## Welcome!



### Mute

### **Minimize Interruptions**

Please make sure to mute yourself when you aren't speaking.

# Chat

000

### Go Ahead, Speak Up! Use the Zoom chat to ask questions and participate in activities.



## Naming

Add Your Organization Represent your team and add your organization's name to your name.



### **Tech Issues**

Here to Help

Chat Host privately if are having issues and need tech assistance.

## While we wait, please: rename yourself.



Addiction Treatment Starts Here Learning Collaborative Learning Session #2

## "Engaging Our Patients to Build Resilience and Reduce Stigma"

November 10, 2021 | 12-4pm (PT)





## Agenda

1

2

3

- Welcome & Introductions
- Treating OUD in an Era of Fentanyl
- Patient Engagement & Retention
- 4
- Breakouts: Trauma Informed Care & Harm Reduction
- 5 Plenty of Team Time and Networking
- 6 Next Steps and Closing







# Welcome & Introductions

## **I** CCI Program Team



Meaghan Copeland She/Her/Hers Program Manager



Juliane Tomlin She/Her/Hers Director



Lydia Zemmali She/Her/Hers Program Coordinator



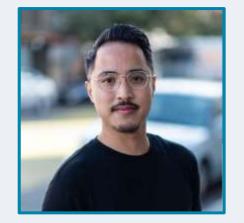
Juan Carlos Piña He/Him/His Program Manager



Kristene Cristobal She/Her/Hers Program Consultant



Sonia Sedova She/Her/Hers Senior Operations Coordinator



Weslei Gabrillo He/Him/His Communications Coordinator



## Coaches Team



Katie Bell, MSN, RB-BC, CARN PHN



Ginny Eck Substance Use Disorder Project Director Wesley Health Centers



**Dominique McDowell**, BA RLPS SUDCII Director of Addiction & Homeless Services, Marin City Health and Wellness



Brian Hurley, MD

Addiction Psychiatrist, Medical Director of Substance Abuse Prevention and Control, LA County Department of Public Health



#### Joe Sepulveda, MD Chief of Psychiatry & Medical Director for Substance Use Disorder Services Family Health Centers of San Diego



## **Guest Speakers**





David Kan, MD Chief Medical Officer, Bright Heart Health

### Emma Roberts

Senior Director of Capacity Building, National Harm Reduction Coalition



Center for Care Innovations

## I Today's Objectives:

1

Understand the challenges and strategies associated with treating SUD in an era of fentanyl

2

Discuss approaches to patient engagement & retention, harm reduction, and trauma informed care during breakout groups

3

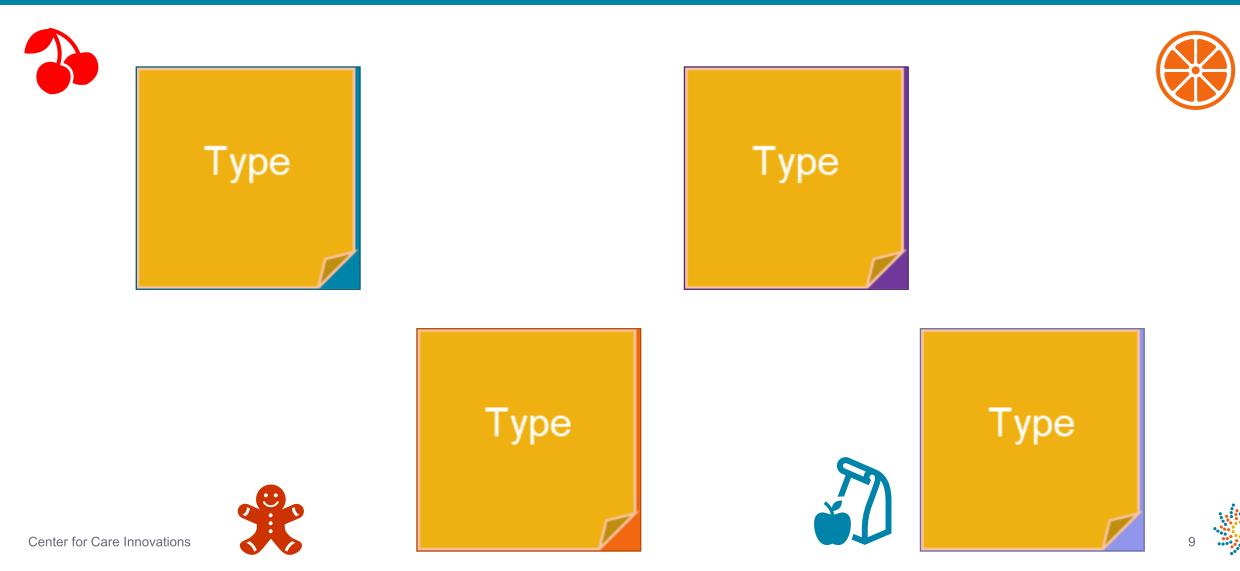
Spend time with your team to develop plans and next steps for content learned



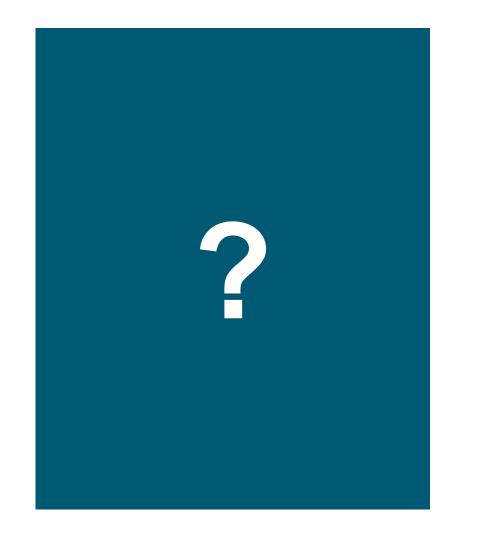
Connect with some new colleagues in the cohort.



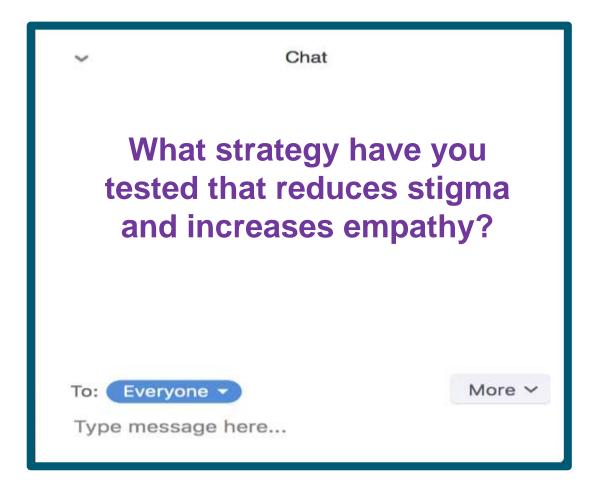
## Activity 1: Type your name and your favorite snack on a sticky. Practice Time!



