes
 No

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Evaluation Overview



Evaluation Support The Center for Community Health and Evaluation (CCHE)





Maggie Jones, Director



Lisa Schafer, Senior Evaluation & Learning Consultant





Monika Sanchez, Evaluation & Learning Associate

Creagh Miller, Evaluation & Learning Associate



Goals of the Evaluation



- Assess changes in organizations' capacity related to implementing ACEs education, screening, & response.
- Assess changes in clinic-level outcomes related to screening and response.

- Provide **real time information to CCI** about program progress and participant experience.
- Synthesize and communicate results and learnings from the program to key stakeholders.







Clinical Data Reporting Description of draft measures





% providers credentialed to bill for ACEs screening



% of patients with a **positive screen** indicating clinical response (per **sites' clinical definitions**)



Screening rates (% of patients screened for ACEs)



Response rates (% of patients with a positive screen receiving response)



% of patients **at high risk for** ACE associated health conditions (per the state definition)



Optional: **Strengths and resilience** (e.g., # of patients who are also screened for resilience or positive childhood experiences)



CALQIC Clinic Capacity Assessment



Purpose: To assess your clinic site's capacity related to effectively integrating education, screening and response for ACEs

Why?	 Gather insights about what is in place and where you are starting
Who?	 Collaborative process with your multi- disciplinary team
When?	 Beginning of CALQIC (Aug 2020) End of CALQIC (Sept 2021)
What happens?	 Data benefits you, coaches, CCI and CALQIC overall



Evaluation Kick Off Webinar

Monday August 3rd, 11am PT





Support in Implementing Changes...



...In a [Brave & Fragile & Overwhelming] New World

- The **collateral damage** from COVID-19
- COVID-19 has changed clinic staffing
- Uncertain of the workforce and the state of mental burnout
- Uncertain of the social injustice and the climate of caring for patients affected by such injustices
- COVID 19 and the influx of positive ACE screens

- COVID-19 has disrupted the in-person screening and therapeutic interventions
- Rolling out ACES screening in the new world of telehealth
- How to get services during Covid-19
- Case management and care coordination related to ACEs during COVID-19
- Finalizing clinic-specific workflows for telehealth screens



"Changing behavior is less a matter of giving people analysis to influence their thoughts than helping them to see a truth to influence their feelings.

The heart of change is in the emotions."

- John Kotter (2002), The Heart of Change: Real-Life Stories of How People Change Their Organizations. Harvard Business School Press

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"It's an interesting time in the world for us to rethink how we engage in everything. Sometimes it's just not about adding a phone call or a video, but actually blowing it all up to get at the essence of what we're trying to do and then reinvent it."

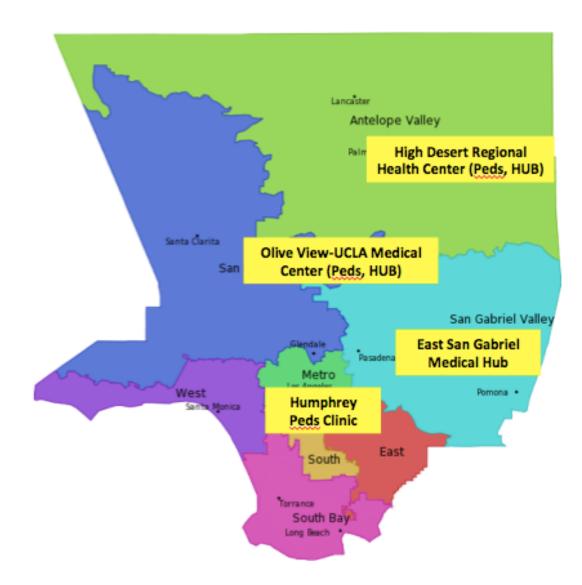
-Veenu Aulakh, CCI President







- LA County Safety Net Clinics
- 6 clinics at 4 unique locations
- EHR system: Cerner (ORCHID)
- Diverse population, geography, climates, disease prevalence





