Highland Hospital
Primary Care Addiction Treatment Team

Shift and Share Presentation

ATSH:PC, 9/18/2019
Our Team

A bio-psycho-social approach to treatment

- Biological
  - Physician

- Psychological
  - Licensed Clinical Social Worker

- Social
  - Community Health Worker
Addressing Social Needs

• Universal social needs screening at intake
• Domains screened include:
  • Housing security
  • Food insecurity
  • Energy and heat insecurity
  • Transportation insecurity
  • Child care needs
  • Employment needs
• Based on Health Leads evidence-based screening tools
Social Needs Follow-up

• Community Health Worker inter-visit check-ins
• Discussion of complex visits at weekly Team Meeting
• Ongoing discussion with providers and primary care provider
Addressing Levels of Mental Health Complexity

- Refill Group Psychoeducation
- Individual Visit with LCSW
- Referral to Specialty Substance Use or Mental Health Care

Group vs. Individual

Primary Care vs. Specialty
Principles of Treatment

No Wrong Door

Medications First

A Winding Path
(Chronic, Relapsing Condition)
A Low-Barrier, Medication-First “Hub and Spokes” Model

BIC and Bridge Clinics

- Medical Home
- Emergency Room
- Inpatient Admissions
- Self-Referral
Linking to Outpatient Care

If a person in the community is ready to make a change now, they can always show up to the Highland Emergency Department. A Substance Use Navigator can link them to the Bridge Clinic, the Buprenorphine Induction Clinic, or help them start medications immediately in the ED.
Struggling with heroin or pain pills? Alcohol? Cocaine or meth?

We can help today.

Ask your doctor and call (510) 545-2765 to talk to a Substance Use Navigator

- Start Buprenorphine (Suboxone) to get off heroin or pain pills
- Connect to our outpatient treatment program to get help with opioids, alcohol, cocaine or meth

Our Substance Use Navigator Team - CALL US!
Summary

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