## Grounding Activity



## Type in the chat box:

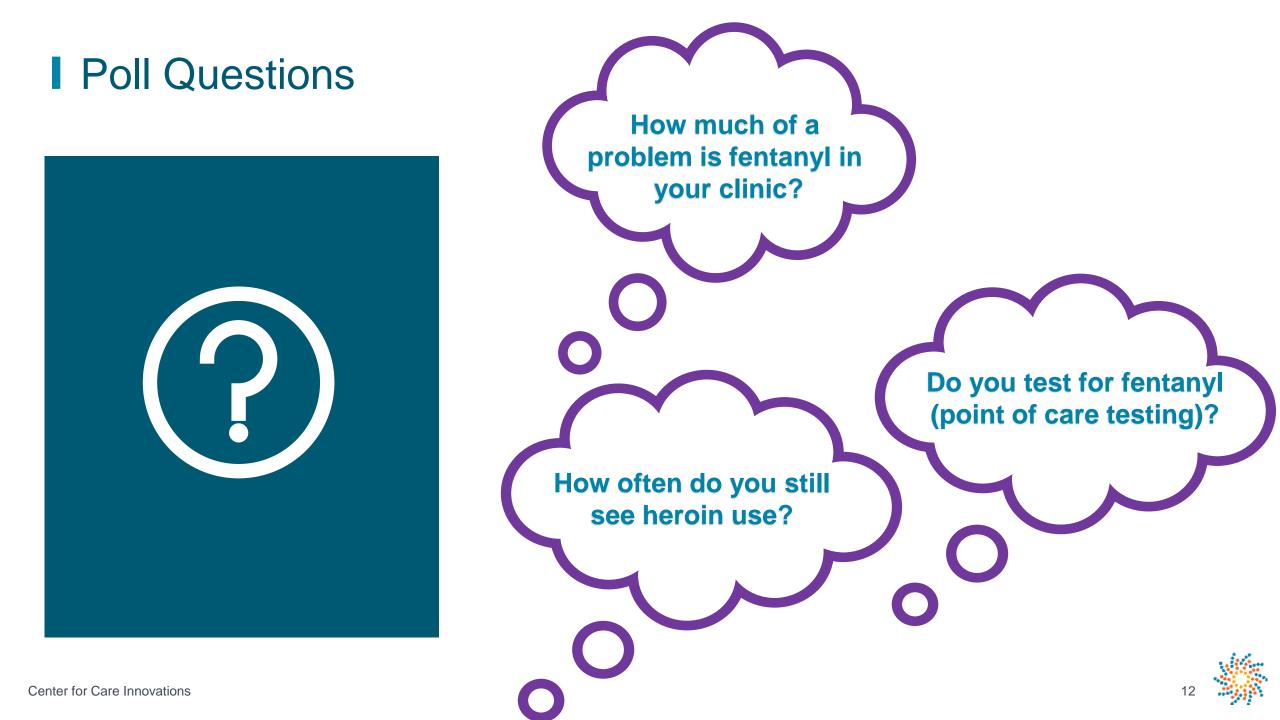








# Treating OUD in an Era of Fentanyl



## Medications for Opioid Use Disorder in an Era of Fentanyl



### David Kan, MD

Chief Medical Officer, Bright Heart Health





# (Fentanyl's) arrival was a question of "when" not "if"

## Alexander Shulgin, 1975

Source: The Future of Fentanyl, RAND Corporation



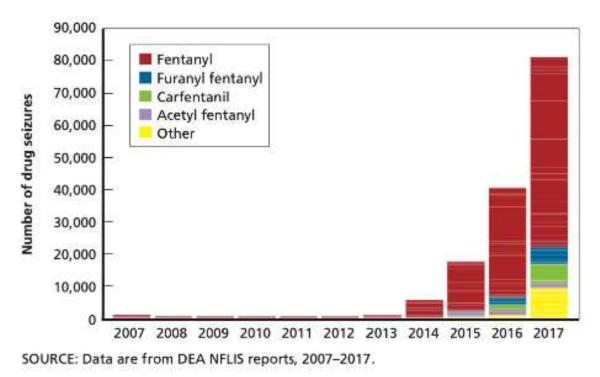
Center for Care Innovations

## Fentanyl – Pharmacology

### SYNTHETIC OPIOID

- Fentanyl and Fentanyl-Related substances are much more potent than heroin
  - Fentanyl 50x
  - Furanyl Fentanyl 50x
  - Carfentanil 5000x
  - Acetyl Fentanyl 5-15x
  - Ohmefentanyl 1500x

### DRUG SEIZURES OF FENTANYL AND FENTANYL ANALOGUES 2007-2017

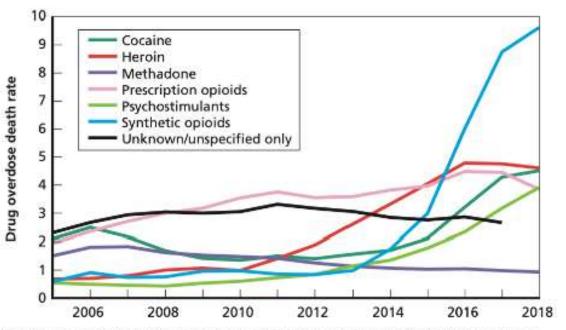


## Fentanyl Pharmacology

- Opioid binds tightly to the mu opioid receptor
- Lipophilic
  - Rapidly crosses the blood-brain barrier
  - Theoretical tissue storage
    - Clinical application is controversial
- Overdose death
  - Heroin is usually slow 30 minutes to hours
  - Fentanyl is faster minutes
  - Mechanism: Respiratory suppression



## US Drug Overdose Death Rates per 100K people 2005-2017



SOURCE: Data for this figure are from deidentified MCOD certificate files produced by the National Center for Health Statistics, 2005–2017, shared with RAND researchers under a data use agreement.

NOTE: The rates for 2018 are provisional and subject to change.

## 2020 Overdose Deaths

93,000 Overdose deaths

30% increase from 2019

Opioids — 72.9% of opioid-involved overdose deaths involve synthetic opioids

Mostly Fentanyl

Drug overdose deaths involving stimulants (methamphetamine) are increasing with and without synthetic opioid involvement

Higher rates of contamination with Fentanyl

#### The New York Times

### Video of Officer's Collapse After Handling Powder Draws Skepticism

Medical experts said the video promoted a false narrative and confusion about fentanyl and ways it can lead to an overdose.





Deputy David Failvae of the San Diego County Sheriff's Department collapsed on July 3 after being exposed to a substance believed to be fentanyl. San Diego County Sheriff's Department

## Fentanyl Myths and Facts

- Incidental Exposure results on overdose
  - Never proven
  - Fentanyl patch is a highly engineered product to allow transdermal fentanyl absorption
  - EMS/Police delay responses waiting for Hazmat Suits
- Don't trust pills from the street
  - Partially True
  - High numbers of street pills test + for fentanyl
- Fentanyl is everywhere
  - Partially true contaminants of stimulants

## Fentanyl and HIV/AIDS Analogues

- Fear and stigma
  - First responders fear touching patients
  - "Otherism"
- Both Public Health Crises
  - Stigma is the enemy
  - Activism is the accelerator
  - Medicines work only with access
- We need medications but also infrastructure to address public health



https://www.inquirer.com/philly/opinion/hiv-aids-opioids-fentanyl-lessons-solutions-20180727.html



<section-header><section-header>



# Harm Reduction for Fentanyl

- Naloxone Distribution
  - California has a state standing order
  - Greatest Evidence
- Next Distro
  - <u>Nextdistro.org</u>
  - Provides supplies for PWUD
    - Fentanyl Test Strips
  - Naloxone
  - Great harm reduction resource
- MOUD
- Use Sparingly
- Insufflation vs PR vs Smoking vs Injection

#### Fentanyl Test Strips

 Add sterile water to your empty baggie or the cooker you just prepped – mix well!

