



Addiction Treatment Starts Here: Behavioral Health

Learning Session 1

Nile Hall, Preservation Park, 1233 Preservation Park Way, Oakland, California

Wednesday, July 10: 12:00 pm – 6:00 pm (lunch and registration at 11 am)

Thursday, July 11: 8:30 am – 4:00 pm (breakfast and registration at 8 am)

ATSH Objectives & Faculty/Staff

Learning Objectives:

- Understand the principles to providing high-quality addiction care
- Learn clinician and staff engagement strategies to address stigma around addiction, and other attitudes and beliefs that can impact the success of your program
- Kick-start prescribing MAT medications for opioid use disorder (OUD) and learn from experts and peers about the best strategies to manage medications for complex patients
- Explore common obstacles to designing MAT programs and discuss strategies to address those obstacles
- Design your MAT project plan, including refining your aims, goals, and workplan

ATSH Learning Session 1 Faculty

- Parinda Khatri, PhD, Chief Clinical Officer, *Cherokee Health Systems*
- Mark McGrail, MD, Director of Addiction Medicine, *Cherokee Health Systems*
- Brittany McCafferty, PhD, Clinical Psychologist and Lead Behavioral Health Consultant, *Cherokee Health Systems*
- Brian Hurley, MD, Addiction Physician and General Psychiatrist, *L.A. County Dept. of Mental Health*

ATSH Staff & Coach

- Tammy Fisher, *Co-Director, Addiction Treatment Starts Here*
- Briana Harris-Mills, *CCI Program Coordinator*
- Sandra Newman, *Director, Consultant, Addiction Treatment Starts Here*
- Shelly Virva, LCSW, *National Center for Complex Health and Social Needs/Camden Coalition of Health Care Providers*

Day 1: Wednesday, July 10: 11:00 am – 6:00 pm

11:00 am –
12:00 pm

Lunch + Registration

12:00 pm –
12:45 pm

Welcome + Theory of Change

Sandy Newman, Tammy Fisher

In this first session, we'll share our approach to supporting your organizations to develop your roadmap for MAT program design and implementation.

12:45 pm –
1:30 pm

Foundational Principles - A Place to Start

Parinda Khatri

Dr. Khatri will describe the guiding principles of providing high-quality addiction care and an anchoring framework to strengthen the design and implementation of your MAT programs. Key elements of the clinical and operational model of care will be described, informing your team's design and implementation efforts.

1:45 pm –
2:45 pm

ATSH Storyboards: Getting to Know One another

Each ATSH:BH team will present a storyboard, sharing your current state of MAT services. We will use the storyboards as a launching point for discussion and questions.

2:45 pm –
3:00 pm

Break

3:00 pm –
3:45 pm

ATSH Storyboards: Curbside Consult

Parinda Khatri, Brittany McCafferty, Brian Hurley

ATSH:BH teams will be pre-assigned into paired discussions, facilitated by an ATSH faculty member. The paired discussions will serve as a forum to more deeply explore how to leverage existing resources and infrastructure, and problem solve common challenges.

3:45 pm –
4:45 pm

Engaging Your Team and Your Clinic In MAT

Mark McGrail, Brittany McCafferty

Cherokee Health System will describe their journey to develop a mature MAT program, including how they expanded care for patients with addiction. The session will address strategies to build an organization-wide culture embracing addiction as a treatable disease, the relationship of stigma and bias to addiction, and they'll address the challenges to implementing effective MAT programs.

4:45 pm –
5:00 pm

Wrap-Up + Evaluation

Sandy Newman

5:00 pm –
6:00 pm **Networking Hour**

Day 2: Thursday, July 11: 8:00 am – 4:00 pm

8:00 am –
8:30 am **Breakfast + Registration**

Day 2 Kickstart!

8:30 am –
8:45 am *Sandy Newman*

We'll open the day by reflecting on the major takeaways so far and remaining questions.

A Day in the Life of Addiction Medicine Clinic

Mark McGrail, Brittany McCafferty

8:45 am –
9:15 pm Cherokee Health System will describe the clinical and operational components of their addiction medicine clinic. This session will dig more deeply into the “people and processes” that are key to designing an addiction health care home and how Cherokee’s experiences can be adapted for ATSH teams.

The Neuroscience of Addiction

Mark McGrail

9:15 am –
9:45 am Dr. McGrail will describe the central role that the brain’s reward center plays in addiction, how MAT is key to effective behavioral therapies, and how this translates to treating addiction as a chronic disease.

Ask the Expert!

9:45 am –
10:30 am *Mark McGrail, Brian Hurley*

This open session is where all attendees can ask Dr. McGrail and Dr. Hurley their burning clinical and operational questions about MAT. The floor is yours!

10:30 am –
10:45 am **Break**

Breakout: Improving Prescribing of Medications for OUD

10:45 am –
12:00 pm *Breakout A:* Designed for those new to prescribing, this session will explore how to select the appropriate medication for OUD and how to manage starting and maintaining medications. (*Brian Hurley*)

Breakout B: For seasoned prescribers, this session will build on your experience to help you manage complex patient cases. (*Mark McGrail, Brittany McCafferty*)

12:00 pm –
1:00 pm **Lunch**

Learning Lab: Designing Your MAT Program

Tammy Fisher

**1:00 pm –
2:30 pm** This working session will provide a framework for your team to build the foundation for your work in ATSH -- whether that's designing a new MAT program, formalizing an existing program, or expanding your program to serve more patients. We will leverage the work you've done so far, including the capability assessment and storyboard, to refine your aim statement, establish measurable goals, and develop a roadmap for transformation.

**2:30 pm –
3:00 pm** **Networking Break**

Learning Lab: Action Planning

Sandy Newman

**3:00 pm –
3:45 pm** A continuation of the Learning Lab, this working session will help you translate your aim statement and goals into a 60-day action plan.

**3:45 pm –
4:00 pm** **Wrap-Up + Evaluation**
Sandy Newman