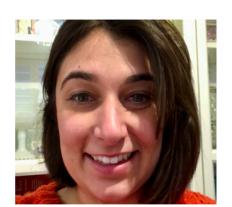


Our Team





Shannon Thyne, MD DHS Director of Pediatrics ACES-LA Co-PI



Amy Shekarchi, MD ACES-LA Co-PI



Jamie Ruiz

Community Health Worker Assistant Project Manager



Nina Thompson Data & Project Manager





Our Team

ACESLA



Jorge Fuentes, MD Medical Director, LAC+USC VIP/HUB Clinic



Raymond Perry, MD, MPH Medical Director, Humphrey Comprehensive Health Center



Indu Kannan, MD HDRHC/SVHC Interim Pediatric Primary Care Director



Joseph Rojas, MD, MS Medical Director, Olive View HUB/SCAN Clinic





Current State: ACEs Screening & Response



- ACES-LA Strengths
 - adapting to telehealth screening & response
 - site-specific flexibility in screening workflows
- ACES-LA Challenges
 - adapting to telehealth screening & response
 - coaching screen initiation remotely, EHR data inquiry
- Areas of greatest uncertainty
 - telehealth response for telehealth screens
 - finalizing clinic-specific workflows for telehealth screens
 - balancing of telehealth vs. in-person screening





Guidance & Connection through Coaching

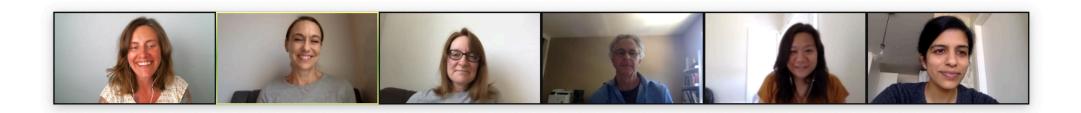


Provide support & guidance on CALQIC Framework, EHR integration, QI tools, and more!

Connects teams with additional resources, experts, and other CALQIC teams and informs CCI of additional needs

Supports teams in advancing your ACEs screening & response implementation goals You are screen sharing 🛛 🖉 🗖 Stop Shar

Coaching in a virtual environment...an experiment!





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CALQIC

Hear From Our Coaching Team





Elizabeth Morrison



Leena Singh



Chris Bradley



Calendar & Program Portal



Important Dates & Timelines

Evaluation Webinar

> August 3, 2020 11am

> > P

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1st Coaching Call

By mid-August

Clinic Capacity Assessment

August 2020

2016

1st Content Virtual Event

September 2020

Poll #3



Which are good days for virtual events?

- 1. Monday
- 2. Tuesday
- 3. Wednesday
- 4. Thursday
- 5. Friday

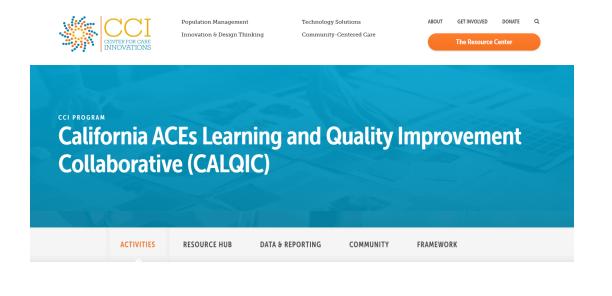
What are the best times of the day?

- 1. Mid-morning (10am to 12pm)
- 2. Lunch (12pm to 2pm)
- 3. Early afternoon (2pm to 4pm)



Program Portal

 Upcoming Events & Activities
 Who's in the Program & CALQIC Community
 Information on Evaluation & Data Reporting
 Archive of virtual events
 TRIADS Framework & Tools



HELLO, CALQIC TEAMS!

This website is a support center for the use of California ACEs Learning and Quality Improvement Collaborative (CALQIC) participants. For more information about CALQIC, please visit the program page.



www.careinnovations.org/calqic-portal







Poll #4



Experience

On a scale of 1-5, please select the number below that best represents your overall **experience** with today's session:

(Single Choice)

- 5 Excellent
- 4 Very Good
- 3 Good
- 2 Fair
- 1 Poor

Use of Time

Please select the number below that best represents your response to the statement: **Today's session** was a valuable use of my time.

(Single Choice)

- 5 Excellent
- 4 Very Good
- 3 Good
- 2 Fair
- 1 Poor

Thank you!

For questions contact:

Megan O'Brien Senior Program Manager Center for Care Innovations mobrien@careinnovations.org Nikki Navarrete Program Coordinator Center for Care Innovations nikki@careinnovations.org