\*\*Load your shot FIRST! Only test your rinse water!

- Dip the test strip in the water, in up to the first line & hold for 15 seconds
- 3. Place test strip on sterile surface or across top of cooker.

Positive Negative

# One line POSITIVE



What does the literature say about buprenorphine initiation for patients using fentanyl?







What does the literature say about buprenorphine initiation for patients using fentanyl?



22

## Buprenorphine Initiation Strategies

### **IN CLINIC INITIATION**

### Pros

- High level of observation
- Can dose precisely

### Cons

- High touch
- Staff time
- No private bathroom
- Rush to initiation
  - Recommend COWS>8 + 1 objective sign (sniffling, gooseflesh, yawning, tearing)

### **AT HOME INITIATION**

### Pros

- Comfort of own home
- Access to private bathroom

### Cons

- Less control
- More patient education
  - Proper mode of administration

### **Other Considerations**

Telemedicine can smooth process



## Buprenorphine Initiation Strategies

- High dose buprenorphine (>12mg) in Emergency Department – Herring 2021
  - 579 cases mono product
  - No documented cases of respiratory depression or excessive sedation
  - Precipitated withdrawal was 0.8% (five) of cases
    - Dose didn't matter
    - Four started after 8mg of buprenorphine
  - Doses >28mg used in 23.8% of patients
  - Length of stay 1.6 to 3.75 hours
  - Conclusion: safe and well tolerated





## Buprenorphine Initiation Strategies

#### **BERNESE METHOD**

- Theoretically Withdrawal Sparing protocol
- Microdosing Strategy
  - Day 1: 0.5 mg once a day
  - Day 2: 0.5 mg twice a day
  - Day 3: 1 mg twice a day
  - Day 4: 2 mg twice a day
  - Day 5: 3 mg twice a day
  - Day 6: 4 mg twice a day
  - Day 7: 12 mg (stop other opioids)
- Can continue to use/taper use of other opioid



## **Success Strategies**

- Patient empowerment
  - Give patients options
- ED setting high dose reasonable
- Bernese method withdrawal sparing
- At home recommended in most clinic settings
- In clinic increasingly rare
  - Buprenorphine was once conflated with Methadone
  - It is different



26



# What is the future of Fentanyl?

- Synthetic Opioids likely to worsen before improvement
- Supplier decisions, not user demand, drive transition to fentanyl
- Synthetic Opioids drive deaths, not number of users
- Fentanyl spreads episodically fast and has ratchet like persistence
- Internet has revolutionized drug trafficking

The Future of Fentanyl - RAND Corporation 2019





# **Rethinking Drug Policy**

- Supply control is difficult
- MOUD is effective 70% reduction in death
- Harm Reduction Stigma grabs hold in the USA
  - Naloxone
  - Syringe exchange
  - Supervised Consumption Sites
- Reconsider harm of diverted medications for MOUD
  - Most diverted medications are for intended purposes
- Portugal lessons
  - Decriminalization and community intervention saved lives





## MOUD for Fentanyl

- The goal of MOUD treatment is:
  - ✓ Fatal Overdose Prevention
  - ✓ Fatal Overdose Prevention
  - ✓ Fatal Overdose Prevention
  - ✓ Repeat for every patient

## Q&A: Treating OUD in an Era of Fentanyl



Brian Hurley, MD Medical Director of Substance Abuse Prevention and Control, LA County Department of Public Health



**David Kan, MD** Chief Medical Officer, Bright Heart Health



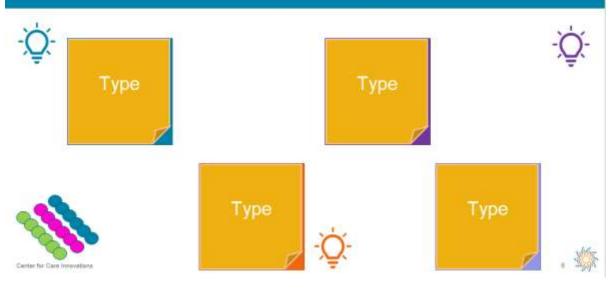
Center for Care Innovations

## Activity 2: Testing PDSAs



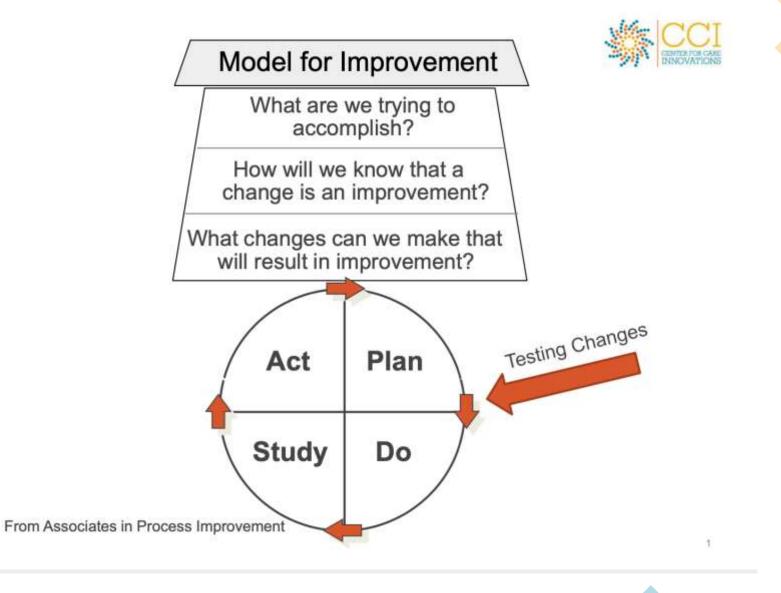
# What could you test to improve the management of OUD treatment with fentanyl?

Activity 2: Brainstorm & Dot Voting What could improve our management of OUD treatment w/ fentanyl?









## Full PDSA Worksheet

Name of Test: Describe briefly, at a high-level, the test of	chones you are classing Wh	at are the objectives	of this test/why
are you doing it? What questions do we wi			WITHOUT DESIGNATION
Test description:			
Objectives:			
Questions this test should answer:			
PLAN			
What is your plan? (Answers who, what, w			
What is your plan? (Answers who, what, w	lis test? duct this test of change	Person(s) responsible (Who)	When will it be done? (When)
What is your plan? (Answers who, what, w What are the high-level process steps for th List the detailed tasks needed to com (What/Where	lis test? duct this test of change		
What is your plan? (Answers who, what, w What are the high-level process steps for th List the detailed tasks needed to com {What/Where 1}	lis test? duct this test of change	responsible	done?
What is your plan? (Answers who, what, w What are the high-level process steps for th List the detailed tasks needed to com {What/Where 1}	lis test? duct this test of change	responsible	done?
What is your plan? (Answers who, what, w What are the high-level process steps for th List the detailed tasks needed to com (What/Where 1) 2)	lis test? duct this test of change	responsible	done?
	lis test? duct this test of change	responsible	done?
What is your plan? (Answers who, what, w What are the high-level process steps for th List the detailed tasks needed to com (What/Where 1) 2)	lis test? duct this test of change	responsible	done?
What is your plan? (Answers who, what, w What are the high-level process steps for th List the detailed tasks needed to com (What/Where 1) 2) 3)	duct this test of change	responsible	done?
What is your plan? (Answers who, what, w What are the high-level process steps for th List the detailed tasks needed to com (What/Where 1) 2) 3)	duct this test of change	responsible	done?
What is your plan? (Answers who, what, w What are the high-level process steps for th List the detailed tasks needed to com (What/Where 1) 2)	duct this test of change	responsible	done?

### DO

Carry out the planned test; collect the data and place the results here. (include comments about what happened and what was observed)

#### STUDY

Describe the measured results and how they compared to the predictions (What did you learn? What do you wonder about?)

#### What did we learn:

Predictions vs	. Outcomes	
Prediction	Outcome	

#### What else did we learn about the process? What worked and what could be different in the next test iteration?

#### Our learnings caused us to wonder about:

Wondering	What Will We Do About It?	Who Will Do it?	By What Date?
		-	

#### ACT

Describe what modifications will be made to the plan for the next cycle (based on your learnings) Adopt, Adapt, or Abandon the test?



## Activity 2: Plan out your first PDSA



**Describe the Test (objectives, why)** 

What/Where	Who	When

### Predict what you believe will happen



Center for Care Innovations





### **Describe the Test (objectives, why)**

Create a virtual space (aka Team Space) that each of the teams can use throughout the Learning Session that would mimic what they might do together during an in-person session; flexible, easy, familiar

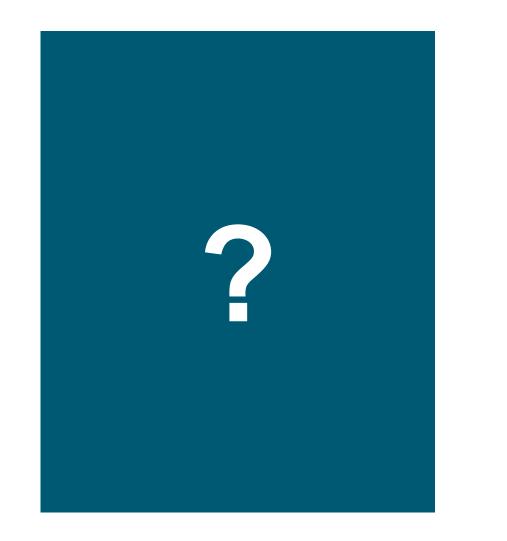
What/Where	Who	When
Develop a powerpoint prototype to test with core team	JCP	10/25
Send it to teams a couple of days early to practice using	LZ	11/7
Use the Team Space during the Learning Session	All	11/10

### Predict what you believe will happen

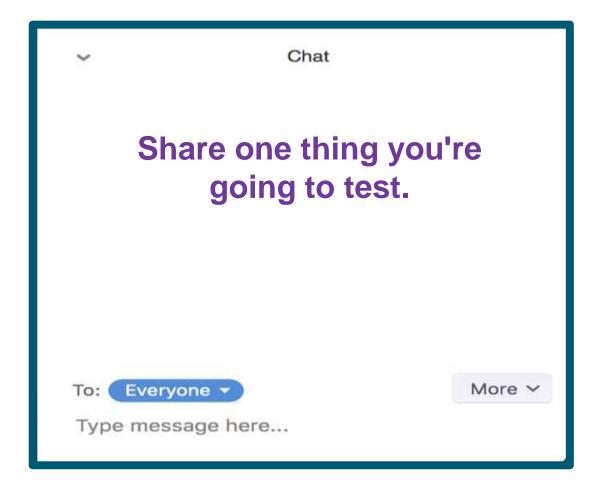
Some people will find it easy to use, some might have questions about how to manipulate the elements (copying & pasting or re-sizing icons), participants will give us feedback on how to make it even better



## Share Out



## Type in the chat box:



Center for Care Innovations

# **Stretch Break**









# Get to Know Your Cohort

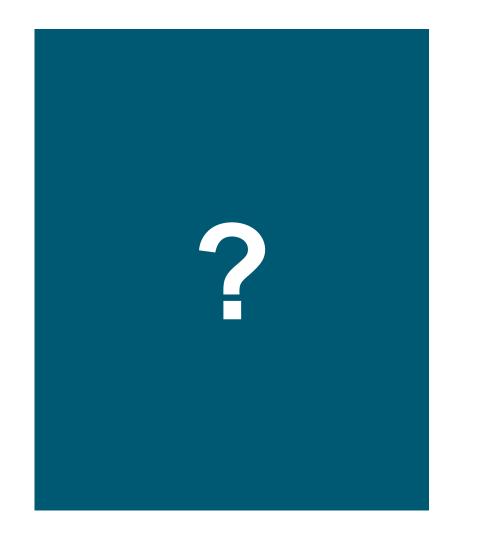
# Networking Groups #1



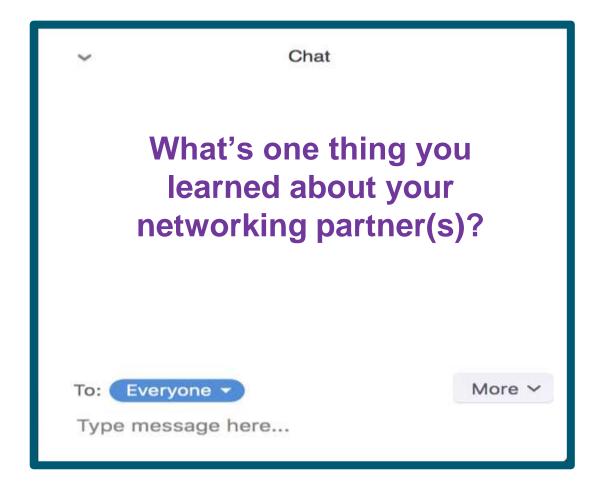
- 1. Share your name, where you work & live, what role you play on your MAT team
- Each pick at least two of the questions from the list below that you'd like to share with your partner; you can pick the same questions or different questions
  - What's one thing you got in your snack box?
  - What's the one meal you could eat every day?
  - What is the best meal you've ever had?
  - What is your comfort food?



# **Networking Share**



# Type in the chat box:



Center for Care Innovations







# **Guest Speakers Title Slide**



Ginny Eck

Substance Use Disorder Project Director Wesley Health Centers



#### **Dominique McDowell**

Director of Addiction & Homeless Services, Marin City Health and Wellness



# PATIENT RETENTION AND ENGAGEMENT



# How do you think patients feel about your organization?

#### BUILD PATIENT TRUST THROUGH RELATIONSHIPS

- Restore the humanity
- Be sincere
- Be culturally competent
- Be reliable
- Listen
- Set expectations, do not promise what you cannot deliver
- Offer food, water, time to wash up
- Restore the humanity

THIS is what you're doing...



THIS ...



... is what I want you to do.



Pro tip:

Add a personal conversation in your note to bring up at next appointment.

dd text



Secret shop your own clinic

Med-First Model



Ē

Reflect and understand their barriers

Ġ.

Develop relationships with other CBOs with services that your patients may want/need



Address self-stigmatization

Have you ever had a patient stone wall? How did you get past it?

# PUT YOURSELF IN THEIR SHOES



Lay it all out! Be clear and concise about your program and what to expect

## **BEACCESSIBLE**

- Answer your phone and/or set an expectation of when they should expect a call back
- Add contact info to your web site
- Use Facebook, email, Instagram- patients may lose phones, but they will always know how to find you
- Have a direct line of contact and add a back-up



#### HOMEWORK

Call your clinic and try to make a MAT appointment. What was your experience? Were you routed to the right person? How long were you on hold? How far out was your appt?

## LOST PATIENTS

- Have a release of information signed to contact brother, friend, mother, etc...
- Collect information: Where do they hang out? Who do they hang out with? Where do they stay? What other agencies do you work with?
- Learn from your mistakes. Ask them why they left and what we can do better next time.

What is your strategy for keeping in touch with patients?

## IMPROVE CLINIC CULTURE

- Does the patient feel safe, welcome?
- Explain how someone in withdrawal might be feeling to clinic staff
- De-stigmatize
- Call Center training
- Have those tough conversations- clinic staff have their own experiences and perceptions of drugs and PWUDs
- Most of all, make the entire clinic part of the solution and engaged in patient success







# Get to Know Your Cohort

# Networking Groups #2



- 1. Share your name, where you work & live, what role you play on your MAT team (2 min)
- 2. Share and then choose a challenge to discuss (2 min)

#### Select a Timekeeper!

- Person 1 (2 min) Describe the challenge that you're facing in your MAT program: What do you think the root causes are? What have you tried?
- Person 2 & 3 (10 min) Ask questions about the issue. Reflect back what you hear the key issues are. Share if you have any ideas or experience with this challenge.



# **Stretch Break**







# Trauma Informed Care and Harm Reduction Breakouts

# Choose a breakout!

Cultivating Resilience: Connecting the Dots Around Trauma Informed Care



#### Katie Bell MSN, RB-BC, CARN, PHN

Medications for Addiction Treatment (MAT) & Substance Use Disorder Specialist

#### Foundations of Harm Reduction



#### **Emma Roberts**

Senior Director of Capacity Building, National Harm Reduction Coalition

# How to Choose Your Breakout Room:



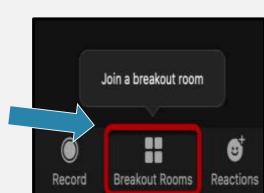
Room 1: Cultivating Resilience: Connecting the Dots Around Trauma Informed Care Katie Bell Room 2: Foundations of Harm Reduction Emma Roberts

Follow the steps below to <u>choose a breakout room</u>:

#### Step 1:

When breakout rooms open, a popup will show up above the *Breakout Rooms* icon.

Click **Breakout Rooms**.



# Step 2:

A menu will pop up with a list of breakout rooms.

Hover above the breakout room you want and select "**Join**." Step 3: Click "Yes" to confirm, and you will be moved to that breakout room.





CULTIVATING RESILIENCE: CONNECTING THE DOTS FOR TRAUMA-INFORMED MAT CARE

Katie Bell MSN RN –BC CARN PHN CCI Addiction Treatment Starts Here Wave 3

# FORMING A VIRTUAL CIRCLE

- We will begin with 5 minutes of inner reflection. Cameras off. Mute your mic.
- Brief Guided Meditation led by Katie.
- Think of one or two people, places, things that bring you a sense of safety and when you come back with eyes open to our circle, please share in the chat your touchstones of safety.

Turn on Gallery View. Turn on Camera if you have one.

Unmute your mic. Join the circle.

# KINTSUGI

Kintsugi is the Japanese art of putting broken pottery pieces back together with gold built on the idea that in embracing flaws and imperfections, you can create an even stronger, more beautiful piece of art



## "TRAUMA IS UNBEARABLE AND INTOLERABLE" – BESSEL VAN DER KOLK

Acute trauma results from a single incident.

Chronic trauma is repeated and prolonged such as Intimate Partner Violence, or sexual, physical or emotional abuse.

Complex trauma is exposure to varied and multiple traumatic events, often of an invasive, interpersonal nature.

A few types:

Racialized trauma

Childhood Trauma

Historical trauma

Intergenerational trauma

Childhood poverty/neglect

Combat/Military Trauma

### TRAUMA DISCUSSION PROMPTS

"Don't ask, why the addiction. Instead ask, why the pain?"

"It is not just what happened in childhood but also what did not happen." - G. Mate MD

Why do our patients with OUD reach for opioids to find relief, safety and comfort?

Resilience

#### WHAT IS RESILIENCE? A FEW DEFINITIONS

**Resilience** is the process of adapting in the face of adversity, trauma, tragedy, threats, or significant sources of stress. Resilience is developing inner resources for life's difficulties.

**Post-Traumatic Growth** (PTG) - a concept describing positive psychological change experienced as a result of struggling with highly challenging, highly stressful life circumstances.

## RESILIENCE IS WHOLE PERSON CARE AND WELLNESS <u>DISCUSSION PROMPTS</u>

"Turn your wounds into wisdom." — Oprah Winfrey

At the heart of our relationships with our patients is the relationship we develop with them. How do we offer safety to our patients?

- Lived Experience
- Boundaries
- Autonomy

#### "YOU CAN'T STOP THE WAVES, BUT YOU CAN LEARN TO SURF."



### RESILIENCE IS FAMILY AND CULTURE DISCUSSION PROMPTS

• Name a few ways resilience shows up in family life?

• Ask your patients "How does you family celebrate?"

 Consider the unique culture of people living with longtime homelessness – how does the culture support resilience?

### RESILIENCE IS ART AND MUSIC DISCUSSION PROMPTS

- How do we cultivate love of art and music into our care?
- Is this realistic?
- How does time become a factor in exploring and supporting interests?



#### YOU ARE THE SKY, EVERYTHING ELSE IS WEATHER. - PEMA CHODRON

#### A RESILIENCE AND TRAUMA INFORMED RECOVERY ENVIRONMENT <u>DISCUSSION</u> <u>PROMPT</u>

- Prompt: How do we offer an environment that feels safe and comfortable, a place where our patients look forward to returning for care?
  - Waiting Room
  - Reception
  - Exam Rooms
  - Do we respect and value our patient's time?

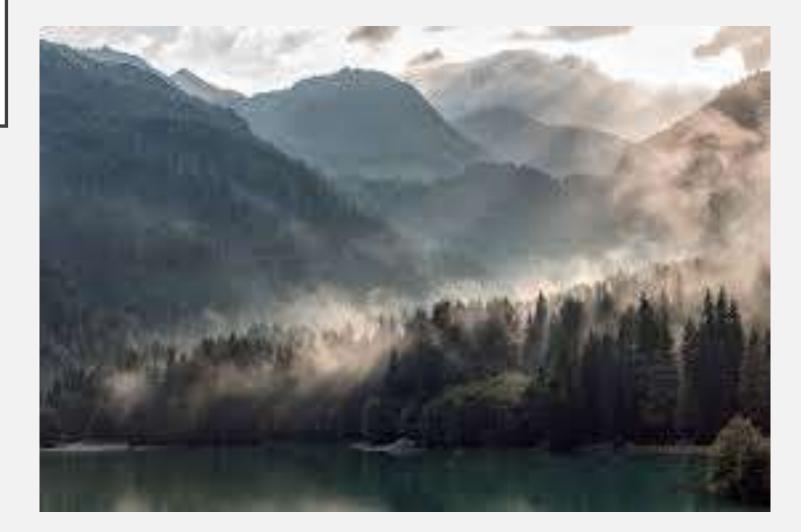
# TOOLS FOR RESILIENCE

- Self –Interview by Dr. Francis Southwick
- Resilience questionnaire
- Recommended movie: "The Wisdom of Trauma" Dr. Gabor Mate.
- https://thewisdomoftrauma.com/

# CONNECT WITH NATURE

 "Nature is a part of us. The sun shines not on us, but in us. The rivers flow not past but through us. The whole world is our home and everything our kin. ... One fancies a heart like our own must be beating in every crystal and cell."

Naturalist John Muir



# FOUNDATIONS OF HARM REDUCTION

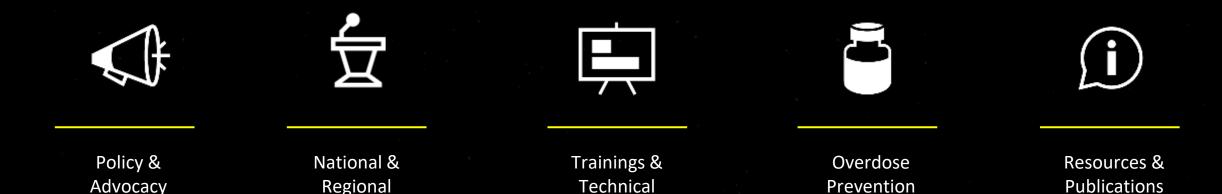
Center for Care Innovations | 2021

Emma Roberts Senior Director of National Capacity Building



# る人もそうないが良くれていないのないである

National Harm Reduction Coalition creates spaces for dialogue and action that help heal the harms caused by racialized drug policies.



Assistance

Conferences

# る人にあるようなの人ため人ため、



NATIONAL HARM REDUCTION COALITION

An Construction and the second and t

#### Workshop Overview

Introductions and Agenda Housing Keeping

#### **Defining Harm Reduction**

Why do people use drugs? Continuum of Drug Use

#### **Principles of Harm Reduction**

Review Principles Resonate and Challenge

#### **Unpacking Harm**

What does harm look like? Risk, Set, Setting

#### Strategies for Harm Reduction Harm Reduction Services

Practicing Harm Reduction

#### Closing Check-out

# 2

# WHAT IS HARM REDUCTION?

### THE HARM REDUCTION APPROACH

Harm reduction utilizes a spectrum of strategies to reduce the negative consequences associated with drug use, sex work, and other behaviors.



.

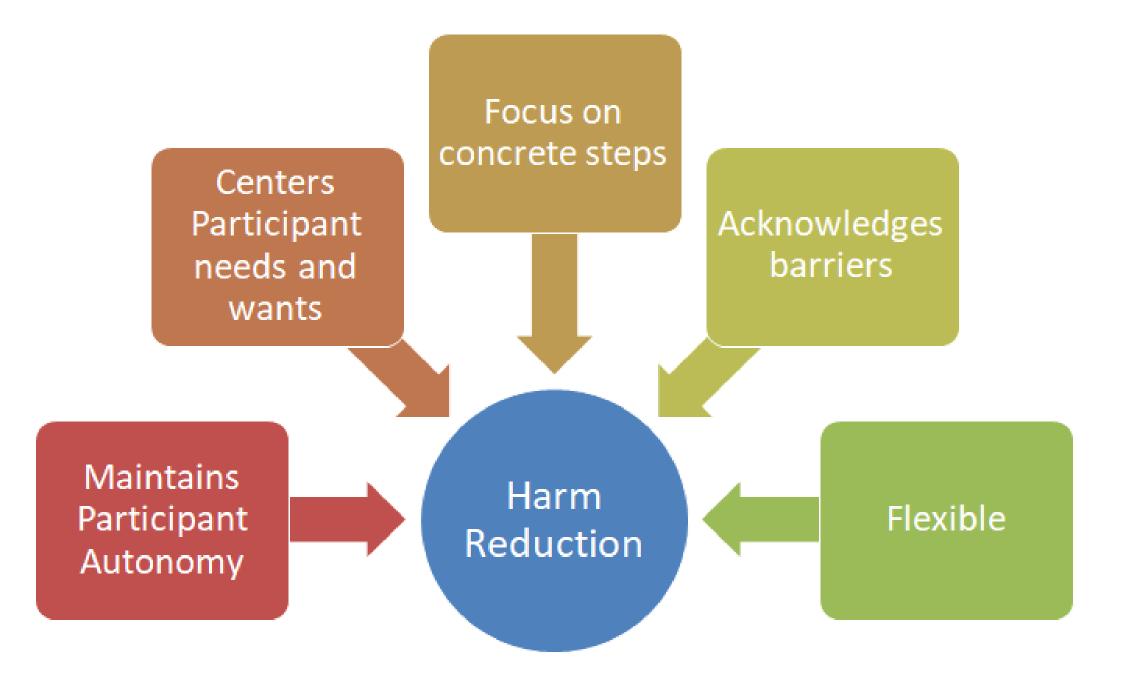
### THE HARM REDUCTION MOVEMENT

Public Health	Racism, stigma, and
=	criminalization
Social Justice	cause harm
Ending inequality and	Leadership of the most
oppression, fostering health	impacted is key to
and liberation	transformative change.

### **PRINCIPLES** OF HARM REDUCTION

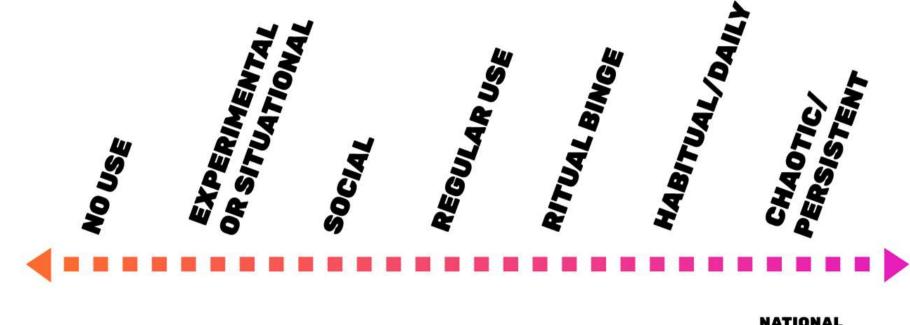
Health and Dignity	Participant Centered Services	Participant Involvement
Participant	Sociocultural	Pragmatism and
Autonomy	Factors	Realism

HARM REDUCTION



. .





### WHAT ARE SOME HARMS THAT CAN COME FROM USING DRUGS?





### RISK, SET, SETTING MODEL

RISK - The risk itself you're discussing (directly related to the use of of drugs or doing sex work

> SETTING - The physical and social environment where the person is, and their perception of how that can promote or reduce risk

SET - The "mindset" someone brings to the

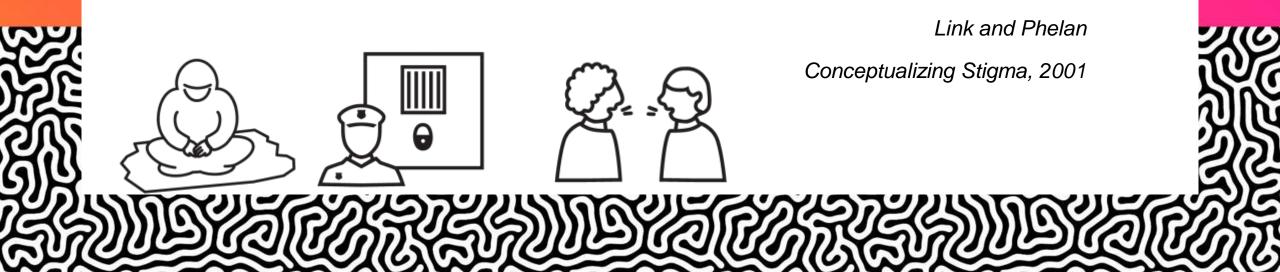
situation; including thoughts, mood, and

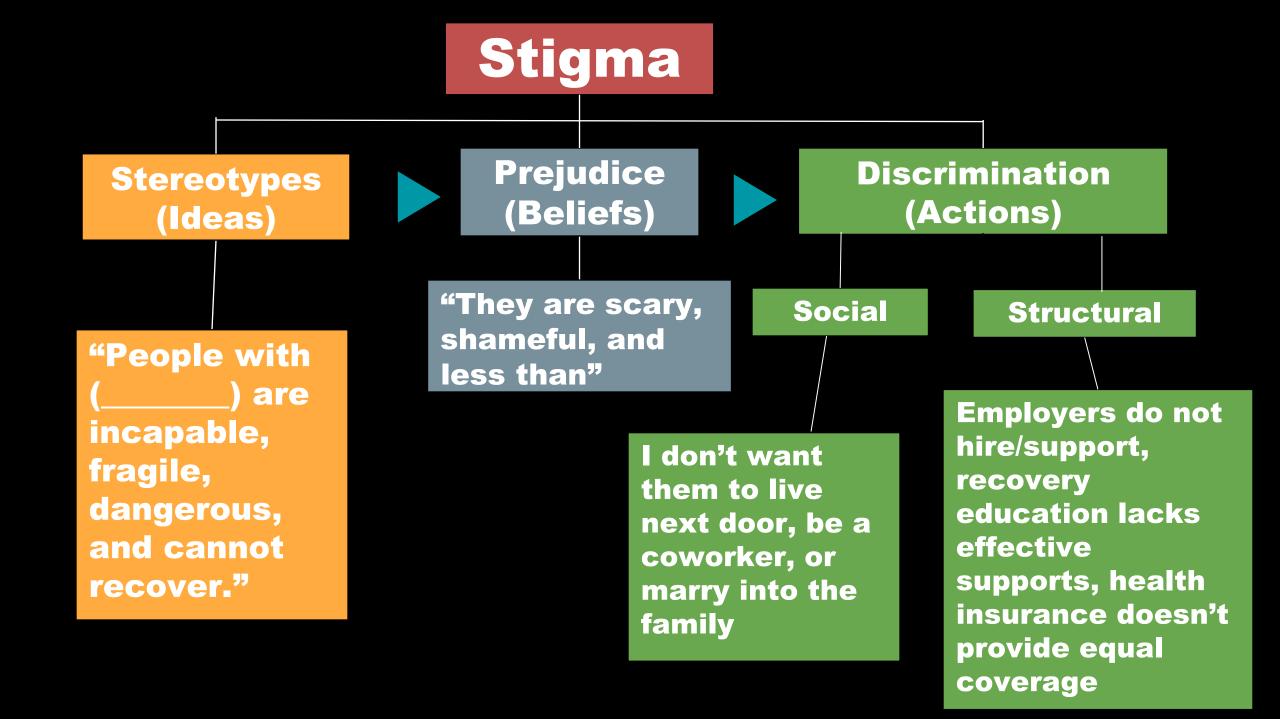
expectations

# What is Stigma?

A social process which can reinforce relations of power and control.

Leads to **status loss** and **discrimination** for the stigmatized.





### Stigma and Harm Reduction

- Recognizes that stigma is a part of the world
- There are ways to manage & challenge stigma
- Stigma changes over time
- Stigma intersects with other forms of marginalization & oppression
- When challenging stigma, try to meet **all** people where they're at
- Acknowledges change is hard and values incremental change

# Stigma is the belief. Discrimination is the action.

### Experts corner

How does stigma show up in your work?

How does it impact your ability to connect with participants?

# **Key Elements and Forms of Stigma**

# **Forms of Stigma**

**Stigma from Individuals** 

**Institutional Stigma** 

Self-Stigma (Internalized)

### **Stigma through Association**

HARM REDUCTION

# **Key Elements of Stigma**

### **Blame and Moral Judgement**

Criminalize

**Pathologize and Patronize** 

### **Fear and Isolation**

HARM REDUCTION

### Experts corner

What do you find most challenging when confronting stigma in your communities?

What has been helpful/effective when you have challenged stigma in your community?

# Creating Change:

# Dismantling stigma at the individual, organizational and community levels

### **Individual Level**



- Language
- Relationships, honesty and
- authenticity
- Disclosure and dialogue
- Education and personal development

HARM REDUCTION

### **Organizational Level**



- Training and education
- Outlets for feedback
- Assessment of practices
- Hiring people that use drugs

HARM REDUCTION

### **Community Level**

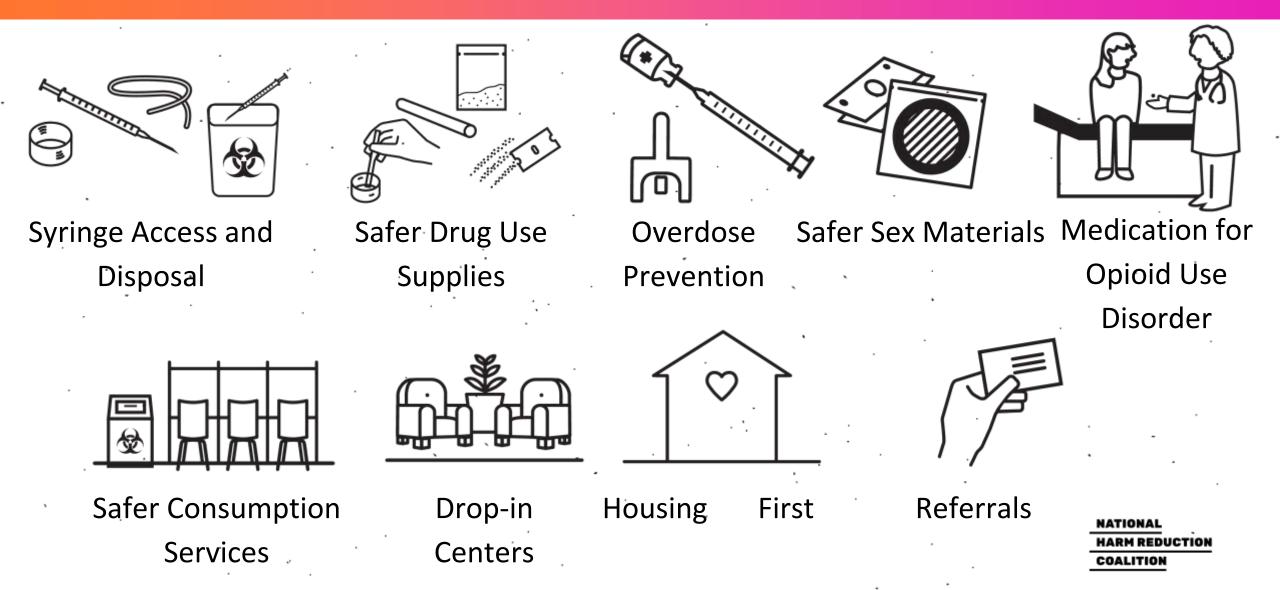


- Participant Advisory Boards
- Awareness campaigns
- Policy and advocacy
- Events and collaboration with partners

### Experts corner

# What are other ways we can create change at the individual, organizational and community levels?

### HARM REDUCTION SERVICES





# PRINCIPLES OF HARM REDUCTION + TOOLS AND SERVICES

# **PRACTICING HARM REDUCTION**

### **Respect to Connect: Reflexive Practice**

What are ways you our your institution could be stigmatizing people who use drugs?

What are ways people who use drugs or could be responding to that stigma? What are three strategies I can use starting this week to move towards dismantling stigma as a provider

HARM REDUCTION



# THANK YOU FOR ATTENDING THIS

# WORKSHOP

Please fill out the evaluation.

National Harm Reduction Coaltion California@harmreduction.org

harmreduction.org Copyright 2020 National Harm Reduction Coalition





# Team Time What did we learn? What will we try?



### Word Cloud

What's one word that describes how you're feeling given what you've learned today and your intentions for your patients?

Type your word here: (link)



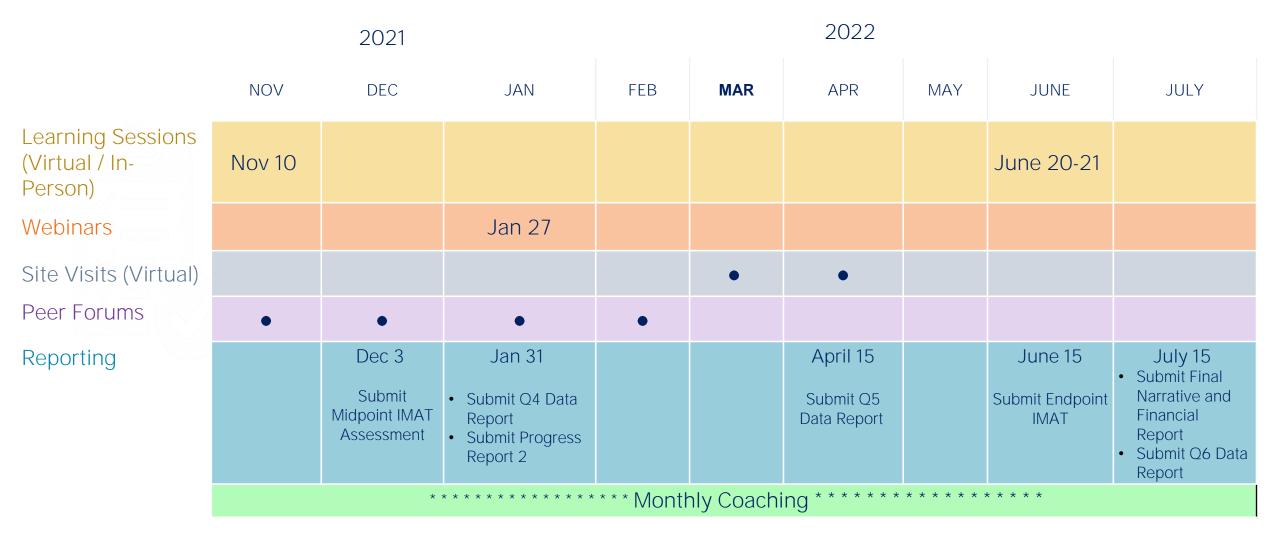




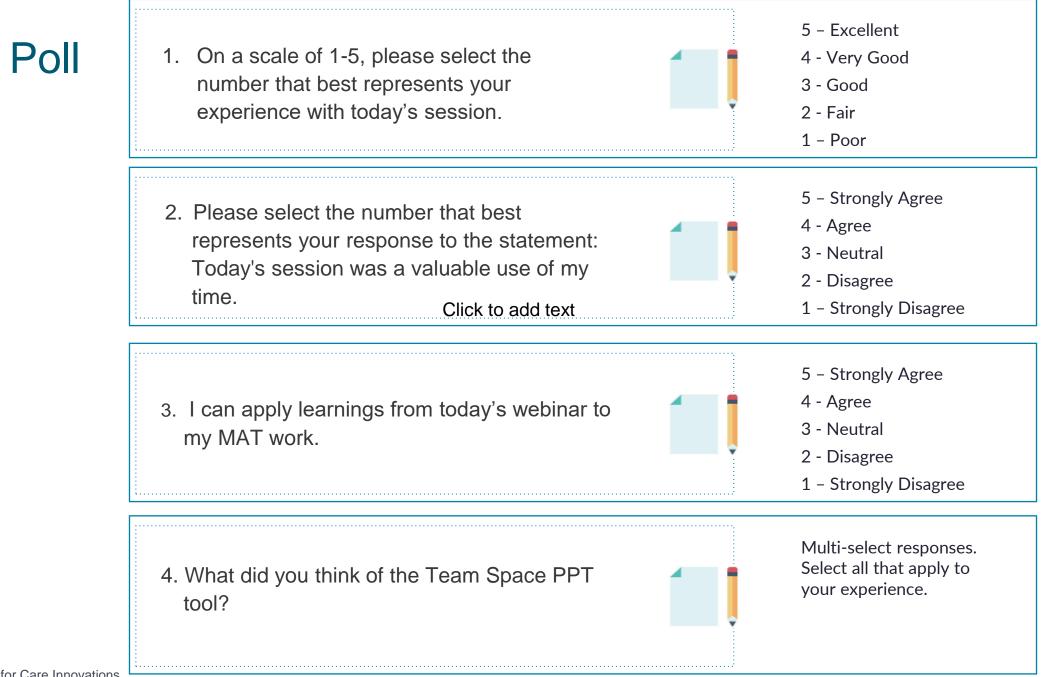


# Next Steps

### **Upcoming Activities**







### Stay Connected



Welcome

Welcome to Addiction Treatment Starts Here's (ATSH) Virtual Home!

Thank you for being part of our community! This virtual home site is your one-stop shop for all things Addiction Treatment Starts Here. You can find information about upcoming activities, reporting requirements, resources and more.

Access program activities, reporting requirements, the resource library and more! Sign in or create an account here: https://academy.careinnovations.org/



The ATSH Listserv is a great place to stay connected, ask questions of your peers and share resources that may help other teams' MAT programs.

Send an email to: <u>addiction-</u> <u>treatment-starts-</u> <u>here@googlegroups.com</u>



### **Questions**



### Juan Carlos Piña He/Him/His

Program Manager juancarlos@careinnovations.org



Lydia Zemmali She/Her/Hers

Program Coordinator lydia@careinnovations.org



Center for Care Innovations

# Thank you!



